

RABBI'S MESSAGE: A NOTE TO PARENTS

I think the Chanuka service this year might have been the nicest we have ever had in our history. While I didn't count, I would guess that we had a bigger crowd than we had on the evening of Rosh Hashannah.

My best estimate is that close to 2/3 of the kids in religious school were there and despite the relatively late hour at which we finished, the kids seemed alert, comfortable and well behaved in the synagogue environment. That is what we are looking for in requiring attendance: learn the prayers and become comfortable in the synagogue environment, so that when our children need the tools of Judaism, they will know how to use them.

One of the things for which temples strive is *le-dor va-dor*, inter-generational continuity. Toward that, it was lovely to see a number of multi-generations (children, parents, grandparents) sharing Chanuka within our community.

There are some families who have already discovered that their kids have a better time if there are other kids they know from religious school there. Believe me, a six year old will have more fun talking to another six year old than to me or the collection of other adult regulars! To make that happen, call other parents in your children's class and see if they would attend. It will change the religious school service attendance requirement from a burden to a pleasure.

Best wishes for a happy, healthy and prosperous 2011.

Le-sha-lom,

Joshua L. Segal, Rabbi

JANUARY BIRTHDAYS

Quillah Burstein	Drew Sagon	Paris Dzen
Benjamin Gingras	Matthew Spokane	Jakob Jones
Dan Kahn	Ana Sabrina Ellis	





BETENU INFO

SPECIAL NOTE: Some members of Betenu are physically sensitive to certain aromas coming from perfumes, colognes, hairsprays the like. These aromas can cause migraines and a host of other problems. Please be aware of that when you come to Betenu.

Please **DO NOT** bring scented items for the SHARE donation bin.

Betenu has natural cleaning products available for use. Please **DO NOT** bring your own cleaning products for oneg or other cleanup.

Thank you!



AND FOR ONLINE SHOPPING... TEXTBOOKS AND A MILLION OTHER THINGS...

Don't forget to shop through Betenu's link to Amazon.com. Betenu will receive a percentage of the purchase price.

You can shop for books and a million other things through this link. Just go to our website: www.betenu.org, put your cursor over "Search new and used, Amazon.com", and when the cursor changes, click. Or you can enter your search right there and click "Go".

It's that simple! And don't forget to purchase your textbooks here!

We receive about \$20 a month from this program - Thank you & keep shopping!!!!

BETENU ACCEPTS MC, VISA & Discover!

You can use MasterCard, VISA or Discover card to pay membership fees, school tuition, gift store purchases, or even to make a donation! Call the office (or stop in) to arrange the charge and let us know the amount and what it's for.



CONGREGATION BETENU

Rabbi: Joshua Segal 603-886-1633
or rabbi@betenu.org

President: Michael Goldstein 603-424-9953
or president@betenu.org

VP Finance: Peter Stein 603-465-6036

VP Admin: Roberta Pavoll 603-672-9820

(Acting) VP Educ: Sheryl Liberman 603-424-4609

Secretary: Elissa Kahn 603-673-8283

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Trustee: Vivian McGuire 603-882-3139

Trustee: David Stern 603-880-0442

Trustee: Bob Rimalover 603-672-5629

Trustee@Large: Sara Murphy 603-465-7119

Past Pres: Dave Spokane 603-672-0554

Newsletter Editor: Elissa Kahn



January 2011 (5771)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 9:15am Religious School #15	3	4	5	6 Rosh Chodesh: Shevat	7 7:30pm Lay-led Service	8
9 9:15am Religious School #16 & Parent Meeting	10	11	12 7:30pm Planning Meeting	13 7pm PBM & Adult Ed— Diane Covert Xray Project event	14 7:30pm Lay-led Service	15 10:30am Family <u>Shabbat #4</u> 12:30pm Song Circle
16 9:15am Religious <u>School #17</u> 10am FEC luncheon	17 7:30 Executive Board Mtg MLK Day	18	19 Erev Tu B'Shvat	20 Tu B'Shvat	21 6:30pm Rabbi-led Tu B'Shvat Pot-luck Seder	22
23 9:15am Religious School #18	24	25	26	27	28 7:30pm Lay-led Service	29
30 9:15am Religious School #19	31					



