

RABBI'S MESSAGE: FRIDAY NIGHTS AT BETENU

One thing that our Betenu family has always supported is a great turnout on Friday. To be sure, there are those occasional Fridays, some lay led – some on those frigid nights of the winter, when 5 to 10 of us enjoy the service in an informal circle, but the Friday night ru-ach (spirit/verve/élan) has been a constant at Betenu since our founding.

With the final dispersal of the Sandhaus bequest to Betenu, and the Fund called “The Sandhaus Music Fellowship” it got me thinking about the early days of Betenu when Harold and Martha Sandhaus discovered Betenu and joined Betenu. When Martha and Harold, a retired cantorial soloist, came to services, Harold spoke a little Hebrew and would always say, as he enjoyed the people of Betenu and the youth, “Am yis-ra-eil chai (the Jewish people lives).”

In 1988, I went to Israel for the CCAR Convention and Harold asked me to pick up a shofar that he and Martha could donate – that, as he said, would continue to make music long after he and Martha left this world. So whether it is the sound of the shofar or the music sponsored programs at Betenu, the memory of the Sandhaus's will continue to be a living blessing.

This year was about as trying a year as we could have with the recession/depression. Those who weren't adversely impacted by it, stepped up and kept Betenu afloat when the treasury got sparse. Harold and Martha were not what I would categorize as rich, but the bequest that they made to Betenu should be a reminder that when you make up your will – if you believe that Betenu is doing good in the world and that we are preserving Judaism for still another generation, please include Betenu in your will.

I am officially on vacation in July and August, except for the 3-Fridays that I lead services; but I'm around and only a phone call or an email away in case of emergencies.

Have a great summer.

Be-ve-ra-cha,

Joshua L. Segal



BETENU PAGES

SPECIAL NOTE: Some members of Betenu are physically sensitive to certain aromas coming from perfumes, colognes, hairsprays the like. These aromas can cause migraines and a host of other problems. Please be aware of that when you come to Betenu.

Please **DO NOT** bring scented items for the SHARE donation bin.

Betenu has natural cleaning products available for use. Please **DO NOT** bring your own cleaning products for oneg or other cleanup.

Thank you!



AND FOR ONLINE SHOPPING... TEXTBOOKS AND A MILLION OTHER THINGS...

Don't forget to shop through Betenu's link to Amazon.com. Betenu will receive a percentage of the purchase price.

You can shop for books and a million other things through this link. Just go to our website: www.betenu.org, put your cursor over "Search new and used, Amazon.com", and when the cursor changes, click. Or you can enter your search right there and click "Go".

It's that simple! And don't forget to purchase your textbooks here!

We receive about \$20 a month from this program - Thank you & keep shopping!!!!

BETENU NOW ACCEPTS MC & VISA!

You can use MasterCard or VISA to pay membership fees, school tuition, gift store purchases, or even to make a donation! Call the office (or stop in) to arrange the charge and let us know the amount and what it's for.



CONGREGATION BETENU

Rabbi: Joshua Segal 603-886-1633

or rabbi@betenu.org

President: Dave Spokane 603-672-0554

or president@betenu.org

VP Finance: Peter Stein 603-465-6036

VP Admin: Roberta Pavoll 603-672-9820

VP Educ: Sheryl Liberman 603-424-4609

Secretary: Elissa Kahn 603-673-8283

Treasurer: Joel Silberberg 603-472-8143

Trustee: Vivian McGuire 603-882-3139

Trustee: David Stern 603-880-0442

Trustee: Michael Goldstein 603-424-9953

Trustee@Large: Sara Murphy 603-465-7119

Past Pres: Elsa Conrad 603-879-9189

Newsletter Editor: Elissa Kahn



MESSAGE FROM THE PRESIDENT: BACK IN THE SWING

Well, I wish the title of this message related to my golf game, but sadly this “summer” hasn’t provided much opportunity to hit the links. The first month of summer vacation has flown by, but not without some good work done by the Betenu Executive Board and the various committees.

