



RABBI'S MESSAGE: REQUEST FOR HELP

One of my favorite services each year has become confirmation. It is when I ask our Betenu Alumni to attend services and welcome the new confirmands. I see it as a formalized variation of *le-do va-dor* (from generation to generation) where the new confirmands are welcomed by the previous generations of confirmands. In Betenu's early years, I used to send a written invitation to each Betenu Alumnus (Alumna) to join us. As that number has grown to about 100, three things have happened:

Due to moving, I no longer have addresses of many Betenu alumni.

A number of parents are no longer members of Betenu, so I can't just reach alumni by asking parents to forward the invitations.

With strained budgets, and higher postage rates, it's just not practical any more.

And yet I feel that there is reason to expect 10 to 20 alumni in the region who would find this event to be meaningful.

Having said that, my guess is that modern social media will allow us a way to track down valid email addresses for most Betenu Alumni. If you are willing to try please contact me. A "Betenu Alumni Facebook" page, this may be the answer to how to keep in touch with our alumni in a way that is practical and economical.

When contemplating August's newsletter, it seemed too early for High Holyday Greetings – and now looking ahead, September's newsletter may well be too late! So, I commend you to my message in the High Holyday booklet that will be distributed at services for my *Yom Tov* message.

Karen and I send you all our very best wishes for a happy, healthy and prosperous 5771.

Le-sha-na to-vah ti-ka-tei-vu,

Joshua L. Segal, Rabbi



BETENU INFO

SPECIAL NOTE: Some members of Betenu are physically sensitive to certain aromas coming from perfumes, colognes, hairsprays the like. These aromas can cause migraines and a host of other problems. Please be aware of that when you come to Betenu.

Please **DO NOT** bring scented items for the SHARE donation bin.

Betenu has natural cleaning products available for use. Please **DO NOT** bring your own cleaning products for oneg or other cleanup.

Thank you!



AND FOR ONLINE SHOPPING... TEXTBOOKS AND A MILLION OTHER THINGS...

Don't forget to shop through Betenu's link to Amazon.com. Betenu will receive a percentage of the purchase price.

You can shop for books and a million other things through this link. Just go to our website: www.betenu.org, put your cursor over "Search new and used, Amazon.com", and when the cursor changes, click. Or you can enter your search right there and click "Go".

It's that simple! And don't forget to purchase your textbooks here!

We receive about \$20 a month from this program - Thank you & keep shopping!!!!

BETENU ACCEPTS MC, VISA & Discover!

You can use MasterCard, VISA or Discover card to pay membership fees, school tuition, gift store purchases, or even to make a donation! Call the office (or stop in) to arrange the charge and let us know the amount and what it's for.



CONGREGATION BETENU

Rabbi: Joshua Segal 603-886-1633

or rabbi@betenu.org

President: Michael Goldstein 603-424-9953

or president@betenu.org

VP Finance: Peter Stein 603-465-6036

VP Admin: Roberta Pavoll 603-672-9820

(Acting) VP Educ: Sheryl Liberman 603-424-4609

Secretary: Elissa Kahn 603-673-8283

(Acting) Treasurer: Joel Silberberg 603-472-8143

Trustee: Vivian McGuire 603-882-3139

Trustee: David Stern 603-880-0442

Trustee: Bob Rimalover 603-672-5629

Trustee@Large: Sara Murphy 603-465-7119

Past Pres: Dave Spokane 603-672-0554

Newsletter Editor: Elissa Kahn



HIGH HOLY DAY INFORMATION

FOR MORE ENJOYABLE HIGH HOLY DAY SERVICES

IN THE INTEREST OF HAVING EVERYONE GAIN THE MOST MEANING FROM OUR SERVICES, PLEASE FOLLOW THESE GUIDELINES:

- ✧ Tickets are required for all High Holy Day services at Betenu. Members in good standing will receive their tickets in the mail free-of-charge. Non-members may call the temple office at 886-1633 to order their tickets in advance. There is a suggested donation of \$175 per ticket.
- ✧ Please bring your tickets with you to ALL services. There will be an express line to enter the building for those with tickets. For those people without tickets, there will be another line where you will be required to fill out information, show identification, and make financial arrangements.
- ✧ Members have preferential seating in the sanctuary up until 15 minutes before each service begins.
- ✧ When taking your seat, please move all the way to the end of the row. DO NOT leave seats empty in the middle of the row. This way there will be room for all.
- ✧ Parents with children in the babysitting room should sit upstairs so you can be easily found if you are needed.
- ✧ Remember the solemnity of the Kol Nidre and Yizkor services on Yom Kippur. Parents should use their best judgment to determine whether their children can sit quietly for these services. Otherwise, parents may be asked to take their children upstairs to the Kindergarten room.
- ✧ Babysitting will be available during the morning services on both Rosh HaShana (Thursday, September 9th) and Yom Kippur (Saturday, September 18th) in the Kindergarten room.
- ✧ Junior services will be available during the morning services on both Rosh HaShana (Thursday, September 9th) and Yom Kippur (Saturday, September 18th) in the front classroom.

