



# BETENU

**Rabbi's Message : April 2012 –Ni-san 5772**

**Volume 29; No. 5**

**SAYING GOODBYE**

A few years ago, the finance committee came to me and told me, "There is no way we can see for Betenu to continue without you." I swallowed the Kool-Aid and determined that I could never retire.

Betenu might not survive my mortality, but I wasn't going to let it die on my watch.

I was pleased when a number of our Board Members stepped up and said, "We're going to try." I was very pleased that about half of Betenu's member families were represented at the meeting on March 4 where the path to Betenu's future and my retirement were outlined.

For those of you who weren't there, I'd like to reprise a few of my comments:

1. While Betenu incorporated in Nov. 1983, Betenu really started in the spring of 1984. To test the waters we asked for \$50 per family with most of the money used to buy prayer books. Yes, to be listed as a charter member of Betenu required a meager investment of \$50!
2. In the autumn of 1984, I was under contract with Congregation Ahavas Achim in Keene. Betenu's services were lay led by Marian Weisenfeld and the Grinsteins all of whom have since moved out of the area. By the way, those first services were well attended, actually outdrawing the services that I led in Keene.
3. We had no assets. While we used our funds to buy Gates of Prayer, we used the old 1944 Reform High Holyday prayer book, copies of which we scrounged from a congregation who gave them to us for the price of postage. By the way, those books are still on a shelf in our library.
4. When Betenu moved into this structure in 1992, we had 29 paying families, a balanced budget and a mortgage.

*continued on next page*



### Rabbi's Message continued

Today, we have a library, that's not worth much to sell, but is probably worth \$10K if we had to replace it.

We have two Sifrei Torah and a Megillah; probably worth \$10 to \$12K to sell, but probably closer to \$20K if we had to replace them.

We own our building outright, an asset of at least 6 figures. In 28 years of existence, the entire cash flow of the congregation has been less than \$1.5 million dollars and we have potential assets in the neighborhood of \$200K. A lot of businesses wish they had margins like that.

If Betenu doesn't make it, it's won't be for lack of assets or even membership. We live in a region with 5-URJ congregations within 20 miles of each other. In evaluating where we are and where we want to be, it is a simple question: Do we at Betenu have something to offer our membership that isn't available at one of these other nearby places – and if the answer is yes, you have a head start that the founders of Betenu never had.

My last public event as Rabbi of Betenu is slated to be Chanuka 2012. That gives us about 8 months to review, reminisce and process our 30 years together. Please join us often.

From Karen and me, best wishes for a Happy and Proper Pesach.

*Le-sha-lom*, Joshua L. Segal, Rabbi

# BETENU March Newsletter

**SPECIAL NOTE:** Some members of Betenu are physically sensitive to certain aromas coming from perfumes, colognes, hairsprays, dryer sheets and the like. These aromas can cause migraines and a host of other problems. Please be aware of that when you come to Betenu.

Please **DO NOT** bring scented items for the SHARE donation bin.

Betenu has natural cleaning products available for use.

Please **DO NOT** bring your own cleaning products for oneg or other cleanup.

Thank you!



## AND FOR ONLINE SHOPPING... TEXTBOOKS AND A MILLION OTHER THINGS...

Don't forget to shop through Betenu's link to Amazon.com. Betenu will receive a percentage of the purchase price.

You can shop for books and a million other things through this link. Just go to our website: [www.betenu.org](http://www.betenu.org), put your cursor over "Search new and used, Amazon.com", and when the cursor changes, click. Or you can enter your search right there and click "Go".

It's that simple! And don't forget to purchase your textbooks here!

**We receive about \$20 a month from this program - Thank you & keep shopping!!!!**

## BETENU NOW ACCEPTS MC, VISA & Discover!

You can use MasterCard, VISA or Discover card to pay membership fees, school tuition, gifts, store purchases, or even to make a donation! Call the office (or stop in) to arrange the charge and let us know the amount and what it's for.





