

## **RABBI'S MESSAGE: BUILD THE SUKKAH – TEAR DOWN THE SUKKAH**

As we go through life, it becomes apparent that so much of the focus of government and charitable spending is focused on the young with their potential. During World War II, youth aliyah was organized to rescue children from the holocaust; when our government has been unable to help anyone between 18 and 65 on medical coverage, Congress was able to pass the CHIP (Children's Health Insurance Program) and some of the most popular charities are associated with rescuing or helping children.

Beginnings are wonderful and exciting. But don't forget about ourselves. Once we grow up, we will never be eligible for all of those programs and programming. What about us? We are the existing and the established.

My analogy is with Sukkot. It's easy to collect a bunch of people, have a party and build a Sukkah. The problem comes, when a month after Sukkot, the remains of the Sukkah sit on our back deck with the decorations soggy from the rains – and I might add: looking terrible!

So please remember: As we ask our government to be good to our kids, don't forget about ourselves and our peers. And when we have a party to build a Sukkah – how about scheduling a party to take it down and clean it up.

A couple of housekeeping points:

The *mi-she-bei-rach* list has grown quite long. I will be purging the list in October and depend on you to give me names that should remain on the list.

I have an unusually light year for Bnei Mitzvah. So anyone who would like to meet with me on Thursday evenings, I am more available this year than I am in most years.

More publicity soon, but please put Saturday, November 14 on your schedule for the 5 Rabbis Program, where Rabbis Abramson, Karol, Klein, Rieser and Segal will talk about their books.

Best wishes for a happy Sukkot.

*Be-ve-ra-cha,*

Joshua L. Segal, Rabbi



## BETENU INFO

**SPECIAL NOTE:** Some members of Betenu are physically sensitive to certain aromas coming from perfumes, colognes, hairsprays the like. These aromas can cause migraines and a host of other problems. Please be aware of that when you come to Betenu.

Please **DO NOT** bring scented items for the SHARE donation bin.

Betenu has natural cleaning products available for use. Please **DO NOT** bring your own cleaning products for oneq or other cleanup.

Thank you!



## AND FOR ONLINE SHOPPING... TEXTBOOKS AND A MILLION OTHER THINGS...

Don't forget to shop through Betenu's link to Amazon.com. Betenu will receive a percentage of the purchase price.

You can shop for books and a million other things through this link. Just go to our website: [www.betenu.org](http://www.betenu.org), put your cursor over "Search new and used, Amazon.com", and when the cursor changes, click. Or you can enter your search right there and click "Go".

It's that simple! And don't forget to purchase your textbooks here!

**We receive about \$20 a month from this program - Thank you & keep shopping!!!!**

## BETENU NOW ACCEPTS MC, VISA & Discover!

You can use MasterCard, VISA or Discover card to pay membership fees, school tuition, gift store purchases, or even to make a donation! Call the office (or stop in) to arrange the charge and let us know the amount and what it's for.



## CONGREGATION BETENU

**Rabbi:** Joshua Segal 603-886-1633

or [rabbi@betenu.org](mailto:rabbi@betenu.org)

**President:** Dave Spokane 603-672-0554

or [president@betenu.org](mailto:president@betenu.org)

