

**RABBI'S MESSAGE:
THE PAST LINGERS,
FADES AND BECOMES THE FUTURE**

Last December's ice storm is in the history books. Long gone is the background roar of the generators, the twice-daily trips to the gas station to refuel them, the sound of the snow blowers and the mess from the snow plows.

But a look at the yards, the neighborhoods and the hillsides still show scars of that storm. There are broken off trees; there are uprooted trees; there are still downed limbs everywhere. The task of clean up seems daunting but for those of us doing it ourselves, it does afford a reflection on the prayer of Reb Nahman of Bratslav:

O God, Grant me the ability to be alone! May it be my custom to go outdoors each day among the trees and grass - among all growing things, and there may I be alone, and enter into prayer ...

Barely six-months later, some of the raw surfaces on the broken trees are healing and blending in, downed branches are merging in with the ground cover providing the ground fresh nutrients and as I chip the broken limbs into compost heaps, what appeared to be catastrophic destruction, now is integrating itself into the surroundings.

The larger limbs I am chain-sawing into logs and kindling and stacked to dry for the winter of 2012, when the efforts of 2009 are a glimmer of a memory but a continuing reality.

Somehow it seems like a metaphor of life: The efforts of today provide subtle transitions and benefits to facilitate the future.


Have a great summer.

Be-ve-ra-cha,

Joshua L. Segal

JUNE BIRTHDAYS

| | | |
|---------------|-----------------|----------------|
| Gavin Belesca | Michaela Marget | David Schwartz |
| Jory Goodman | Alex Prolman | |





BETENU PAGES

SPECIAL NOTE: Some members of Betenu are physically sensitive to certain aromas coming from perfumes, colognes, hairsprays the like. These aromas can cause migraines and a host of other problems. Please be aware of that when you come to Betenu.

Please **DO NOT** bring scented items for the SHARE donation bin.

Betenu has natural cleaning products available for use. Please **DO NOT** bring your own cleaning products for oneg or other cleanup.

Thank you!



AND FOR ONLINE SHOPPING... TEXTBOOKS AND A MILLION OTHER THINGS...

Don't forget to shop through Betenu's link to Amazon.com. Betenu will receive a percentage of the purchase price.

You can shop for books and a million other things through this link. Just go to our website: www.betenu.org, put your cursor over "Search new and used, Amazon.com", and when the cursor changes, click. Or you can enter your search right there and click "Go".

It's that simple! And don't forget to purchase your textbooks here!

We receive about \$20 a month from this program - Thank you & keep shopping!!!!

BETENU NOW ACCEPTS MC & VISA!

You can use MasterCard or VISA to pay membership fees, school tuition, gift store purchases, or even to make a donation! Call the office (or stop in) to arrange the charge and let us know the amount and what it's for.



CONGREGATION BETENU

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BAR MITZVAH

Please share in our happiness when our son Erik Rimalover is called to the Torah as a Bar Mitzvah on Saturday, June 20, 2009 at 10:30 AM

Bob and Kim Rimalover

BETENU THANKS

- ✧ April oneg hosts. The Spokane, Claire, Goff, Starr/Lesser & Liff families.
- ✧ Lay Leader(s): Craig Parsons-Kerins.
- ✧ Southern NH Jewish Mens Club for donating a Tanach to each Bar/Bat Mitzvah.
- ✧ Burt Janz of the SNHJMC for creating the Tanach bookplates.
- ✧ All the prior confirmands who came to the Confirmation Service.
- ✧ All who shared in Tikkun Shavuot classes.
- ✧ Our Tikkun Shavuot Class Leaders: Rabbi Segal, Rahel Limor, Paul Franks & Craig Parsons-Kerins.
- ✧ Ben Rosen for a "taste" of Didgeridoo at Tikkun Shavuot.
- ✧ Rahel for all her help with last month's and this month's newsletter.
- ✧ All who attended or sent proxies for our Annual Meeting.
- ✧ Lisa Claire for making and donating the cloth toppers for the table and tree podium on the Bimah.
- ✧ B. Mitzvah families for neatening the temple.

