



L'dor v'dor at Betenu

by Sheryl Liberman

SUMMER'S warmth and casual attitudes begin to dwindle as we prepare to welcome the New Year, 5775. At Betenu, beach and lake dreams, ice cream stand treats, ball games, playful days and evenings are replaced with serious High Holiday planning, the onset of Religious School classes, fundraising attempts, publicity and more.

We have much to look forward to this year: **Nate DeGroot** will return and lead us in Rosh Hashanah and Yom Kippur services and observances; Sunday school begins on Sept. 7; **Rebekah Goldman** will conduct Shabbat services on Sept. 12, teach in our school on Sept. 14, then join us as a rabbinic intern in January after her return from Israel.

Speaking of looking forward, this season is always

HIGH HOLIDAYS SCHEDULE

Rosh Hashanah Services

Weds. Sept. 24 7:30 pm Thurs. Sept. 25 10:30 am

Shabbat Shuvah Service

Fri. Sept. 26 7:30 pm

Yom Kippur Services

Fri. Oct. 3 7:30 pm Sat. Oct. 4 10:30 am



an opportune time to think of Betenu's inter-generational population. There is a direct relationship between the school, students, parents and our entire congregation.

How can we strengthen that relationship between our congregants? I'll share some ideas I've had while working with the children at Sunday school.

Join us at our weekly Shabbat services. We'll have "Class participatory services" in October, November and December. Your presence sends a message to our younger

people about this celebration's importance. Musical Shabbat services and early 7 pm services are also held monthly. Why not take part?

Volunteer. You can fund-raise, visit our school, help with office work, go to board meetings, host an oneg or celebrate holidays with your Betenu family.

Tell your friends. Spread the word about us and bring friends to events and holidays. Our calendar for 5775 at Betenu is chock-full of events and plans. Just come and enjoy!

Remember: your children are watching, regardless of their age. We can make *l'dor v'dor* our reality here at Betenu, but only if we have your participation and involvement.

L'dor v'dor is a major part of Judaism, stressing the importance of passing on traditions to the next generation in order to keep them alive.

IN THIS ISSUE

Co-President's Message

News & Notes

Education News

Special Section:
The High Holidays

September/October
Calendars

CONGREGATION BETENU

A Member of the Union
for Reform Judaism

5 Northern Boulevard
Amherst, NH 03031
(603) 886-1633

On the Web:
www.betenu.org

To submit articles
or information, email the
Betenu office.



Now Hear This

An announcement in our Holiday Booklet is a great way to express best wishes or honor your loved ones. Sizes and prices are as follows:

- ◆ Full-page ad
(4" w x 6.5" h): \$100
- ◆ Half-page ad
(4" w x 3" h): \$60
- ◆ Quarter-page ad
(2" w x 3" h): \$36

Ads must be submitted in electronic .jpg format and emailed by Sept. 8. Thank you!

NEWS & NOTES

ACKNOWLEDGMENTS

Thank You!

- ◆ All parents attending the Aug. 19 school meeting, and **Barbara Bailey** for leading children's activities
- ◆ Everyone who participated in our Macy's "Shop for a Cause" fundraiser
- ◆ **Elsa Conrad, Sheryl Liberman** and **Vivian McGuire** for their oneg sponsorship

Happy Birthday!

- ◆ Erin Lessard
- ◆ Matthew Schechter

Selichot Service at Temple Beth Jacob on Sept. 20

Temple Beth Jacob will host a 7 pm Selichot service on Saturday, Sept. 20 at 67 Broadway in Concord. For directions and information, visit the temple website online at tbjconcord.org.