PARKING

Please respect and follow these important parking rules:

- ✧ The roadway behind Betenu is a FIRE LANE. Parking behind Betenu is prohibited.
- ✧ The three legal spaces on the side of the building are reserved for the Rabbi, the Cantorial Soloist, and the President (or the highest bidder). Please respect this.
- ✧ The five legal spaces directly in front of Betenu's front door are reserved for handicapped access. Please respect this.
- ✧ On Erev Rosh HaShana, Wednesday evening, September 8th, parking is available in the condo lot.
- ✧ On Rosh HaShana Day, Thursday, September 9th, parking is NOT available in the condo lot. It is a workday and the offices all use the parking lot. Please park on Northern Blvd or on Columbia Drive on the side of the street closest to Betenu. Only handicapped parking is available!
- ✧ On Kol Nidre, Friday evening, September 17th, parking is available in the condo lot.
- ✧ On Yom Kippur day, Saturday, September 18th, parking is available in the condo lot.
- ✧ You may also park in far end of the Wal-Mart lot (closest to Betenu).

HIGH HOLY DAY INFORMATION



HHD SERVICES DETAILED SCHEDULE

Erev Rosh HaShana: Wed, Sept 8, 7:30 PM

Sermon: Hope

Custom: On Death and Dying: Part 1. At Death

Rosh HaShana: Thurs, Sept 9, 10:30 AM

Sermon: 21st Century Jewish Top 10 List (with Commentary)

Custom: On Death and Dying: Part 2. At and just after the Funeral

Shabbat Shuvah: Fri Sept 10, 7:30 PM

Custom: On Death and Dying: Part 3. Shivah

Kol Nidre: Fri, Sept 17, 7:30 PM

Sermon: For Condemning in Our Children the Faults We Tolerate in Ourselves

Yom Kippur: Sat, Sept 18, 10:30 AM

Sermon: Pain

Custom: On Death and Dying: Part 4. The First Year

Yom Kippur: Sat, Sept 18, 1:15 PM

Break—Activity TBA

Yom Kippur: Sat, Sept 18, 3:45 PM

Yizkor, Ne-i-lah

Custom: On Death and Dying: Part 5. Yahrzeits and cemetery Visits

Yom Kippur: Sat, Sept 18, 7:00 PM

Break-the-fast: hosted by Faith Episcopal Church





September 2010 (5770-71)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 7:30 pm Rabbi-led Service	4 8 pm Selichot Service at Betenu Selichot Nitzavim-Vayelech
5	6 Labor Day	7	8 7:30 pm RH Service Erev Rosh HaShanah	9 10:30 am RH Service Rosh HaShanah	10 7:30 pm Rabbi-led Erev Shabbat Shuvah Service Rosh HaShanah	11 Ha'azinu Shabbat Shuvah
12 9:15am Religious School #1 & Parent Meeting Fast of Gedalia	13 7:30 Executive Board Mtg	14	15	16	17 7:30 pm Kol Nidre	18 10:30 am YK 3:45 pm YK / Yizkor Ne-i-lah 7pm Break-fast
19 9:15am Religious School #2 & 1pm Rabbi-led Sukkah Bldg Party	20	21	22 Erev Sukkot	23 Sukkot	24 7:30pm Rabbi-led Sukkot / Simchat T. Service Sukkot	25 10:30am TotShabbat #1 Chol HaMoed
26 9:15am Religious School #3 Sukkot	27 Sukkot	28 Sukkot	29 Hoshanah Rabbah	30 (In Israel— Simchat Torah) Simchat Torah Shemini Atzerat		