RELIGIOUS SCHOOL THANKS

Congregation Betenu would like to thank all the students who attended religious school this year as well as our caring and dedicated staff including:

- ✧ Rahel Limor (Principal);
 - ✧ Sonia Campeanu (Hebrew);
 - ✧ Don Wunderlich (Jewish Studies);
 - ✧ Judith Silverman (Grades 1&2);
 - ✧ Nina Matouka for her exemplary volunteer work;
 - ✧ Fern Seiden our honored parent volunteer;
- Our madrichim:
- ✧ Carolyn Chakuroff;
 - ✧ Allison Chakuroff;
 - ✧ Stacey Liberman;
 - ✧ Dan Thompson;
 - ✧ Rachel Liff.

We also thank:

- ✧ Former Principal Pam Blotcky for her help getting the year started;
 - ✧ Former VP of Education Sarah Korins;
 - ✧ Current VP of Education Sheryl Liberman and
 - ✧ Dave Spokane
- for their help throughout the year.
- ✧ Rabbi Joshua Segal for the Bnei & Post Mitzvah classes.
- It's been a great year!

Sadly we say goodbye to Carolyn Chakuroff and Stacey Liberman, two fabulous madrichot. We wish them much success in college. And to Judith Silverman and her son Trevor we wish you much success and happiness as you continue on your path. To Coby Burger, we wish you much success in your new home and school. If we missed anyone, we wish you much success.

We look forward to next year and welcome incoming students Sarah Becker, Olivia Spokane, Corey Leblanc, Corey & Justin Rubin and Ben Flanders. Our doors are always open for newcomers. Registration is ongoing for those not already registered.





MESSAGE FROM THE PRESIDENT: Upside Downturn?

As you know, the Executive Board needed to make an emergency appeal to the congregation to help us meet our financial commitments for this fiscal year. It was certainly difficult to ask for donations when many are either looking for work or worried about their jobs. From our own little economic downturn however, we have seen some pleasant upside.

First, and foremost, the congregation came through with almost \$15,000 in donations to date, with perhaps a little more still to come. Thank you to everyone who helped us to re-establish our financial footing.

Beyond the financial issues, though, we've had great turnout to our events this year. Tu B'Shevat seder, Shabbat Across America, Passover 2nd seder, and Birkat HaChama all brought people together in large numbers. We also had a tremendous group for our annual Confirmation/Shavuot service, with a record number of past confirmands on hand to welcome Rachel Liff and Allison Chakuroff as this year's confirmation class. After the service, 15 people stayed for a Tikkun Shavuot Torah study, many staying until after midnight!

We have strengthened our balance sheet and maintained our strong sense of community. As this fiscal year winds down, I am feeling good that things are looking up at Betenu!

L'Shalom
Dave

INVITATION FOR BETENU MEMBERS



Betenu members are invited to come sailing with Mark and Deborah Starin this summer on Lake Massabesic in Manchester. Lake Massabesic is a beautiful 2000+ acre lake just off I-93 with plenty of wildlife to observe. Their boat is a 1974 Venture Newport which is 23 feet in length and can accommodate up to 4 adults. Children can also come along but if 12 or under they must wear a life jacket at all times when on the boat (per New Hampshire State Law). For more information, call Mark at 486-8083 or e-mail him at k1rmc@aol.com.

EDUCATION

ACCEPTING STUDENTS

REGULAR RELIGIOUS SCHOOL / POST HEBREW SCHOOL

Registration is open for 2009-10 for our weekly Sunday classes in Jewish studies, Hebrew, Music and Bnei Mitzvah preparation for Grades 1-7 and our Rabbi-taught post Bnei Mitzvah classes for Grades 8 & 9. For questions or to get a registration form please call the temple office at 886-1633 or contact Rahel at rahel@rahelmusic.com.