**VP Finance:** Peter Stein 603-465-6036

**VP Admin:** Roberta Pavoll 603-672-9820

**VP Educ:** Sheryl Liberman 603-424-4609

**Secretary:** Elissa Kahn 603-673-8283

**Treasurer:** Joel Silberberg 603-472-8143

**Trustee:** Vivian McGuire 603-882-3139

**Trustee:** David Stern 603-880-0442

**Trustee:** Michael Goldstein 603-424-9953

**Trustee@Large:** Sara Murphy 603-465-7119

**Past Pres:** Elsa Conrad 603-879-9189

**Newsletter Editor:** Elissa Kahn



# October 2009 (5770)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<i>1</i> 5-7:30 pm <b>Rabbi-led            Sukkot            Building            Pizza Party</b>	<i>2</i> 7:30 pm <b>Rabbi-led            Sukkot            Service</b>  Erev Sukkot	<i>3</i>       Sukkot
<i>4</i>  <b>9:30 am            Religious            School #3</b>  Sukkot	<i>5</i>       Sukkot	<i>6</i>       Sukkot	<i>7</i>       Sukkot	<i>8</i>       Sukkot	<i>9</i>  7:30 pm <b>Simchat Torah,            Consecration            Service</b>  Hoshanna Rabbah	<i>10</i>       Shemini Atzeret
<i>11</i>  <b>9:30 am            Religious            School #4</b>  Simchat Torah	<i>12</i>       Columbus Day	<i>13</i>       	<i>14</i>       	<i>15</i>       	<i>16</i>   7:30 pm <b>Lay-led            Service</b>	<i>17</i>   <b>10:30 am            Tot Shabbat            #1</b>
<i>18</i>  <b>9:30 am            Religious            School #5</b>  Rosh Chodesh: Cheshvan	<i>19</i>  7:30 pm <b>General Board            Meeting—All            are invited</b>  Rosh Chodesh: Cheshvan	<i>20</i>       	<i>21</i>       	<i>22</i>       	<i>23</i>  7:30 pm <b>Service            Pulpit Swap            Guest Rabbi            Rabbi Rieser</b>	<i>24</i>       
<i>25</i>  <b>9:30 am            Religious            School #6</b>	<i>26</i>       	<i>27</i>       	<i>28</i>       	<i>29</i>       	<i>30</i>   7:30 pm <b>Lay-led            Service</b>	<i>31</i>       



# November 2009 (5770)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>1</i> <b>9:30 am Religious School #7</b>	<i>2</i>	<i>3</i> Election Day	<i>4</i>	<i>5</i>	<i>6</i> <b>7:30 pm Rabbi-led FAMILY Service</b>	<i>7</i>
<i>8</i> <b>9:30 am Religious School #8</b>	<i>9</i> Krystalnacht (Nov 9-10, 1938 Germany)	<i>10</i> Krystalnacht (Nov 9-10, 1938 Germany)	<i>11</i> Veterans Day	<i>12</i>	<i>13</i> <b>7:30 pm Rabbi-led Service</b>	<i>14</i> 7 pm The 5 Rabbis Havdallah & Book Event
<i>15</i> <b>9:30 am Religious School #9</b>	<i>16</i> <b>7:30 pm Executive Board Meeting</b>	<i>17</i> Rosh Chodesh: Kislev	<i>18</i> Rosh Chodesh: Kislev	<i>19</i>	<i>20</i> <b>7:30 pm Rabbi-led Service</b>	<i>21</i> <b>10:30 am Tot Shabbat #2</b>
<i>22</i> <b>9:30 am Religious School #10</b>	<i>23</i>	<i>24</i>	<i>25</i>	<i>26</i> Thanksgiving	<i>27</i> <b>7:30 pm Lay-led Service</b>	<i>28</i>
<i>29</i> <b><u>NO</u> Religious School</b>	<i>30</i>					



## COMING UP AT BETENU...

### RABBI-LED SIMCHAT TORAH & CONSECRATION SERVICE

Friday, October 9, 7:30;m



Please join us and bring the kids—this is a service for all ages! The new kindergarten kids will receive their consecration certificates. And, if we have enough people and the weather is decent, we will roll out the entire Torah outside and Rabbi will give us a guided tour—informative and fun!!! (We do need enough people to hold the Torah while others look on, then switch places.)



### SUKKAH TEARING-DOWN EVENT!

Sunday, October 11th, after Religious School

Please grab a trash bag after school and take some of the sukkah home with you as we end Sukkot.



### TOT SHABBAT

October 17th, 10:30am

For the little ones kindergarten and under: bring a healthy snack and a drink and join the fun as Rahel leads with music and movement. Note: please accompany your child(ren).



### GENERAL BOARD MEETING

October 19th, 7:30pm

All are invited to attend the general board meetings which are even months (February, April...), usually the third Monday at 7:30pm. Talk to Dave Spokane ahead of time if you are interested in putting something on the agenda.

### ANNUAL PULPIT SWAP WITH GUEST RABBI LOUIS RIESER

Friday, October 23rd at 7:30 PM

Want to see Rabbi Rieser in action? Don't drive all the way to Derry—come to Betenu for the annual Pulpit Swap!



**COMING UP AT BETENU...(cont.)**



**RABBI-LED  
FIRST FRIDAY SERVICE**

Friday, November 6th, 7:30;m

- ✧ family-friendly service followed by a
- ✧ oneg followed by
- ✧ Torah study with Rabbi.



**THE FIVE RABBIS  
HAVDALLAH & BOOK/MUSIC EVENT**

November 14th, 7pm

Don't miss this event as "The 5 Rabbis", not to be confused with "The 3 Tenors", come together to lead us in a Havdallah service and talk about their newest books and music!