Y AHRZEITS

In Loving Memory Of:

- ◆ **Norma Hayim Asher**
mother of Nancy Sagon September 1
- ◆ **Jacob Hurwitz**
great-grandfather of Amy Juszczak September 2
- ◆ **Patricia Starin**
mother of Mark Starin September 6
- ◆ **Edith Rosenthal**
grandmother of Elyse Wasserman September 7
- ◆ **Marvin Wiener**
father of David Wiener September 8
- ◆ **Gloria Cohen**
mother of Diana Stern September 9
- ◆ **Samuel M. Cohen**
father of Rich Cohen September 9
- ◆ **Lillian Goodman**
mother of Jory Goodman September 12
- ◆ **Billy Palmieri**
cousin of Elissa Kahn September 13
- ◆ **Mark Friedman** September 15
- ◆ **Robert List**
father of Diane Savage September 17
- ◆ **Marvin Spokane**
father of Dave Spokane September 20
- ◆ **Alfred Ascher**
father of Sonia Ascher September 22
- ◆ **Wanda Blotcky**
mother of Steve Blotcky September 22
- ◆ **Dr. Ralph Rosen**
grandfather of Benjamin Rosen September 25
- ◆ **Frances Korins**
mother of Sarah Korins September 26
- ◆ **Herman Wasserman**
father of Lenny Wasserman September 27
- ◆ **Dr. Edith Jagendorf Gitman** September 27
- ◆ **Matthew Ben-Lesser**
father of Eugene Lesser September 28
- ◆ **Morris Mailman**
father of Steve Mailman September 30

CONGREGATION BETENU OFFICERS

Co-Presidents: Elsa Conrad 879-9189, Sheryl Liberman 424-4609

VP Finance: Bob Rimalover 672-5629

VP Education: Pam Blotcky 882-4029

VP Administration: Barbara Bailey 880-9355

Membership: Mark Starin 486-8083

Trustees: Steve Blotcky 882-4029, Allison Leary 672-4774, Vivian McGuire 882-3139, Roberta Pavoll 672-9820

Trustees At-Large: Sara Murphy 465-7119, Joel Silberberg 472-8143

Oneg/Interfaith Representative: Roberta Pavoll 672-9820

Publicity: Barbara Bailey 880-9355, Marcella Dube 673-9412

Rabbi Emeritus: Joshua Segal emeritus@betenu.org

New Calendars Are Here

The New Year hasn't arrived yet—but the calendar certainly has!

Betenu's supply of 5775 calendars with all the Jewish holidays is going fast, so stop by and get yours soon.

5775

Six Ways to Volunteer This Month

BETENU needs you! With Rosh Hashanah and Yom Kippur nearly here, we'd like your help to make sure that everyone attending enjoys the smoothest and most fulfilling experience we can possibly offer.

Just call **Elsa Conrad** at 879-9189 or get in touch with **Sheryl Liberman** at 424-4609. You'll find that contributing adds extra meaning to the holidays.



1. Help out behind the scenes by donating bottled water, toilet tissue, paper towels or plastic tablecloths.
2. Lead or assist with our children's services on Sept. 25 or Oct. 4.
3. Greet congregants on Rosh Hashanah (Sept. 5) or Yom Kippur (Sept. 14).
4. Hand out prayer books at our services on Sept. 5 and/or Sept. 14.
5. Blow the shofar.
6. Read a meditation, either in Hebrew or English. Contact **Sanders Burstein** to volunteer for a Torah service reading in Hebrew (see page 4). Or contact **Elsa Conrad** to do an English reading.

FROM THE EDUCATION COMMITTEE



SCHOOL NOTES

- ◆ School begins on Sunday, Sept. 7 at 9 am. Don't miss it! Bring a pen or pencil, water, a snack and a smile. Parents should plan on finishing any unfinished forms at that time.

- ◆ **Rav Rebekah Goldman** will be leading school activities on Sept. 14.
- ◆ Parents are welcome to join us for Sukkah building on Oct. 5.

What's New

This year, Grades 5-7 will take part in monthly "Class participatory services" with an early 7 pm starting time, beginning on Friday, Oct. 24. Musical Shabbat services with **Sarah Noyovitz** will also be held monthly, starting Friday, Oct. 10. To learn more, call **Sheryl Liberman** at 424-4609.



Honoring Loved Ones on Yom Kippur

Betenu will be distributing a Yizkor Memorial Booklet on Saturday, Oct. 4 to honor deceased relatives and friends. The booklets will be handed out on Yom Kippur at the Yizkor service, and the names in the booklet will be read aloud at that service.