ADULT EDUCATION

HEBREW LANGUAGE INSTRUCTION, TORAH STUDY AND MORE

Bar / Bat Mitzvah... not the end of the road! There's Torah study with the Rabbi, Hebrew language instruction with Rahel, Kabbalah Havruta with Eitan Zeira, and plenty of other learning opportunities throughout the year. Maybe you have an idea, or would even like to teach a class. If so, contact the office 886-1633 or Betenu@nii.net.

Quench your thirst — jump into the well of Judaic studies.

(Rahel's classes are offered at a discount to Betenu members.)



ROSH CHODESH FOR WOMEN

Join the Rosh Chodesh group for a short service, group discussion and nosh. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

KABBALAH GROUP

Saturdays at 12:30pm
June 27 at Betenu

Congregation Betenu and Temple Beth Abraham have a Kabbalah group. The suggested book is Inner Space by Kaplan. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.



Croatia to Boston, Daniel Tuksar Brings Israel Home

June 6th at the Betenu Big Event (see page 5)



In 1991, as war clouds gathered over Yugoslavia, the Jewish Federation of South New Jersey conducted a bold rescue operation and airlifted dozens of Jewish Croatian teenagers to foster homes in the U.S.

Twelve-year-old Daniel Tuksar was one of them.

Hear his story at the coffeehouse on June 6th.



COMING UP AT BETENU...

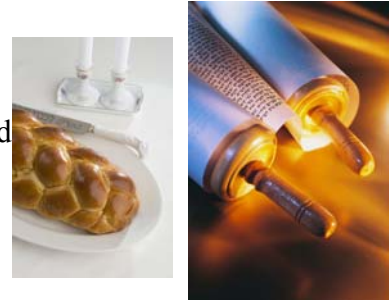


FIRST FRIDAY

June 5th 7:30pm

We have come around again to enjoy our Rabbi-led First Friday:

- ✧ family-friendly service followed by a
- ✧ sponsored oneg followed by
- ✧ Torah study with Rabbi.



Note: Rabbi-led services for the first three weeks in June.

TOT SHABBAT WITH RAHEL

Saturday, June 6 at 10:30am

For ages 2-5 yrs. with parents. Please bring a nosh and drink!



**BETENU BIG EVENT! - FREE!
DROP IN FOR ALL OR PART...**

Saturday, June 6 starting at 6pm, refreshments provided

- ✧ Animated Family Havdallah Service led by Steve Soreff & Rahel... followed by
- ✧ Am Yisrael Chai film with the students of Betenu and Etz Hayim... followed by
- ✧ Special Guest Daniel Tuksar, New England’s Shaliach “Journey from Croatia to New Jersey to Jerusalem” (see next page)... followed by
- ✧ Entertainment with special guest Matt Savage and more... then
- ✧ Grand Finale: Betenu slideshow!

See next page for more info.

GENERAL BOARD MEETING

Monday, June 15 at 7:30pm

Did you know that everyone is invited to attend each General Board Meeting (every other month)? Have ideas? Discuss them with a board member (see email and phone numbers on page 2). You can ask that they be put on the agenda.



BAR MITZVAH

Celebrate with and support our June Bar Mitzvah:

June 20, 10:30am: Erik Rimalover



DOORS OPEN AT 6:00pm

Special Guests:

Storytime Havdalah with Steve Soreff

MATT SAVAGE - Jazz Pianist

Daniel Tuksar "Croatia to Israel"

Sarah Noyovitz - Singer/Songwriter

Ben Rosen - Didgeridoo

Art Film: "Am Yisrael Chai"



CAFE

BETENU



Saturday, June 6th at 6:00pm

FREE - For the whole family!

Refreshments served



Bring your campers and your groups and please join us this year for Jewish Pride Night at MerchantsAuto.com Stadium for an evening of Fisher Cats Baseball, kosher food, music, fun + games for everyone! Tickets available at \$8 (box) and \$10 (field box) and in addition, discounted meal tickets will once again be available! (Includes kosher hot dogs, French fries and a soda!)