The planning committee met in July to lay out a full calendar of events for the upcoming year, including a nice mix of holiday celebrations and social events. Hopefully there will be something for everyone.

The education committee has also been very active over the summer, focusing on staff development, student/parent handbook updates, and brainstorming ideas to continually improve on our already top flight religious school programs.

To kick off our new fiscal year (and good riddance to the last fiscal year!), we are holding a special “Meet the Rabbi/Board Installation” Friday night service on August 21st. We are very fortunate to have stability this year, with the only change to the board being Vivian McGuire’s transition from Assistant Treasurer to Executive Trustee. In addition to yours truly, the newly elected Board members for 2009-2010 are:

Peter Stein, Financial VP
Elissa Kahn, Secretary
David Stern, Executive Trustee
Vivian McGuire, Executive Trustee

Please join us to welcome this terrific group of committed volunteers to the Betenu Executive Board.

L’Shalom
Dave

INVITATION FOR BETENU MEMBERS



Betenu members are invited to come sailing with Mark and Deborah Starin this summer on Lake Massabesic in Manchester. Lake Massabesic is a beautiful 2000+ acre lake just off I-93 with plenty of wildlife to observe. Their boat is a 1974 Venture Newport which is 23 feet in length and can accommodate up to 4 adults. Children can also come along but if 12 or under they must wear a life jacket at all times when on the boat (per New Hampshire State Law). For more information, call Mark at 486-8083 or e-mail him at k1rmc@aol.com.

EDUCATION

ACCEPTING STUDENTS

REGULAR RELIGIOUS SCHOOL / POST HEBREW SCHOOL

Registration is open for 2009-10 for our weekly Sunday classes in Jewish studies, Hebrew, Music and Bnei Mitzvah preparation for Grades 1-7 and our Rabbi-taught post Bnei Mitzvah classes for Grades 8 & 9. For questions or to get a registration form please call the temple office at 886-1633 or contact Rahel at rahel@rahelmusic.com.





ADULT EDUCATION

HEBREW LANGUAGE INSTRUCTION, TORAH STUDY AND MORE

Bar / Bat Mitzvah... not the end of the road! There's Torah study with the Rabbi, Hebrew language instruction with Rahel, Kabbalah Havruta with Eitan Zeira, and plenty of other learning opportunities throughout the year. Maybe you have an idea, or would even like to teach a class. If so, contact the office 886-1633 or Betenu@nii.net.

Quench your thirst — jump into the well of Judaic studies.

(Rahel's classes are offered at a discount to Betenu members.)



ROSH CHODESH FOR WOMEN

Join the Rosh Chodesh group for a short service, group discussion and nosh. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.



KABBALAH GROUP

Saturdays at 12:30pm—once a month
August at Betenu

Congregation Betenu and Temple Beth Abraham have a Kabbalah group. The suggested book is Inner Space by Kaplan. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.



Video of Sh'ma Meditation by Rabbi Aryeh Kaplan:

www.youtube.com/watch?v=x9bwEFS7Btk&feature=related

COMING UP AT BETENU...

BETENU ORGANIZING / CLEANING DAY

Sunday, August 9, 12 noon

We could use your help! We need to organize our oneg and other supplies, clean out the closets and the refrigerator, and sort through our chairs (combining the good pads with the good bases). Please lend a hand.



COMING UP AT BETENU...

CATHEDRAL OF THE PINES 63rd ANNUAL JEWISH SERVICE

August 2nd, 3pm

This service includes recognition to Jewish war veterans. For more info:
www.cathedralofthepines.org.

GENERAL BOARD MEETING

Monday, August 17 at 7:30pm

Did you know that everyone is invited to attend each General Board Meeting (every other month)? Have ideas? Discuss them with a board member (see email and phone numbers on page 2). You can ask that they be put on the agenda.