## CONGREGATION BETENU

**Rabbi:** Joshua Segal 603-886-1633 or [rabbi@betenu.org](mailto:rabbi@betenu.org)

**President:** see VP Finance or [president@betenu.org](mailto:president@betenu.org)

**VP Finance:** Bob Rimalover 603-672-5629

**VP Admin:** none currently

**(Acting) VP Educ:** Sheryl Liberman 603-424-4609

**(Acting) Secretary:** Elsa Conrad 603-879-9189

**Assistant Treasurer** Elissa Kahn 603-673-8283

**Trustee:** Vivian McGuire 603-882-3139

**Trustee@Large:** Sara Murphy 603-465-7119

**Trustee@Large:** Joel Silberberg 603-472-8143

**Newsletter Editor:** Susan Rodil 604-878-4677

**Oneg Representative:** Roberta Pavoll 672-9820

## Volunteer at Betenu!

If you have a passion, a talent or a skill, this is a good time of year to start lending a hand at Betenu.

It's a highly rewarding experience.  
It takes a village!

Please contact the [office](#) if you can help.

### **Existing committees include:**

*Budget & Finance, Membership, Education, Religious Practices, BYG: Betenu Youth Group & Youth Activities, Publicity Long-range planning, Planning Activities, Newsletter, Building & Grounds, Fundraising, Oneg Shabbat, and Sunshine Committee: Help visit and tend to the ill, needy or just to be a friend in need, Traveling Shabbat: Conduct a home service for the homebound*




# LIKE US on facebook

<http://www.facebook.com/#!/pages/Congregation-Betenu/250291141669802>

or visit our Homepage [WWW.BETENU.ORG](http://WWW.BETENU.ORG)

facebook
Search

---



**Wall**

Info

Friend Activity

Photos

---

**About**

Congregation Betenu is a Reform Synagogue of about 85 families located in A...

More

---

**3**  
like this

---

**1**  
talking about this

---

Create a Page

Get Updates via SMS

Get Updates via RSS

Unlike

Report Page

Share

## Congregation Betenu

Church/Religious Organization · Amherst, New Hampshire

[Create a Page](#)

**Wall**      Congregation Betenu · Everyone (Top Posts)

Share: [Post](#) [Link](#)

Write something...



**Congregation Betenu**  
Shoa Seminar #4 tonight at 7 PM sharp. Last week's discussion about the Judenräte was interesting, disturbing and thought-provoking.  
Like · Comment · Share · February 2 at 10:26am

Rahel Limor likes this.

1 share

Write a comment...

---



**Congregation Betenu**  
Shoah Seminar again this Thursday, 7-8:30 PM @ Betenu. Please do not be late. No food or beverages allowed.  
Like · Comment · Share · January 17 at 11:43am

---



**Congregation Betenu**  
Chanukkah 2011



**Discover New Games**




**Bubbles IQ**  
680,000 people play this.  
[Play Now](#)

---

**Sponsored**      [See All](#)

**7 Tips For a Flat Belly**  
[losefatbellynow.com](http://losefatbellynow.com)



Unusual tips to lose body fat, surprising healthy fat-burning foods, and weird workouts to look and feel great.

---

**Kohl's Cares@!**



Now is the time to nominate great volunteers, ages 6 to 18. Top winners receive \$10,000 each. Nominate through March 15. Nominate now.

---

**Chobani**




Visit Chobani on Facebook for a chance to win a year's supply of Chobani.

Like · Judy Zaft Matulsky likes this.

---

**Be a Social Worker in 1YR**  
[degreelink.org](http://degreelink.org)



Be a Social Worker in Massachusetts! Request info to see if you qualify for financial aid to finish your degree in as little as 1YR.

---

**Women for Obama**  
[my.barackobama.com](http://my.barackobama.com)



Women: Together we can move America forward for

**BETENU INFO**

**Hospital Visits: Please keep us informed!**

Due to national privacy laws, hospitals are not allowed to call congregations to inform them that their members have been admitted as patients. If you know you are going to be in the hospital or unexpectedly find yourself in the hospital , please tell a nurse that you would like to see the hospital chaplain, who can call the Temple to let us know that you are there if you would enjoy support and comfort from our Congregation Betenu community.

**DEADLINE** for the May Newsletter is Sunday, April 22nd 2012.  
Please send articles and information to email [betenu@nii.net](mailto:betenu@nii.net).