The Fisher Cats will be taking on the Connecticut Defenders. Be sure to get here early for another bobblehead giveaway, the first 2,000 fans to the park will receive a free Travis Snider bobblehead courtesy of Irving Oil!

There will be more information to follow soon! So.....

SAVE THE DATE!
Thursday, July 16th, 2009 — 7:05pm
At MerchantsAuto.com Stadium
Manchester, NH

Betenu will be going as a group and hopefully getting group rates. Please RSVP to the office 886-1633.



June 2009

S M T W T F S

| | | | | | | |
|----|---|----|----|----|--|--|
| | 1 | 2 | 3 | 4 | 5 7:30 pm Rabbi-led 1st Friday Service | 6 10:30pm—Tot Shabbat #7 6:00 pm Havdallah & Coffeeshouse |
| 7 | 8 | 9 | 10 | 11 | 12 7:30 pm Rabbi-led Service | 13 |
| 14 | 15 7:30 pm Gen. Board Meeting—all are invited | 16 | 17 | 18 | 19 7:30 pm Rabbi-led Service | 20 10:30 am Erik Rimalover Bar Mitzvah |
| 21 | 22 R Ch Tammuz | 23 | 24 | 25 | 26 7:30 pm Lay-led Service | 27 |
| 28 | 29 | 30 | | | | |



July 2009

| S | M | T | W | T | F | S |
|----|--|----|---------------|------------------|-------------------------------------|----|
| | | | 1 | 2 | 3 7:30 pm Lay-led Service | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 7:30 pm Lay-led Service | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 7:30 pm Lay-led Service | 18 |
| 19 | 20 7:30 pm Executive Board Meeting | 21 | 22 R Ch Av | 23 | 24 7:30 pm Lay-led Service | 25 |
| 26 | 27 | 28 | 29 | 30 Tisha B'Av | 31 7:30 pm Lay-led Service | |

BETENU PAGES



**Yahrzeits for
JUNE**



| | | |
|-----------------------------|--------------------------------------|---------|
| Albert Fine..... | father of Marcia L. Fine-Maron | June |
| Rose Lillian Lerner..... | mother of Arnold Lerner | June |
| Harry Fox..... | uncle of Sheryl Liberman..... | June |
| Maria Montes..... | mother of Carola Goodman..... | June 1 |
| Shirley O'Malley | aunt of Pam Blotcky..... | June 4 |
| Louis Paonessa | grandfather of Elissa Kahn..... | June 6 |
| Harry Groden..... | grandfather of Karen Satz | June 11 |
| Hyman Rosenthal | grandfather of Elyse Wasserman | June 11 |
| David Friedland | uncle of Steve Blotcky | June 11 |
| Nathan Garfinkle | grandfather of Rick Silverman | June 12 |
| Lucille Cooper | mother of Roberta Pavoll | June 14 |
| Harold Rosenblume | grandfather of Paula Silver | June 15 |
| Sam Melnick..... | step-father of Sonia Ascher..... | June 15 |
| Martha Gross Williger | | June 15 |
| Edward Strauss | father of Cynthia Strauss..... | June 21 |
| Max Hoffman | father of Ellen Hoffman | June 22 |
| Don Jopling..... | father of Ariella Marget | June 24 |

ONEG SHABBATS

To host an Oneg, one brings the desserts, fruit, and challah, and sets up and cleans up.

To sponsor an Oneg, one pays \$54 and the Oneg committee will purchase the food, set up and clean up. Either way you do it, you can honor a birthday, an anniversary, or any other special event in your life, by choosing the Oneg closest to that special date. Or you can remember the Yahrzeit of a loved one by hosting or sponsoring the Oneg on the Shabbat when you come to say Kaddish. If you have a date in mind, please call Roberta Pavoll at 672-9820.