February 2011 (5771)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 7:30pm Lay-led Service Rosh Chodesh: Adar I	5 Rosh Chodesh: Adar I
6 9:15am Religious School #20 (end of 2nd trimester)	7	8	9	10	11 7:30pm Rabbi-led Service	12
13 9:15am Religious School #21 (beginning of 3rd trimester)	14	15	16	17	18 7:30pm Lay-led Service	19
20 9:15am Religious School #22 2:30pm Jewish Song Circle	21 7:30pm General Board Mtg Presidents Day	22	23	24	25 7:30pm Lay-led Service	26
27 NO Religious School	28					



INSIDE TERRORISM; THE X-RAY PROJECT

Thursday, January 13, 2011 @ 7:00pm

Congregation Betenu (www.betenu.org), 5 Northern Blvd., Amherst, NH 03031 (603) 886-1633

Inside Terrorism (www.x-rayproject.com) is a photography exhibit which uses actual x-rays and CT scans from the two largest hospitals in Jerusalem to explore the most important social issues of our time: the effects of terrorism on a civilian population.

Diane Covert: The idea for *Inside Terrorism* began to coalesce in my mind in 2002 as a personal response to terrorism and to my discomfort with the way terrorism has been justified in some circles. This is a documentary of survivors of terrorism. Much like photographer Mathew Brady documented the Civil War, people in emergency rooms today are documenting the effects of terrorism. The exhibit is another form of "straight" photography - that is photographs made with an unaltered spectrum of light. With that technology, we are able to look inside terrorism.

Apart from the relentless need to see reality, artists also want to comment upon it. The X-rays and CT scans in this exhibit are new ways to make figurative images and portraits. They represent life in the modern cross-section of these artistic traditions – both the desire to observe and describe reality with the most modern techniques available, and the need to think and talk about it.

OPEN TO THE PUBLIC - Donations Accepted

Recommended for mature audience

COMING UP AT BETENU

PARENT MEETING

Sunday, January 9 from 10:30 to 11:30 AM

Parents please mark your calendars and plan to attend! On the agenda:

1. Grades 1-3 will present a short playlet in Hebrew
2. Rahel will review educational activities and goals of the school.
3. Parents will share their questions and concerns.

PROGRAMMING MEETING

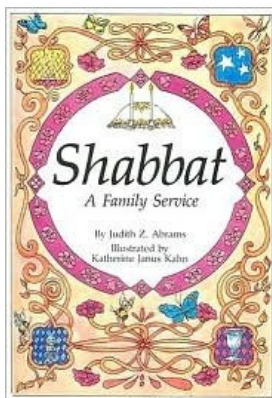
Wednesday, January 12 at 7:30 PM

Bring your ideas to the programming meeting. There will be opportunities for volunteering. If you cannot attend, but would like to have some input or volunteer, please let the office know: 886-1633.

POST BAR/BAT MITZVAH CLASS / ADULT EDUCATION

January 13th, 7pm

Please see the previous page for description.



FAMILY SHABBAT

January 15th at 10:30 AM

Please join us for a FAMILY SHABBAT service led by Rahel. We will learn prayers, blessings, sing songs, tell stories, and dance! The service will be followed by a pot-luck lunch. Please bring a dish if you are staying for lunch. No pork or shellfish please. This new format replaces our Tot Shabbat service and is open to the entire family (all ages). Family services will take place monthly at Congregation Betenu. Religious school students can receive service credit for attending a family service.

JEWISH SONG CIRCLE

January 15th at 12:30 PM

Beginning this month on Saturday, January 15th (following the Family Shabbat), Rahel will be facilitating a monthly series on Jewish, Israeli and Liturgical music. This is an interactive session where we sing songs in English, Hebrew, Yiddish and more. Songbooks will be available. Be sure to bring sheet music for original songs. So don't miss this opportunity to immerse in our Jewish heritage through song. Bring your instruments and your voices and let's all have some musical fun! More info Rahel rahel@rahelmusic.com.





COMING UP AT BETENU continued...

YOUR HELP NEEDED: FEC LUNCH

Catered by Betenu

Date: Sunday January 16th

Each year the Faith Episcopal Church in Merrimack caters our Yom Kippur Break-the-Fast and we cater their annual meeting. We need volunteers to make or purchase meals and desserts, hot and cold. We also need people for setup, serving and cleanup from 10-12:30 (all or part). Please contact our coordinator, Roberta Pavoll 672-9820.