**Congratulations:**  
BEN GINGRAS  
2ND place in the wrestling tournament.

~ **APRIL BIRTHDAYS** ~

Alison Chakuroff	Jamie Danklefs
Alexander Dube	Samuel Dube
Jessica Goff	Mackenzie Juszczak



# April 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>9:00am Religious School #25</p>	2	3	4	5	<p>6</p> <p>1st Seder— <b>Synagogue Closed</b></p> <p>Pesach 1st Seder</p>	<p>7</p> <p>6 pm Rabbi-led Passover 2nd seder <b>POT LUCK</b></p>
<p>8</p> <p>9:00am Religious School #26</p> <p>Pesach</p>	<p>9</p> <p>Pesach</p>	<p>10</p> <p>Pesach</p>	<p>11</p> <p>Pesach</p>	<p>12</p> <p>7:00 Study with Rabbi Segal Shir ha Shirim (Songs of Songs)</p>	<p>13</p> <p>7:30pm Rabbi-led Service &amp; Yom HaShoah</p>	<p>14 Shemini I</p> <p>12:45 pm Kabbalah Study Group</p> <p>Pesach ends</p>
<p>15</p> <p>9:00am Religious School #27</p>	<p>16</p> <p>7:30pm General Board Mtg</p>	17	18	<p>19</p> <p>Yom HaShoah</p>	<p>20</p> <p>7:30pm Lay-led Service</p>	21 Shemini II
<p>22</p> <p><b>NO</b> Religious School</p> <p>Rosh Chodesh:</p>	<p>23</p> <p>Rosh Chodesh: Iyar</p>	<p>24</p> <p>Erev Yom HaZikaron</p>	<p>25</p> <p>Yom HaZikaron &amp; Erev Yom HaAtzmaut</p>	<p>26</p> <p>7pm: Israeli Food / Music &amp; Movie</p> <p>Yom HaAtzmaut</p>	<p>27</p> <p>7:30pm Lay-led Service</p>	28 Tazria / Metzora
<p>29</p> <p>9:00am Religious School #28</p>	30					



# May 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 <b>7:30pm Rabbi-led Service</b>	5 <i>Acharei Mot / Kedoshim</i> <b>4:30pm PJ Havdallah Teacher Appreciation</b>
6 <b>9:15am Religious School #29</b>	7	8	9  Erev Lag B'Omer	10  <b>7pm Rabbi Adult Ed Ruth</b>	11  <b>7:30pm Rabbi-led Service</b>	12 <i>Emor</i>
13 <b>NO Religious School</b>  Mother's Day	14	15	16	17	18  <b>7:30pm Rabbi-led Service</b>	19 <i>Behar / Bechukotai</i>
20 <b>9:15am Religious School #30</b>  <b>7:30pm Annual Mtg</b>	21  <b>7:30 Executive Board Mtg</b>  Yom Yerushalayim	22  <b>Rosh Chodesh: Sivan</b>	23	24	25  <b>7:30pm Rabbi-led Shavuot Service</b>	26 <i>Bemidbar</i> <b>6pm Tikkun Leil Shavuot, Havdallah, Study &amp;Pot Luck Dairy</b>  Erev Shavuot
27  (In Israel— last day of Shavuot)  Shavuot	28  Shavuot	29	30	31		





**COMING UP AT BETENU...**

Registration now open for 2012-13, grades K-7.

New? Come visit our school before May 20th.  
Call Rahel for information and / or to arrange  
your visit 554-1459 or [Rahel@RahelMusic.com](mailto:Rahel@RahelMusic.com).

**Happy Pesach to our  
Betenu Congregation**

---

---

**General Board** meeting April 16th, 2012 7:30

**All are invited to attend any general board meetings.**

---

---

**KEEP US UPDATED**

Please let us know if your contact info has changed (address, phone, email...). You may email the office at [betenu@nii.net](mailto:betenu@nii.net), call the office at 603-886-1633.

Thanks!