The following Onegs will be hosted by:

- June 5: Elsa Conrad
- June 12: Open
- June 19: Open
- June 26: Open



Won't you please choose an Oneg date and help foster the sense of community at Betenu? Thank you.

MAZEL TOV!



MAZEL TOV TO OUR GRADUATES



- ✧ **Carolyn Chakuroff** is graduating as Valdictorian on June 13 from Merrimack High School. She will be attending St. Lawrence University in Canton, New York in the fall with her interests at this time in Molecular Biology and /or Neuro Sciences. Her Family is very proud of her accomplishments.
- ✧ The Libermans are happy and proud to announce that **Craig Liberman** has graduated from Rider University, Lawrenceville, NJ with a Bachelor of Science in Business Administration and actively pursues a position.
- ✧ The Libermans are also happy and proud to announce that **Stacey Liberman** has been named as one of Merrimack's Top Ten Scholars for the graduating class of 2009. She will graduate on June 13th and continue her education at Wheaton College in Norton, MA in September 2009.
- ✧ **Alex Pavoll** on his graduation from Tufts University.
- ✧ **Trevor Sands** on his graduation from high school and entrance into Brandeis



MAZEL TOV

Matthew Spokane

On receiving the Ner Tamid Award
From the Boy Scouts



A Scout knows that learning by doing is a basic principle of Scouting. Just as he keeps himself physically strong by camping, hiking, and other outdoor healthful activities, he also builds himself spiritually and morally by practicing his religion. The Ner Tamid (Eternal Light) program will help the Scout grow spiritually. It will aid him to practice duty to God, to be reverent, and to be faithful in his religious duties.

- National Jewish Committee on Scouting

This is an extensive program that includes:

- ✧ HOME OBSERVANCE—Living the Jewish Life at Home (includes understanding of the Sabbath, High Holydays and festivals);
- ✧ SYNAGOGUE WORSHIP—Living the Jewish Life in the Synagogue (includes attending services regularly, explaining the use of ceremonial objects);
- ✧ JEWISH STUDY—The Bible and Sacred Literature
- ✧ THE AMERICAN JEWISH COMMUNITY—Living in the Land of Freedom (this includes completion of three service projects);
- ✧ WORLD JEWRY—"We Are All Brothers" (this includes detailed knowledge of the map of Israel, describing certain people's and organization's involvement in the rebuilding of Israel, and knowledge of worldwide Jewry).