MEET THE RABBI & BOARD / BOARD INSTALLATION SERVICE

Friday August 21 at 7:30 PM

Our fiscal year begins in August, so this is when new board members, elected in the May annual meeting, are officially on the board. What a great time to come to a Shabbat Service and meet the Rabbi and board members.

RELIGIOUS SCHOOL 1ST DAY & PARENT ORIENTATION

Saturday, August 30, 9:30am

Parents and students please attend this first day. Doors open at 9:15am.



RABBI-LED FIRST FRIDAY / FAMILY-FRIENDLY SERVICE

Friday, September 4, 7:30;m

- ✧ family-friendly service followed by a
- ✧ oneg followed by
- ✧ Torah study with Rabbi.



RABBI-LED NEW MEMBER SERVICE

Friday September 11 at 7:30 PM

At this Shabbat Service we will give a special welcome to all Betenu members who have joined in the past year.



COMING UP AT BETENU...

HEBREW REFRESHER MINI-SERIES

5:30-7 pm

Wednesday, August 19

Monday, August 24

Wednesday, August 26

Betenu members are invited to join the religious school staff for a Hebrew Refresher mini-course. The course will include a review of the alef-bet, writing (in block print), Hebrew roots, and reading fluency (phonetics, simple words, phrases, prayers and blessings). This Hebrew intensive mini-series will interest anyone who wants to brush up on their Hebrew skills and will also be useful to those interested in continuing with adult Hebrew classes in the fall. The three class mini-series will meet from 5:30-7:00pm on August 19, 24 & 26. Please bring a nosh! Note: An initial meeting for selected religious school staff & aides will take place on Monday, August 17th. For details & RSVP please contact Rahel at: (603) 672-3682, rahel@rahelmusic.com.



BETENU PAGES

DONATIONS

Congregation Betenu acknowledges with appreciation the following contributions made during the months of June and July



Torah Fund

Joel and Elaine Silberberg for
Paul Frank's recovery
Joel and Elaine Silberberg
In appreciation of all the good people
In our Congregation.



August 2009 (5769)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Shabbat Nachamu
2 3 pm Cathedral of the Pines 63rd Annual Jewish Service	3	4 Erev Tu B'Av	5 Tu B'Av	6	7 7:30 pm Rabbi-led Service	8
9 12 noon—Betenu Cleaning Day	10	11	12	13	14 7:30 pm Lay-led Service	15
16	17 7:30 pm General Board Meeting- All are invited	18	19 5:30-7 pm Hebrew Refresher Course #1	20 Rosh Chodesh: Elul	21 7:30 pm Meet the Rabbi / Board Installation Service	22
23	24 5:30-7 pm Hebrew Refresher Course #2	25	26 5:30-7 pm Hebrew Refresher Course #3	27	28 7:30 pm Lay-led Service	29
30 Religious School #1 / Parent Orientation	31					



September 2009 (5769-70)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 7:30 pm Rabbi-led FAMILY Service	5
6 NO Religious School	7 Labor Day	8	9	10	11 7:30 pm Rabbi-led New Member Service	12 8 pm Selichot at Etz Hayim, Derry
13 9:30 am Religious School #2	14	15	16	17	18 7:30 pm Rosh HaShannah Service Erev Rosh HaShannah	19 10:30 am Rosh HaShannah Service Rosh HaShannah
20 NO Religious School Rosh HaShannah	21 7:30 pm Executive Board Meeting Fast of Gedalia	22	23	24	25 7:30 pm Rabbi-led Service— Shabbat Shuvah	26 Shabbat Shuvah
27 NO School 7:30 pm Yom Kippur Kol Nidre	28 10:30 am YK 3:45 pm YK / Yizkor Ne-i-lah 7pm Break-fast	29	30			