October 2010 (5771)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 7:30 pm Lay-led Service	2
3 9:15am Religious School #4	4	5	6	7	8 7:30 pm Rabbi-led Service Rosh Chodesh: Cheshvan	9 Rosh Chodesh: Cheshvan
10 9:15am Religious School #5	11 Columbus Day	12	13	14	15 7:30 pm Rabbi-led Service	16 6pm Havdallah / Food & Bingo event
17 9:15am Religious School #6	18 7:30pm General Board Mtg	19	20	21	22 7:30 pm Lay-led Service	23 10:30am TotShabbat #2
24 9:15am Religious School #7	25	26	27	28	29 7:30 pm Lay-led Service	30
31 9:15am Religious School #8						



HIGH HOLY DAY TICKETS

Tickets are required for all High Holy Day services at Betenu. All members in good standing will receive their tickets in the mail free-of-charge. We will continue to provide tickets at no cost to military personnel and students. Non-members may call the temple office at 886-1633 to order tickets in advance. Any non-member who purchases tickets for the High Holy Days and then chooses to join the temple by December 2010, will receive full credit of the purchase price of the ticket towards the membership dues. The cost per adult ticket is \$175.

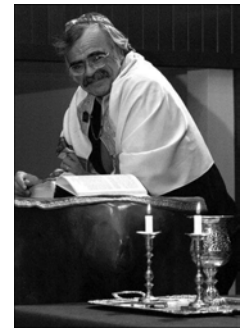
COMING UP AT BETENU



RABBI-LED FIRST FRIDAY SERVICE

Friday, September 3rd, 7:30pm

- ✧ family-friendly service followed by an
- ✧ oneg followed by
- ✧ Torah study with Rabbi.



SELICHOT AT CONGREGATION BETENU

September 4th, 8pm

This year we are hosting the Selichot Service. There will be a discussion (“Did G-d create us or did we create G-d?”), followed by refreshments and then the service.

ROSH HASHANA & YOM KIPPUR

Please see the detailed schedule on the High Holy Day Information Pages.

SHABBAT SHUVAH

Friday, September 10th, 7:30pm

The Sabbath between Rosh HaShana and Yom Kippur is Shabbat Shuvah (Sabbath of Return). Its haftarah reading begins with “Shuvah Yisrael (Return of Israel)”. It also pulls meaning from “Shabbat Teshuvah” (Sabbath of Repentance), for the High Holydays.

There are two haftarah readings:

Hoshea 14:2-10, dealing with earnest repentance and; Micah 7:18-20, praising G-d’s mercy.



COMING UP AT BETENU continued...

RABBI-LED SUKKAH BUILDING PARTY!

Sunday, September 19th, 1pm

Last year we had a great time! Join in this year as we learn about and decorate the Sukkah with Rabbi Segal. Lunch provided.



RABBI-LED SUKKOT / SIMCHAT TORAH SERVICE

Friday, September 24th, 7:30pm

Please join us and bring the kids—this is a service for all ages! And, if we have enough people and the weather is decent, we will roll out the entire Torah outside and Rabbi will give us a guided tour—informative and fun!!! (We do need enough people to hold the Torah while others look on, then switch places.)

TOT SHABBAT

September 25th, 10:30am
October 23rd, 10:30am

For the little ones ages 2 to 5 years: bring a healthy snack and a drink and join the fun as Rahel leads with stories, music and movement. Note: please accompany your child(ren).



GENERAL BOARD MEETING

October 18th, 7:30pm

All are invited to attend the general board meetings which are even months (February, April...), usually the third Monday at 7:30pm. Talk to Mike Goldstein ahead of time if you are interested in putting something on the agenda.

RELIGIOUS SCHOOL 1ST DAY & PARENT ORIENTATION

Sunday, September 12th

Parents and students please attend this first day.

Grades 1 & 2 start at 9:15 (doors open at 9am).

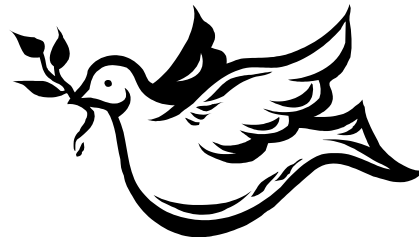
Grades 3—7 start at 10:15.

Parent meeting is from 10—11am.