## Service Schedule at BETENU

### THIS MONTHS SERVICES ARE:

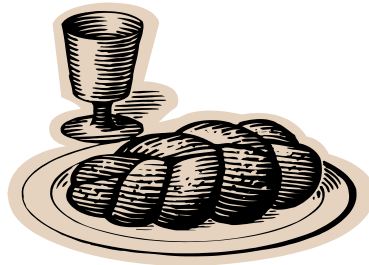
**April 7—Passover 2nd Seder**

**April 13th Rabbi Led 7:30 pm**

**April 20th Lay-led 7:30 pm**

**April 27th Lay-led 7:30 pm**

**ONEG VOLUNTEES NEEDED**



### **ONEG SHABBATS**

**\*\*WE NEED ONEG SPONSORS\*\***

**To host an Oneg,** one brings the desserts, fruit, and challah, and sets up and cleans up.

**To sponsor an Oneg,** one pays \$54 and the Oneg committee will purchase the food, set up and clean up. Either way you do it, you can honor a birthday, an anniversary, or any other special event in your life, by choosing the Oneg closest to that special date. Or you can remember the Yahrzeit of a loved one by hosting or sponsoring the Oneg on the Shabbat when you come to say Kaddish.

If you have a date in mind, please call Roberta Pavoll at 672-9820.

# MONEY



# MATTERS

**There are hundreds of reasons to make a donation to  
Congregation Betenu**

**Please donate TODAY ...**

**BIRTHDAY, BAR/BAT MITZVAH, GRADUATION, BIRTH, DEATH,  
WEDDING, ENGAGEMENT, ANNIVERSARY, YAHRZEIT, BABY  
NAMING –ANY CELEBRATION OR MEMORABLE MOMENT. OR  
JUST BECAUSE....**

**TZEDAKAH—HELP OUR RELIGIOUS SCHOOL STUDENTS ACHIEVE  
THEIR GOAL OF 360.00 .. JUST DROP A COIN OR BILL IN OUR  
TZEDAKAH COLLECTION BOXES OR SEND A CHECK**

**SPONSOR A CHILD’S JEWISH EDUCATION...**





**~ ~ ~UPCOMING AT BETENU—APRIL ~ ~ ~**

**Saturday, April 7th 6:00pm at Congregation Betenu,**

**5 Northern Blvd., Unit 1, Amherst, NH**

Rabbi-led Passover Pot-Luck Second Seder

Please join us for our annual second Seder at Betenu.

Families please bring a main dish, singles a side or dessert.

(no pork, shellfish or bread/leavened food!)

RSVP: betenu@nii.net; (603) 886-1633

**Thursday, April 12th 7:00pm at Congregation Betenu,**

**5 Northern Blvd., Unit 1, Amherst, NH**

Study with Rabbi Joshua Segal: Shir haShirim (Song of Songs)

betenu@nii.net; (603) 886-1633

**Thursday, April 13th 7:30pm at Congregation Betenu,**

**5 Northern Blvd., Unit 1, Amherst, NH**

**Rabbi-led Kabbalat Shabbat Service & Yom HaShoah Memorial**

Please join us as we observe Shabbat and for a pre-Yom HaShoah

service of remembrance.

betenu@nii.net; (603) 886-1633

**Saturday, April 14th 12:45pm at Congregation Betenu,**

**Northern Blvd., Unit 1, Amherst, NH**

Kabbalah Study Group

We are reading and discussing the book, "Inner Space" by Aryeh Kaplan.

The group is facilitated by Eitan Zeira. All are welcome to attend.

Info: betenu@nii.net; (603) 886-1633

**Thursday, April 26th 7:00pm at Congregation Betenu,**

**5 Northern Blvd., Unit 1, Amherst, NH**

Israeli food, music and a movie - Yom Ha'Atzma'ut Observance

Music sing-a-long, movie and Israeli-style refreshments

Door fee: Donations for musicians

RSVP: betenu@nii.net; (603) 886-1633

## Shoah Seminar

Teacher : Raphael Colb

Thank you Raphael and all who attended



## UPCOMING EVENTS:

BETENU “Kick off the Committees”

First meeting will be April.

Watch your e-mail...

### **SUNDAY, APRIL 1<sup>st</sup>:**

### **Jewish Federation Day of Mitzvot and G'milut Hasadim**

Good Deeds Day, which was initiated by Israeli philanthropist Shari Arison, is a day when you can do a good deed that's close to your heart for your own community. We invite you to give yourself as a gift and join us on the 6th international Good Deeds Day 2012. The Jewish Federation of New Hampshire invites you to Give Yourself As A Gift for 2-3 hours on Sunday, April 1st at 1 pm.