To honor your loved ones, email the following information to us by Sunday, Sept. 14:

- ◆ Name to be memorialized
- ◆ Relationship to donor
- ◆ Donor name

Please enclose a minimum donation of \$6 per name, in a check made out to Congregation Betenu. (Note that we do not ask for a donation for names of people who died in the last year.) Checks should be mailed to Congregation Betenu, 5 Northern Blvd, #1, Amherst, NH 03031.



High Holidays Food Drive

To help those in need, we ask you to take one of our empty bags during Sept. 24-25 services and return it full of nonperishable foodstuffs and items by Oct. 4. Donations will be delivered to SHARE. For ideas, visit www.sharenh.org. Thank you!



“You may read a blessing or portion in English or Hebrew. We can provide transliteration, or even an MP3 to help you learn. Or you may decide to read in English just for the chance to stand at the Torah.”

You Can Be an *Aliyot* Reader—It’s Easy!

by Sanders Burstein

SINCE the first time I chanted a blessing in front of the Torah as a Bar Mitzvah, I have always found a special thrill in belonging to a people with such a powerful connection to their heritage; it’s hard to describe, and it has never diminished.

To help you feel that same thrill when standing at the Torah this Rosh Hashanah and/or Yom Kippur, there will be opportunities for all. You may read a blessing or portion in English or Hebrew. We can provide transliteration, or even an MP3 to help you learn.



Or you may decide to read in English just for the chance to stand at the Torah. That is the type of inclusion we’re looking for. I will find a blessing or portion for everyone who asks. It’s as easy as emailing me

with your preference for Rosh Hashanah morning, Yom Kippur morning, or Yom Kippur afternoon. Or all three! I will work with you so you can feel that same timeless thrill this High Holiday season.

HIGH HOLIDAYS QUIZ ... from Aish.com

- The preparatory month before Rosh Hashanah is called:
 - Tammuz
 - Tishrei
 - Elul
 - Slichot
- Moses came down with the second set of tablets on:
 - Rosh Hashanah
 - Yom Kippur
 - Shavuot
 - Tammuz
- The shofar symbolizes:
 - the coronation of God as King of the Universe
 - the sobbing cry of a yearning heart
 - an alarm clock, arousing the spiritual slumber
 - all of the above
- Another name for Rosh Hashanah is:
 - Day of Revenge
 - Day of Remembrance
 - Day of Atonement
 - Day Off of Work
- We dip apples in honey on Rosh Hashanah to:
 - support locally grown produce
 - symbolize our prayer for a sweet New Year
 - find religiously acceptable ways to binge on holiday sweets
 - give children an opportunity to sing "Dip the Apple"
- The day after Rosh Hashanah is called:
 - Fast of Exile
 - Diet Day
 - Fast of Gedalia
 - 1st Day of the Year
- The time period between Rosh Hashanah and Yom Kippur is known as:
 - 7 Days of Unity
 - 10 Days of Teshuva
 - 11 Days of Abstinence
 - 14 Days of Amnesty
- The famous prayer chanted at the outset of Yom Kippur is:
 - Hatarat Nedarim
 - Yizkor
 - Kol Nidrei
 - Amidah
- One of Yom Kippur’s prohibited activities is:
 - talking
 - sleeping
 - wearing leather belts
 - wearing leather shoes
- If someone is in life-danger on Yom Kippur, they should:
 - continue to fast, even at pain of death
 - eat small amounts at a time
 - eat normally, but skip dessert
 - eat normally, but only when nobody is looking

ANSWERS: 1c, 2b, 3d, 4b, 5b, 6c, 7b, 8c, 9d, 10b

High Holidays Guide

KEY DATES

- ▶ Rosh Hashanah begins at sundown on Wednesday, Sept. 24. Services are at 7:30 pm that night and then at 10:30 am on Thursday, Sept. 25. Yom Kippur begins with Kol Nidre on Friday, Oct. 3 at 7:30 pm. Services will go all day on Saturday, Oct. 4, starting at 10:30 am with a break between 1 pm and 3:30 pm. Our Break-the-Fast meal will be at 7 pm, courtesy of Faith Episcopal Church.