BETENU PAGES**BETENU THANKS**

- ✧ August oneg hosts: Diane Becker & Amy Juzscak, and all who contributed to the onegs.
- ✧ Everyone who helped by taking trash or recycling home.
- ✧ Dick Amitai Brown for his help with the computer, including installing a backup system and new memory.
- ✧ Burt Janz for teaching us to blow shofar.
- ✧ All who came to shofar lessons: Jennifer Starr; Ariella Stein; Bob Rimalover; Erik Rimalover; Rahel Limor & Elissa Kahn.
- ✧ Sheryl Liberman for organizing Rosh Chodesh.
- ✧ Sheryl Liberman for coordinating Kabbalah classes.
- ✧ Eitan Zeira for teaching Kabbalah classes.

**DONATIONS**

Congregation Betenu acknowledges with appreciation the following contributions made during the month of June

Elissa Kahn in memory of
Betty Hirsch, mother of Doug Hirsch

Elissa Kahn in memory of
Michael Goldhaber,
cousin of Sheryl Liberman

Elissa Kahn in memory of Joel Silberberg's family in the Ukraine that were killed and buried together in August 1942.

Elissa Kahn for the yahrzeit of her Grandmother, Elizabeth Paonessa

Elissa Kahn for the yahrzeit of her cousin, Billy Palmieri

SEPTEMBER BIRTHDAYS

Shelby Anderson	Craig Liberman	Lillian Stein
Isaiah Baker	Matthew Schechter	Freddy Stern
Liza Landry	Shaina Schwartz	Mikayla Jones





BETENU PAGES



WELCOME NEW MEMBERS!

Allison & John Leary and their children
Alexa & Amanda of Amherst, NH



Yahrzeits for SEPTEMBER



Norma Hayim Asher.....	mother of Nancy Sagon.....	September 1
Jacob Hurwitz.....	great-grandfather of Amy Juszczak.....	September 2
Patricia Starin.....	mother of Mark Starin.....	September 6
Edith Rosenthal.....	grandmother of Elyse Wasserman.....	September 7
Marvin Wiener.....	father of David Wiener.....	September 8
Gloria Cohen.....	mother of Diana Stern.....	September 9
Samuel M. Cohen.....	father of Rich Cohen.....	September 9
Lillian Goodman.....	mother of Jory Goodman.....	September 12
Billy Palmieri.....	cousin of Elissa Kahn.....	September 13
Mark Friedman.....		September 15
Robert List.....	father of Diane Savage.....	September 17
Marvin Spokane.....	father of Dave Spokane.....	September 20
Alfred Ascher.....	father of Sonia Ascher.....	September 22
Wanda Blotcky.....	mother of Steve Blotcky.....	September 22
Dr. Ralph Rosen.....	grandfather of Benjamin Rosen.....	September 25
Frances Korins.....	mother of Sarah Korins.....	September 26
Herman Wasserman.....	father of Lenny Wasserman.....	September 27
Dr Edith Jagendorf Gitman.....		September 27
Matthew Ben-Lesser.....	father of Eugene Lesser.....	September 28
Morris Mailman.....	father of Steve Mailman.....	September 30



ADULT EDUCATION

HEBREW LANGUAGE INSTRUCTION, TORAH STUDY AND MORE

Bar / Bat Mitzvah... not the end of the road! There's Torah study with the Rabbi, Hebrew language instruction with Rahel, Kabbalah Havruta with Eitan Zeira, and plenty of other learning opportunities throughout the year. Maybe you have an idea, or would even like to teach a class. If so, contact the office 886-1633 or Betenu@nii.net.

Quench your thirst — jump into the well of Judaic studies.

(Rahel's classes are offered at a discount to Betenu members.)



ROSH CHODESH FOR WOMEN

Join the Rosh Chodesh group for a short service, group discussion and nosh. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

KABBALAH GROUP

Saturdays at 12:30pm—about once every 3 weeks

Congregation Betenu and Temple Beth Abraham have a Kabbalah group. The suggested book is Inner Space by Kaplan. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

Video of Sh'ma Meditation by Rabbi Aryeh Kaplan:

www.youtube.com/watch?v=x9bwEFS7Btk&feature=related





EDUCATION

Sunday Religious School Personnel:

VP Education: Sheryl Liberman

Hebrew / Continuing Hebrew: Sonia Campeanu

Hebrew & Jewish Studies: Sandra Whitman

Principal: Rahel Limor

Hebrew Assistant: Nina Matovka

Madricha: Rachel Liff



ACCEPTING STUDENTS REGULAR RELIGIOUS SCHOOL / POST HEBREW SCHOOL

Registration has begun for 2010-11 for our weekly Sunday classes for Grades 1-7 and our Rabbi-taught post Bnei Mitzvah classes for Grades 8 & 9. For questions or to get a registration form please call the temple office at 886-1633 or contact Rahel at rahel@rahelmusic.com.