To volunteer, contact 627-7679 or [info@jewishnh.org](mailto:info@jewishnh.org). The first 30 volunteers will receive a Good Deeds Day t-shirt. Please be sure and leave your e-mail when you RSVP so we can get back to you with specifics for the day. If you know of a family or a place that can use spring cleaning in our community, please contact

Good Deeds Day chair, Anat Myers at [natiusa@myfairpoint.net](mailto:natiusa@myfairpoint.net).

**UPCOMING EVENTS:**

# **Leda Lanes Glow Bowling Party!**

**“Betenu Youth Group”  
EVENT**

**SAVE THE DATE....**

**Date:** April 1<sup>st</sup> 2012

**Time:** 1:30 p.m. to 3:30 p.m.

**Cost:** \$10.00 per child

**Bring Your Own Lunch**

***(EAT AT THE TEMPLE FROM 12:00 p.m. to 1:00p.m.  
OR AT LEDA LANES)***

***RSVP—to Allison Leary 603 672 4774 or via  
email : learynh@gmail.com***

# Thank You!

## Donations in March

Congregation Betenu acknowledges with appreciation the following contributions :

**\* Geoffrey Gross to the Diantha Gross Education Fund \***



תודה

BETENU

תודה

# Thank You!

- ✧ **Allison Leary for Setting up the Upcoming BYG "April Bowling Event."**
- ✧ **Diane Becker for Organizing BYG "You're Fired" event.**
- ✧ **Diane Becker & Amy Juszczak for updating the Gift Shop display case . (\* Make sure to visit it!\* )**
- ✧ **Dube family for Oneg sponsor on March 16<sup>th</sup>.**
- ✧ **Rahel, Sandra, school students and families for a successful PJ Havadallah Extravaganza**
- ✧ **Elissa, Rahel and Rabbi for organizing/Leading Shabbat Across America**
- ✧ **Raphael Colb for the Shoah Seminar**
- ✧ **Marc Rodil for representing Betenu at the Condo Association Annual Meeting.**
- ✧ **Thank you to ALL who attended the congregational meeting and ALL who signed up for support activities.**



## April Yahrzeit List



- Irving Starr .....father of Jen Starr .....April
- Bernard Rubin .....father of Davida Rubin-Baker .....April
- Daniel Gribetz .....father of Jeff Gribetz.....April
- Waldemar Schaffer .....father of Paula Ellis .....April 1
- Edward David Finkelstein.....April 3
- Edith Fisher.....grandmother of Karen Satz .....April 3
- Augusta Levinson.....grandmother of Paula Silver .....April 5
- Frances Stewart.....mother of Jamie Stewart.....April 6
- Steve Meltzer .....cousin of Joel Mascott.....April 7
- Frances Krohn Fries .....April 8
- Jacob Flagler .....Father of Susan Rodil ..... April 13  
 .....(9<sup>th</sup> Nisan)
- Robert August .....cousin of Elaine Silberberg .....April 16
- Louise Levine .....mother of Dan Levine .....April 19
- Rachel Miriam Gatland.....mother of Marcella Dube .....April 19
- Alfred White .....father of Rowena Burstein .....April 20
- Arnold Dickes .....father of Ellen Lubitz .....April 21
- Arthur Stewart .....father of Jamie Stewart.....April 22
- Edwin Sleight .....father of Kim Rimalover .....April 24
- Guy Darrow .....father of Dara Smolski .....April 25
- Marilyn Franks.....cousin of Paul Franks.....April 29
- Rabbi Solomon Segal .....father of Joshua Segal .....April 30



## COMMUNITY HAPPENINGS

### **AS always—FOOD NEEDED!**

The food pantries are in desperate need this year. Any donation would be appreciated. You may bring a food item directly to SHARE or the Nashua Soup Kitchen. If it is nonperishable, you may drop it off at Betenu (no scented products please) and we will deliver it to SHARE.

Wish lists: [www.sharenh.org/food.html](http://www.sharenh.org/food.html) and  
[www.nsk.org/CurrentWishList.asp](http://www.nsk.org/CurrentWishList.asp)

### **OTHER ITEMS**

For a list of other items needed please see:

[www.sharenh.org](http://www.sharenh.org) or **603-673-3660**: seasonal clothes, new socks etc.