ADMISSION/TICKETS

- ▶ Betenu has sent out High Holiday Admission letters to all members in good standing. We also provide admissions at no cost to military personnel and students. Non-members may call Betenu at 886-1633 to order tickets in advance. Any non-member who purchases tickets for the High Holy Days and chooses to join the temple by the end of December, will receive full credit toward dues. Cost per adult ticket is \$300, or \$500 per family.

PARKING

- ▶ **Please respect and follow these important parking rules:**

- ◆ The roadway behind Betenu is a FIRE LANE. Parking behind Betenu is prohibited.
- ◆ The three legal spaces beside the building are reserved for the Rabbinic Intern, the Cantorial Soloist, and the President. Please respect this.
- ◆ The five legal spaces directly in front of Betenu's front door are reserved for handicapped access.
- ◆ For evening or weekend services, parking is available in the condo lot.
- ◆ For weekday services, parking is NOT available in the condo lot. It is a work day and the offices all use the parking lot. Please park on Northern Blvd or on Columbia Drive on the side of the street closest to Betenu. Only handicapped parking is available!
- ◆ You may also park in far end of the Wal-Mart lot (closest to Betenu).

COURTESY

- ▶ **For a more enjoyable High Holidays experience, try to follow these guidelines:**

- ◆ Please bring your admission letters with you to ALL services. This will expedite entry. For people without letters, there will be another line requiring you to fill out information, show identification, and make financial arrangements.
- ◆ Members have preferential seating in the sanctuary until 15 minutes before each service begins.
- ◆ When taking your seat, please move all the way to the end of the row. DO NOT leave seats empty in the middle of the row. This way there will be room for all.
- ◆ Parents with children in the babysitting room should sit upstairs so you can be found quickly if needed.
- ◆ Remember the solemnity of the Kol Nidre and Yizkor services on Yom Kippur.
- ◆ Parents should use their best judgment to determine whether their children can sit quietly for these services. Otherwise, parents may be asked to take their children upstairs to the Kindergarten room.
- ◆ Babysitting will be available during the morning services on both Rosh Hashanah and Yom Kippur in the kindergarten room.

September at Betenu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Labor Day	2	3	4	5 Family Friendly Lay-Led Service, 7 pm	6 <i>Ki Tetze</i>
7 1st Week of Sunday School, 9 am	8	9 Election Day	10	11	12 Potluck Dinner, 6:30 pm Service with Rav Rebekah, 7:30 pm	13 <i>Ki Tavo</i>
14 Sunday School w/Rav Rebekah, 9 am	15 Executive Board Meeting, 7:30 pm	16	17	18	19 Lay-led Service, 7:30 pm	20 Selichot Service@Temple Beth Jacob, Concord, 7 pm
21 Sunday School, 9 am	22	23	24 Erev Rosh Hashanah Service, 7:30 pm	25 Rosh Hashanah Service, 10:30 am <i>Happy 5775!</i>	26 Lay-led Shabbat Shuvah Service, 7:30 pm	27 <i>Ha'azinu</i> <i>Shabbat Shuvah</i>
28 Sunday School, 9 am	29	30				

October at Betenu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3 Kol Nidre Service with Nate DeGroot, 7:30 pm	4 Yizkor & Yom Kippur Services, 10:30 am Break-the-Fast meal, 7 pm
5 Religious School, 9 am	6	7	8	9	10 Musical Service w/Sarah Noyovitz, 7:30 pm <i>Sukkot</i>	11 <i>Chol Hamoed</i>
12 Religious School, 9 am	13	14	15 <i>Hoshanah Rabbah</i>	16 <i>Shemini Atzeret Yizkor</i>	17 PULPIT SWAP: Rabbi Beth Davidson, TAY 7:30 pm <i>Simchat Torah</i>	18 <i>Bereshit</i>
19 Religious School, 9 am	20	21	22	23	24 Student Participation Service (Grades 5-7), 7 pm	25 <i>Noach Rosh Chodesh</i>
26 Religious School, 9 am	27	28	29	30	31	