BETENU PAGES

ONEG SHABBATS

To host an Oneg, one brings the food, drinks, and challah, and sets up and cleans up.

To sponsor an Oneg, one pays \$54 and the Oneg committee will purchase the food, set up and clean up. Either way you do it, you can honor a birthday, an anniversary, or any other special event in your life, by choosing the Oneg closest to that special date. Or you can remember the Yahrzeit of a loved one by hosting or sponsoring the Oneg on the Shabbat when you come to say Kaddish. If you have a date in mind, please call Roberta Pavoll at 672-9820.

The following Onegs will be hosted by:

September 3: Open

September 4: Board of Directors (Selichot)

September 8: Board of Directors (Rosh HaShanah)
Challah by Suzanne Maine & Diane Becker

September 9: Board of Directors (Rosh HaShanah)
Challah by Diane Becker & Suzanne Maine

September 10: Open

September 17: none (Erev Yom Kippur)

September 18: Faith Episcopal Church for Break-the-Fast

September 24: Dave Spokane in memory of his father, Marvin Spokane



Won't you please choose an Oneg date and help foster the sense of community at Betenu? Thank you.

BETENU BITS



MAZEL TOV

Daniel Thompson on his graduation from Milford High School, June 2010. He will be attending Northeastern University School of Engineering in the fall.



MAZEL TOV

To Matt Spokane
on reaching Life Rank
in the Boy Scouts of America



Life Rank Requirements:

1. Be active in your troop and patrol for at least 6 months as a Star Scout.
2. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.
3. Earn 5 more merit badges (so that you have 11 in all), including any 3 more from the required list for Eagle.
4. While a Star Scout, take part in service projects totaling at least 6 hours of work. These projects must be approved by your Scoutmaster.
5. While a Star Scout, serve actively 6 months in one or more of the positions of responsibility listed in requirement 5 for Star Scout (or carry out a Scoutmaster-assigned leadership project to help the troop).
6. While a Star Scout, use the EDGE method to teach a younger Scout the skills from ONE of the following six choices, so that he is prepared to pass those requirements to his unit leader's satisfaction.
 - a. Second Class - 7a and 7c (first aid)
 - b. Second Class - 1a (outdoor skills)
 - c. Second Class - 3c, 3d, 3e, and 3f (cooking/camping)
 - d. First Class - 8a, 8b, 8c, and 8d (first aid)
 - e. First Class - 1, 7a, and 7b (outdoor skills)
 - f. First Class - 4a, 4b, and 4d (cooking/camping)
7. Take part in a Scoutmaster conference
8. Complete your board of review.
9. Choose any of the 15 required merit badges in the 12 categories to fulfill requirement 3.



BETENU BITS

MAZEL TOV

To the Campeanu Family for becoming
Citizens of the United States of America!



From left: Sonia, daughter Tivan and husband Emil

SHOFAR LESSONS

SHOFAR CLASS #2





COMMUNITY HAPPENINGS

FOOD NEEDED!

The food pantries are in desperate need this year. Any donation would be appreciated. You may bring a food item directly to SHARE or the Nashua Soup Kitchen. If it is nonperishable, you may drop it off at Betenu (no scented products please) and we will deliver it to SHARE.

Wish lists: www.sharenh.org/food.html and www.nsk.org/CurrentWishList.asp

OTHER ITEMS

For a list of other items needed please see:

www.sharenh.org or 603-673-3660: seasonal clothes and new socks and underwear

www.nsk.org/CurrentWishList.asp Questions? Call Carol at 889-7770 ext 21

INFO FROM SNHJMC Southern NH Jewish Mens Club

Membership form: <http://snhjmc.home.comcast.net/~snhjmc/resources/SNHJMCFORM.pdf>

“ISRAEL IS REAL”



Listen live on the radio WSMN 1590AM or via the Internet at www.wsmnradio.com, every Friday from 10-11 am. Archived interviews can be heard at www.israelisreal.weebly.com.



Advertising and show sponsorship available.



Voice of ISrael Initiative of New Hampshire

Check the website for the next **VISION MEETING** and other important information. Meetings will be held on Wednesdays and Thursdays this year! All friends of Israel are welcome.

Check out www.nh4israel.org for more upcoming events, articles and more...



**CONGREGATION BETENU
FIVE NORTHERN BLVD #1
AMHERST, NH 03031 USA**