ELSA CONRAD, SHEM TOV RECIPIENT

Sunday, June 7th, 10am

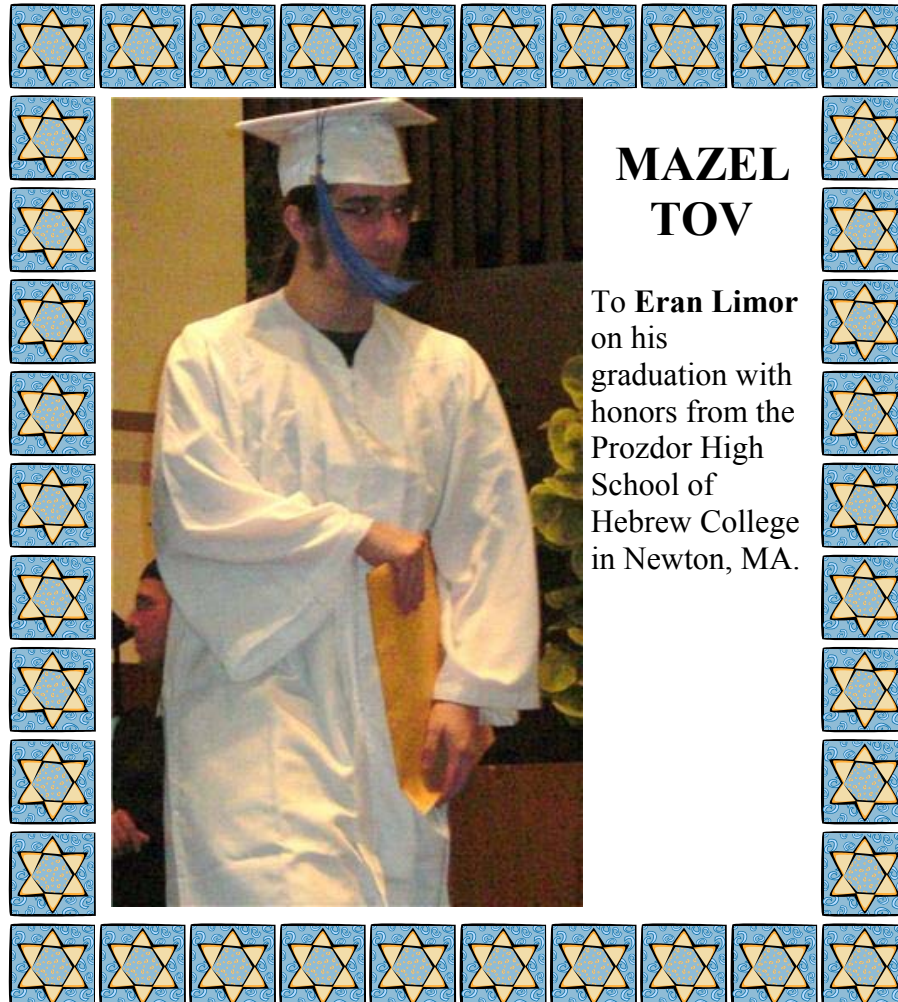
Mazel Tov **Elsa Conrad**, who will be honored with the Shem Tov Award at the Federation Annual Meeting and event.

For more info on the annual meeting activities: <http://www.jewishnh.org/> or 627-7679.



MAZEL TOV

- ✧ **Joel & Elaine Silberberg** on their 25th wedding anniversary. (Belated)
- ✧ **Dave & Julie Spokane** on their 15th wedding anniversary.
- ✧ **Elsa Conrad's parents** on their 50th wedding anniversary.



MAZEL TOV

To **Eran Limor** on his graduation with honors from the Prozdor High School of Hebrew College in Newton, MA.



MAZEL TOV

To our Confirmands:
Allison Chakuroff
Rachel Liff



MAZEL TOV

To our Bnei Mitzvah:
Matthew Spokane
Alex Claire
Matthew Claire
Jessica Goff

BETENU PAGES

AM YISRAEL CHAI



Am Yisrael Chai, the DVD, is now packaged as a set together with *Hine Ma Tov*, a CD of 9 original Jewish songs by Rahel and friends.

Hear clips and see what people are saying at:
<http://cdbaby.com/cd/rahelmusic2>





COMMUNITY HAPPENINGS



Voice of ISrael Initiative of New Hampshire

Check the website for the next **VISION MEETING** and other important information. Meetings will be held on Wednesdays and Thursdays this year! All friends of Israel are welcome.

Check out www.nh4israel.org for more upcoming events, articles and more...

INFO FROM SNHJMC Southern NH Jewish Mens Club

Membership form: <http://snhjmc.home.comcast.net/~snhjmc/resources/SNHJMCFORM.pdf>



Plant Your Way to Israel

How the Program Works

Youth through age 18 can raise money for a trip to Israel by asking family and friends to plant trees with JNF. Half of the proceeds of each donation (\$36 minimum) will go towards planting a tree in Israel and the other half goes into a student account which can be redeemed for any trip to Israel. Special tree certificates (one per each \$36 donation) is sent to a designee on behalf of the donor. Funds may be redeemed when a total of 10 sales have been made, and \$180 is accrued towards the student trip.

For more info see the brochures at Betenu or visit www.jnf.org/pyw.



BUILD YOUR WAY TO ISRAEL

Is a similar program for college students age 18-25. Please visit www.jnf.org/byw for more info.