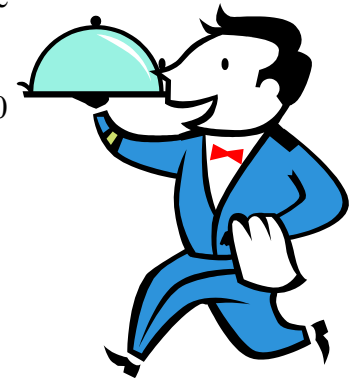
Nonperishable food can be dropped off in the box at Betenu, or brought (by 10 AM) directly to:

Faith Episcopal Church, 590 Daniel Webster Highway, Merrimack, NH

For directions:

<http://www.faithnh.org/contact.html>.

They do a wonderful job for us—let's return the favor!



TU B'SHEVAT SEDER

Friday, January 21st—6pm doors open (seder starts at 6:30pm)

Hold the date for our famous Tu B'shevat seder on January 21st. Those attending the seder are asked to bring a seder item as well as a dish for the potluck supper. Seder items can be selected by choosing a leaf from the Tu B'Shevat wall hanging in the front lobby. A sign up sheet will also be located there. People are also asked to sign up to help set up tables on Thursday evening, January 20th, to set up the evening of the seder, or to help with clean up after the seder.

You may also sign up by contacting the office 886-1633. Contact Elaine Schwartz with questions at 864-8423

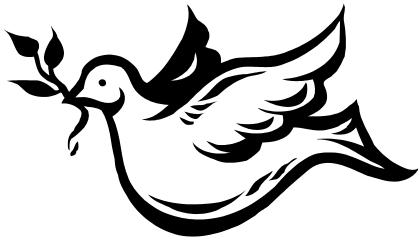
Special note: In December, Israel had its worst ever fire. Forty-four people died and thousands fled their homes. Thankfully, eleven countries came to Israel's aid to put out the fire. But in a country that is only seven percent wooded, 12,000 acres burned and Israel lost 5 million trees. Please help in the effort to plant a tree in Israel. Pick up an envelope at Betenu or go to www.jnf.org/carmelrenewal.

GENERAL BOARD MEETING

Monday, February 21st, 7:30pm

All are invited to attend the general board meetings which are even months (February, April...), usually the third Monday at 7:30pm. Talk to our President, Mike Goldstein, ahead of time if you are interested in putting something on the agenda.

Please feel free to talk to any board member (see page 2 for phone numbers). You may also leave a note in our suggestion box on the wall outside the office.

BETENU PAGES**תודה****BETENU THANKS****DONATIONS**

Congregation Betenu acknowledges with appreciation the following contributions made during the month of November

Rabbi's Discretionary Fund

Daniel & Sara Murphy
In memory of Sara's Mother, Anne Werner

High Holy Day Appeal

Jeffrey Ditman

Joel & Elaine Silberberg

General Fund

Vernon & Suzanne Maine
In memory of Suzanne's Neice

Joel & Elaine Silberberg
In memory of Suzanne Maine's Neice

Joel & Elaine Silberberg
In memory of Sara Murphy's Mother

Memorial Plaque

Douglas Hirsch
In memory of his mother

- ✧ December oneg hosts: Suzanne and Vern Maine, the Beckers and all who contributed to the onegs.
- ✧ Everyone who shared in the extended Chanuka season pot-luck dinners.
- ✧ December lay-leaders: Rabbi Segal, Rahel Limor, Elsa Conrad and Sheryl Liberman.
- ✧ Diane Becker and Roberta Pavoll for organizing our Chanuka pot-luck dinner and party.
- ✧ Diane Becker for creating the Chanuka invitation.
- ✧ Rahel Limor for her donation of a coffee pot.
- ✧ Rahel Limor for straightening out the oneg room cabinet.
- ✧ David Stern, Eran Limor & Elissa Kahn for painting.
- ✧ Sandra Whitman for donating school supplies this year and last.
- ✧ Ore Ayah Dagan, our shlichah, for sharing lessons about Israel at the religious school.
- ✧ Alison Leary & Davida Rubin-Baker for doing school door duty.
- ✧ Amy Juscak for her donation of bottled water.
- ✧ Sheryl Liberman for organizing Rosh Chodesh.
- ✧ Sheryl Liberman for bringing donations to SHARE.
- ✧ Amy Juscak & Alex Dube for helping out in the first and second grade classes.
- ✧ Everyone who helped by taking trash or recycling home.