BETENU PAGES



**Yahrzeits for
July / August**



Richard Ehrlich	son of Marilyn and Abe Erlich	July	
Philip Wasserman	grandfather of Lenny Wasserman.....	July	3
Fred Cohen.....	father of Diana Stern.....	July	4
Arnold Satz	father of Karen Satz.....	July	5
Sumner Fierman.....	father of Barbara Bailey & Elaine Schwartz	July	8
Harriet Murphy	mother of Dan Murphy	July	8
William Goodman....	father of Hannah Belesca.....	July	14
Esther Leichter	grandmother of Allan Kabel	July	14
Michael Schwartz....	brother of Bob Schwartz.....	July	14
William Thompson ..	grandfather of Hannah & Daniel Thompson	July	16
Sidney Kabel	uncle of Allan Kabel.....	July	17
Earl Murphy	father of Dan Murphy	July	19
Evelyn Noyovitz	mother of Paul Noyovitz.....	July	19
Edith Silverman.....	grandmother of Rick Silverman	July	24
Diantha Perry Gross	July	25
Phyllis Stein	mother of Peter & Michael Stein.....	July	28
Elizabeth Paonessa...	grandmother of Elissa Kahn	July	29
William Feathers	father of Yvonne Vogel	August	2
Miriam Macks	grandmother of Elsa Conrad.....	August	3
Saul Berl.....	father of Jetta Darrow	August	5
Julian Vogel	father of Ben Vogel	August	23
Sandra Throw	sister of Lin Robinson.....	August	25

ONEG SHABBATS

To host an Oneg, one brings the desserts, fruit, and challah, and sets up and cleans up.

To sponsor an Oneg, one pays \$54 and the Oneg committee will purchase the food, set up and clean up. Either way you do it, you can honor a birthday, an anniversary, or any other special event in your life, by choosing the Oneg closest to that special date. Or you can remember the Yahrzeit of a loved one by hosting or sponsoring the Oneg on the Shabbat when you come to say Kaddish. If you have a date in mind, please call Roberta Pavoll at 672-9820.

The following Onegs will be hosted by:

- Aug 7: Open
- Aug 14: Open
- Aug 21: Open
- Aug 28: Open



Won't you please choose an Oneg date and help foster the sense of community at Betenu? Thank you.



BETENU THANKS




- ✧ June oneg hosts. Elsa Conrad, Roberta Pavoll, the Rimalover & Goldstein families and all who contributed to the onegs.
- ✧ Lay Leader(s): Craig Parsons-Kerins, Elsa Conrad & Sheryl Liberman.
- ✧ Southern NH Jewish Mens Club for donating a Tanach to each Bar/Bat Mitzvah.
- ✧ Burt Janz of the SNHJMC for creating the Tanach bookplates.
- ✧ Our June 6th event leaders:
 - ✧ Steve Soreff, Peggy Tucker and Rahel for Storytime Havdalah.
 - ✧ Matt Savage for his Jazz and impromptu piano playing.
 - ✧ Sarah Noyovitz for her singing and guitar playing (and coming to the event even after having her wisdom teeth out!).
 - ✧ Benjamin Rosen for playing (and explaining) didgeridoo.
 - ✧ Rahel for showing “Am Yisrael Chai” film.
 - ✧ Dave Spokane for the Betenu slide show.
 - ✧ Rahel for chairing (committee of one) the event.
 - ✧ All who came and enjoyed the evening.
- ✧ Sonia for her Torah Café talk on July 31st.
- ✧ Rahel for her music.

- ✧ Rahel for sending out the weekly emails and for her help with the monthly newsletters.
- ✧ All who shared in Rabbi’s Torah study.
- ✧ All who supported the Bnei Mitzvah in May and June by attending.
- ✧ Sheryl Liberman for organizing Rosh Chodesh.
- ✧ Sheryl Liberman for coordinating Kabbalah classes.
- ✧ Eitan Zeira for teaching Kabbalah classes.
- ✧ The Jewish National Fund for their donation of books.
- ✧ Gordon Clarke for washing the sanctuary side of the oneg room windows and for changing a lightbulb in the sanctuary.
- ✧ Elissa Kahn for washing both sides of the plexiglas around the sanctuary, the oneg room windows to the sanctuary and the outside of the entryway and back windows.