[www.nsk.org/CurrentWishList.asp](http://www.nsk.org/CurrentWishList.asp) Questions?  
Call Carol at **889-7770 ext 21**

## \*EDUCATION\*

### Sunday Religious School Personell

VP Education: Sheryl Liberman Principal: Rahel Limor

Hebrew: Sonia Campeanu Jewish Studies: Sandra Whitman

Asst. Hebrew Teacher: Nina Matovka Madricha: Rachel Liff



Registration now open for 2012-13, grades K-7.

New? Come visit our school before May 20th. Call Rahel for information and/or to arrange your visit 554-1459 or [Rahel@RahelMusic.com](mailto:Rahel@RahelMusic.com).

## School Events

Students who attended the Pj Havdallah enjoyed songs, stories, dinner with movie and popcorn with Sandra and Rahel.



## COMMUNITY HAPPENINGS

I recently visited the [Sage Fine Art and Metaphysical Meeting Place](#), a lovely art gallery in Manchester, NH, and was fortunate to now be invited to play my beautiful music as part of one of the opening events. This will take place on **Thursday, April 19th from 5-8pm.**

It is also part of Manchester's' [Open Door Trolley Tours](#). On this day the featured artist will be [Kristina Wentzell](#). As this is also a meeting place for Metaphysical interests, there will also be a reader present: Patti Pingree of [Sunset Glow Healing](#), as well as rooms filled with works by additional artists. Not to mention wine and refreshments!

So, do mark the date in your calendars and I look forward to seeing you there~!

<http://sagegallery.net/news/vintage-gold-muse-at-opening-reception-april-19th-1659/#.T2qiYclwGCo.email>

[www.vintagegoldmuse.com](http://www.vintagegoldmuse.com)

# ISRAEL inside



**SPECIAL ONE-TIME MOVIE VIEWING In Honor of 64 years of Israel's Independence:**

Thursday, April 26th at 7:00pm

**Israel Inside: How a Small Nation Makes a Big Difference**

Congregation Betenu, 5 Northern Blvd., Unit 1, Amherst, NH 03031

MORE INFO: Rahel (603) 554-1459 [rahel@rahelmusic.com](mailto:rahel@rahelmusic.com)

FEE: Donation of \$18 (chai) or any amount

Israeli music, sing along, food and a special one-time movie viewing in honor of Israel's 64th birthday!

The 55-minute film is hosted by [Dr. Tal Ben Shahar](#), who gave up the unique distinction of being Harvard University's most popular lecturer to return to his native country, Israel. In the film, Ben Shahar explores the core character strengths – called "actualizers" – that enable Israelis to succeed against incredible odds. Through Tal's eyes we explore the deep-seated values such as education, family, and responsibility for the world (a Jewish concept known as "tikkun olam"), which directly contribute to Israel's accomplishments in the economic, technological and humanitarian spheres. And while none of these actualizers are in and of themselves unique to Israel, in combination they are bringing about unparalleled progress and achievement.



**COMMUNITY HAPPENINGS**

ISREAL FESTIVAL

Wednesday = April 25th

at the Jewish Federation Manchester.

Celebrate Isreal's Independence  
with food music dance and more

FOR MORE INFORMATION CALL THE  
FEDERATION

OR [betenu@nii.net](mailto:betenu@nii.net); (603) 886-1633

## COMMUNITY HAPPENINGS



To see the Dead Sea Scrolls, you normally would have to go to Israel. The Scrolls are currently at the

Discovery Museum in New York City and will be until April 15. The New Hampshire Board of Rabbis has arranged a bus trip to New York and a docent tour of the [Dead Sea Scroll exhibit on Sunday, April 1, 2012.](#)

[Departure: 6:00 am, Jewish Federation of New Hampshire, 698 Beech Street, Manchester.](#)

[Return: Approximately 9:00 pm.](#)

[Cost \(bus and ticket into the Discovery Museum\):](#)

[Adults: \\$55.00](#)

[Children \(4-12\): \\$47.00](#)

[Seniors \(65+\): \\$52.00](#)

[Send payment to: Temple Beth Jacob, 67 Broadway,](#)

[Concord, NH 03301, no later than March 9, 2012.](#)

Funded in part through a generous gift from the Jewish Federation of NH. Participation is limited to the first 55 registrants whose payment is received.

Questions: Contact Rabbi Robin Nafshi, 603-228-8581 or [rabbi@tbjconcord.org](mailto:rabbi@tbjconcord.org).