BETENU PAGES



**YAHARZEITS FOR
JANUARY**



Murray Grant	friend of Joel Silberberg.....	January
Sylvia Florence Finkelstein	January 1
Sumner Stern	father of David Stern.....	January 1
Alan Blotcky.....	father of Steve Blotcky	January 1
Sigmund Werner.....	father of Sara Murphy	January 3
Sylvia Linda.....	sister of Martha Sandhaus	January 7
Morris Sigel	father of Martha Sandhaus	January 8
Sarah Applebaum	grandmother of Elyse Wasserman	January 10
Philip Wasserman	grandfather of Lenny Wasserman	January 12
David Franks.....	brother of Paul Franks.....	January 13
May Kirschner	mother of Amy Kirschner	January 15
Vilma Kartman	cousin of Elsa Conrad	January 18
Lois Goff.....	mother of Steve Goff.....	January 19
Mollie Segal.....	mother of Joshua Segal	January 19
Harold Rimalover	father of Robert Rimalover	January 22
Steven Bernstein	uncle of Amy Juscak	January 28
Sol Kabel	father of Allan Kabel.....	January 30

ONEG SHABBATS

To host an Oneg, one brings the food, drinks, and challah, and sets up and cleans up.

To sponsor an Oneg, one pays \$54 and the Oneg committee will purchase the food, set up and clean up. Either way you do it, you can honor a birthday, an anniversary, or any other special event in your life, by choosing the Oneg closest to that special date. Or you can remember the Yahrzeit of a loved one by hosting or sponsoring the Oneg on the Shabbat when you come to say Kaddish. If you have a date in mind, please call Roberta Pavoll at 672-9820.

The following Onegs will be hosted by:

- January 7: Open
- January 14: Open
- January 21: Tu BiShvat Pot-luck Seder (please sign up!)
- January 28: Open



Won't you please choose an Oneg date and help foster the sense of community at Betenu? Thank you.

ADULT EDUCATION

HEBREW LANGUAGE INSTRUCTION, TORAH STUDY AND MORE

Bar / Bat Mitzvah... not the end of the road! There's Torah study with the Rabbi, Hebrew language instruction with Rahel, Kabbalah Havruta with Eitan Zeira, and plenty of other learning opportunities throughout the year. Maybe you have an idea, or would even like to teach a class. If so, contact the office 886-1633 or Betenu@nii.net.

Quench your thirst — jump into the well of Judaic studies.

(Rahel's classes are offered at a discount to Betenu members.)



ROSH CHODESH FOR WOMEN

Join the Rosh Chodesh group for a short service, group discussion and nosh. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

KABBALAH GROUP

Saturdays at 12:30pm—about once every 3 weeks

Congregation Betenu and Temple Beth Abraham have a Kabbalah group. The suggested book is Inner Space by Kaplan. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

Video of Sh'ma Meditation by Rabbi Aryeh Kaplan:

www.youtube.com/watch?v=x9bwEFS7Btk&feature=related



EDUCATION**Sunday Religious School Personnel:**

VP Education: Sheryl Liberman
Hebrew / Continuing Hebrew: Sonia Campeanu
Hebrew & Jewish Studies: Sandra Whitman

Principal: Rahel Limor
Hebrew Assistant: Nina Matovka
Madricha: Rachel Liff

**ACCEPTING STUDENTS
REGULAR RELIGIOUS
SCHOOL /
POST HEBREW SCHOOL**

Registration is ongoing for 2010-11 for our weekly Sunday classes for Grades 1-7 and our Rabbi-taught post Bnei Mitzvah classes for Grades 8 & 9. For questions or to get a registration form please call the temple office at 886-1633 or contact Rahel at rahel@rahelmusic.com.

CHANUKA AT BETENU—3RD CANDLE

COMMUNITY HAPPENINGS

FOOD NEEDED!

The food pantries are in desperate need this year. Any donation would be appreciated. You may bring a food item directly to SHARE or the Nashua Soup Kitchen. If it is nonperishable, you may drop it off at Betenu (no scented products please) and we will deliver it to SHARE.

Wish lists: www.sharenh.org/food.html and www.nsk.org/CurrentWishList.asp

OTHER ITEMS

For a list of other items needed please see:

www.sharenh.org or 603-673-3660: seasonal clothes and new socks and underwear

www.nsk.org/CurrentWishList.asp Questions? Call Carol at 889-7770 ext 21

INFO FROM SNHJMC Southern NH Jewish Mens Club

Membership form: <http://snhjmc.home.comcast.net/~snhjmc/resources/SNHJMCFORM.pdf>

“ISRAEL IS REAL”



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Voice of ISRAEL Initiative of New Hampshire

Check out www.nh4israel.org for updates, and info on meetings and activities.

All friends of Israel are welcome.



**CONGREGATION BETENU
FIVE NORTHERN BLVD #1
AMHERST, NH 03031 USA**