**LIBRARY DONATIONS
& THANKS**

Thanks to **Linda Gerson** for:
 Book: Favorite Tales of Shalom Aleichem
 VCR tape – West of Hester Street
 VCR tape – A Yiddish World
 Remembered

JULY & AUGUST BIRTHDAYS



Elyssa Bailey	Leah Schwartz
Kadyn Belesca	Nora Wagman
Hannah Lewis	Scott Schaeffer
Mark Liff	Harrison Rice
Sasha Neefe	Amanda Kahn
Alex Pavoll	Ethan Maron
Ben Blotcky	Olivia Spokane
Jake Landry	Sara Getchell
Dan Meltzer	Andrew Dube
Isabel Starr	
William Campbell	

MAZEL TOV!



MAZEL TOV



☆ **Kim and Bob Rimalover** celebrating their 20th Wedding Anniversary July 2!



MAZEL TOV TO OUR GRADUATES



☆ **Matt Savage**, who will be attending Berklee School of Music in Boston.



☆ And to all Betenu's graduates!



MAZEL TOV

to **Dan Thompson**, for honors bestowed at the annual Awards Ceremony at Milford High School. Dan received the Rensselaer Polytechnic Institute Medal Scholarship, the University of Rochester Xerox Scholarship for Innovation, the Junior Math Award, and recognition for his participation with Student Council, Math Team and National Honor Society.

Dan has been a member, student, Bar Mitzvah and Confirmand at Betenu, and has been a classroom aide in the Hebrew School for the past two years. Dan toured Israel last summer, sponsored in part by grants from JFNH and Congregation Betenu.

BETENU PAGES

The **June 6th Coffeehouse** was not to be missed! Thanks to our performers (left to right): Sarah Noyovitz, Matt Savage and Benjamin Rosen.

Visit their websites and hear some music:

Matt Savage: www.savagerecords.com

Sarah Noyovitz: myspace.com/sarahnoyovitz &

<http://uk.truveo.com/roller-coaster-ride-sunapee-open-mic/id/13167196>

Benjamin Rosen doesn't currently have a web site, but you might just hear him at Betenu sometime....

Rahel did not play during the coffeehouse, but those of you who attended the Havdallah got to hear her. If you missed it, or want to hear more go to: www.rahelmusic.com

BETENU PAGES**Thanks to
Sonia Campeanu,
Rahel &
Craig Parsons-Kerins**

In Sonia's lecture "Return to Zion; Vision vs Reality", we learned about the second temple era and how it relates to the present day. A discussion followed, with songs and poetry presented by Sonia and Rahel.

Thanks to Craig for leading services.

**Thanks to
Steve Soreff,
Peggy Tucker &
Rahel**

Steve Soreff (right) explained and led the June 6th **Storytime Havdalah** service with his wife, Peggy Tucker adeptly handling props, and Rahel doing her usual wonderful job explaining and leading music. Fun for all ages.

**COMMUNITY HAPPENINGS**

Voice of ISrael Initiative of New Hampshire

Check the website for the next **VISION MEETING** and other important information. Meetings will be held on Wednesdays and Thursdays this year! All friends of Israel are welcome.

Check out www.nh4israel.org for more upcoming events, articles and more...

**INFO FROM SNHJMC
Southern NH Jewish Mens Club**

Membership form: <http://snhjmc.home.comcast.net/~snhjmc/resources/SNHJMCFORM.pdf>

SENIORS FOREVER YOUNG AT TAY

A great ride to Quechee Falls will be on **Aug. 20** to see the rustic sights, take a walk, or wander through shops. The cost is \$10 for bus and driver with lunch on your own.

RESERVE NOW, and make your checks payable to Seniors Forever Young to hold your place. Send checks to Lea Levy at 92 Highcrest Road, Manchester 03104.



HIGH HOLY DAY INFORMATION

HIGH HOLY DAY TICKETS

Tickets are required for all High Holy Day services at Betenu. All members in good standing will receive their tickets in the mail free-of-charge. We will continue to provide tickets at no cost to military personnel and students. Non-members may call the temple office at 886-1633 to order their tickets in advance. Any non-member who purchases tickets for the High Holy Days and then chooses to join the temple by December 2009, will receive full credit of the purchase price of the ticket towards the membership dues. The cost per adult ticket is \$175.

ALIYOT

If you would like to read Torah or Haftorah on the High Holidays OR to recite the blessings before the Torah is read, please contact Karen Satz at karensatz@gmail.com or 617-285-4082. It is an honor and a wonderful experience, and we will help you and give you lots of support.



HIGH HOLY DAY PRAYERBOOKS

To Order

We have a limited supply of the **Gates of Repentance** prayerbooks. If you would like to purchase a copy for your own use or to donate copies to Betenu, please call the temple office at 886-1633. The cost to donate a Machzor to the temple is \$40. It can be in honor of a loved one or in memory of a loved one. An inscription will be placed on the inside cover of the Machzor. The cost to buy a copy for your own use is \$30.

DESIGN YOUR OWN HHD GREETING

For your Family or your Business

Full Page Ad just \$100 1/2 Page Ad just \$60 1/4 Page Ad just \$36 Single line greeting \$18

Please send greetings and checks to the temple office by September 2. Please email the greeting ad as a jpeg to Betenu@nii.net.

YIZKOR BOOKLET

On Yom Kippur, Congregation Betenu will be publishing a Yizkor Memorial Booklet, to honor deceased relatives and friends. The booklet will include a list of names of those to be memorialized. The booklets will be handed out at the Yizkor service, and the names in the booklet will be read aloud at that service.

To include names in this booklet, please send the following information before September 2 to the Temple office: Name to be Memorialized, Relationship to Donor, Donor Name

Please enclose a minimum donation of \$6 per name, in a check made out to Congregation Betenu. Note that we do not ask for a donation for names of people who died in the last year. You may e-mail the names to Betenu@nii.net

HIGH HOLY DAY INFORMATION continued

HONEY FUNDRAISER



Congregation Betenu will once again be selling honey products for the Jewish New Year. Stop in or call to reserve. This year, we will be selling:

- ☆ Clover honey bears: \$5.00 / 12 oz bear
- ☆ raw honey: \$8.00 / 1 lb glass jar
- ☆ flavored whipped honey: \$8.50 / 1 lb glass jar (cinnamon, cranberry, raspberry or pecan)
- ☆ 6" beeswax candles: \$10.00 / pair
- ☆ 12" beeswax candles: \$10.00 / pair



USHERS NEEDED



We are looking for a few good people who are willing to usher for the High Holy Days. Duties include: handing out the Gates of Repentance, helping those who need an extra hand, and being aware of emergency procedures.

We would like to have at least 3 ushers (one near the front door, one near the back door, and one for downstairs) for each of the following services: Erev Rosh HaShana, Rosh HaShana morning, Kol Nidre, and Yom Kippur morning.

If you are willing to usher, please call the temple office at 886-1633. (We'd love to have help from the post Bar / Bat Mitzvah students!) Thank you!

SILENT AUCTION



Are you tired of parking in the Wal-Mart lot on the High Holy Days? Do you wish that we had use of the condo lot during the weekdays? Well, Dave is AUCTIONING OFF his presidential parking space for the Rosh HaShana morning service (Tuesday, September 30, 10:30 am) and the Yom Kippur morning service (Thursday, October 9, 10:30 am). If you are interested in parking next to the Rabbi on the side of the building, please email your bid to the temple office at betenu@nii.net. The highest bid for each service will win the parking space for that service!



What an easy way to benefit yourself while making a donation to the temple!! All bids need to be placed by Monday, September 14! The winners will be notified by email on Wednesday, September 16.