**EDUCATION**

**Sunday Religious School Personnel:**

VP Education: Sheryl Liberman

Principal: Rahel Limor

Hebrew: Sonia Campeanu

Jewish Studies: Don Wunderlich

Assistant Teacher: Nina Matouka

Madrichim: Dan Thompson, Alison Chakuroff, Rachel Liff, Izzy Starr

**ACCEPTING  
STUDENTS  
REGULAR RELIGIOUS  
SCHOOL /  
POST HEBREW SCHOOL**



Registration is ongoing for 2009-10 for our weekly Sunday classes in Jewish studies, Hebrew, Music and Bnei Mitzvah preparation for Grades 1-7 and our Rabbi-taught post Bnei Mitzvah classes for Grades 8 & 9. For questions or to get a registration form please call the temple office at 886-1633 or contact Rahel at [rahel@rahelmusic.com](mailto:rahel@rahelmusic.com).



## ADULT EDUCATION

### HEBREW LANGUAGE INSTRUCTION, TORAH STUDY AND MORE

Bar / Bat Mitzvah... not the end of the road! There's Torah study with the Rabbi, Hebrew language instruction with Rahel, Kabbalah Havruta with Eitan Zeira, and plenty of other learning opportunities throughout the year. Maybe you have an idea, or would even like to teach a class. If so, contact the office 886-1633 or [Betenu@nii.net](mailto:Betenu@nii.net).

Quench your thirst — jump into the well of Judaic studies.

(Rahel's classes are offered at a discount to Betenu members.)



### ROSH CHODESH FOR WOMEN

Join the Rosh Chodesh group for a short service, group discussion and nosh. For more information contact Sheryl Liberman 424-4609 or [SAML54@comcast.net](mailto:SAML54@comcast.net).

### KABBALAH GROUP

Saturdays at 12:30pm—once a month  
October 17 at TBA  
November 14 at Betenu

Congregation Betenu and Temple Beth Abraham have a Kabbalah group. The suggested book is Inner Space by Kaplan. For more information contact Sheryl Liberman 424-4609 or [SAML54@comcast.net](mailto:SAML54@comcast.net).

Video of Sh'ma Meditation by Rabbi Aryeh Kaplan:

[www.youtube.com/watch?v=x9bwEFS7Btk&feature=related](http://www.youtube.com/watch?v=x9bwEFS7Btk&feature=related)





תודה

BETENU  
THANKS

תודה

- ✧ September oneg hosts. Diane & Dan Becker, the board, the President & VPs, and all who contributed to the onegs.
- ✧ David Stern for his building work installing new fire extinguishers, checking and fixing emergency lighting and exit signs, and checking smoke detectors.
- ✧ Bob Lubitz for touching up the mural he painted under the skylight.
- ✧ Sheryl Liberman for organizing Rosh Chodesh.
- ✧ Sheryl Liberman for coordinating Kabbalah classes.
- ✧ All who attended the New Member Service.
- ✧ All who attended the Selichot Service.
- ✧ Rahel Limor & Elissa Kahn for creating the new trifold brochure.
- ✧ Rabbi Segal and Dave Spokane for help with the trifold brochure.

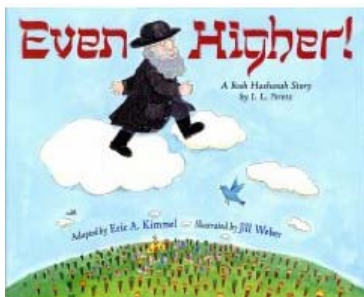
### High Holyday Thanks

The following people were not thanked in the High Holyday Greeting Booklet:

- ✧ Maureen MacGregor for being a greeter.
- ✧ Elsa Conrad & Elissa Kahn for leading the Rosh HaShana children's service.
- ✧ Maureen MacGregor & Alison Rice for leading the Yom Kippur children's service.
- ✧ All the readers that were not in the booklet.
- ✧ David Stern, Joel Mascott, Susan Mascott, Rahel Limor & Elissa Kahn for cleanup.
- ✧ Anyone who I inadvertently forgot.
- ✧ Rabbi Segal for putting up the handicapped parking sign.
- ✧ All those who donated items for the food drive.
- ✧ Dave Spokane and Elsa Conrad for holding the Torah.
- ✧ Rabbi Segal for blowing shofar on Yom Kippur.

### LIBRARY DONATIONS & THANKS

Thanks to **Roberta Pavoll** for donating the children's book:



Even Higher! A Rosh Hashanah Story  
Signed to the Children of Betenu

### OCTOBER BIRTHDAYS

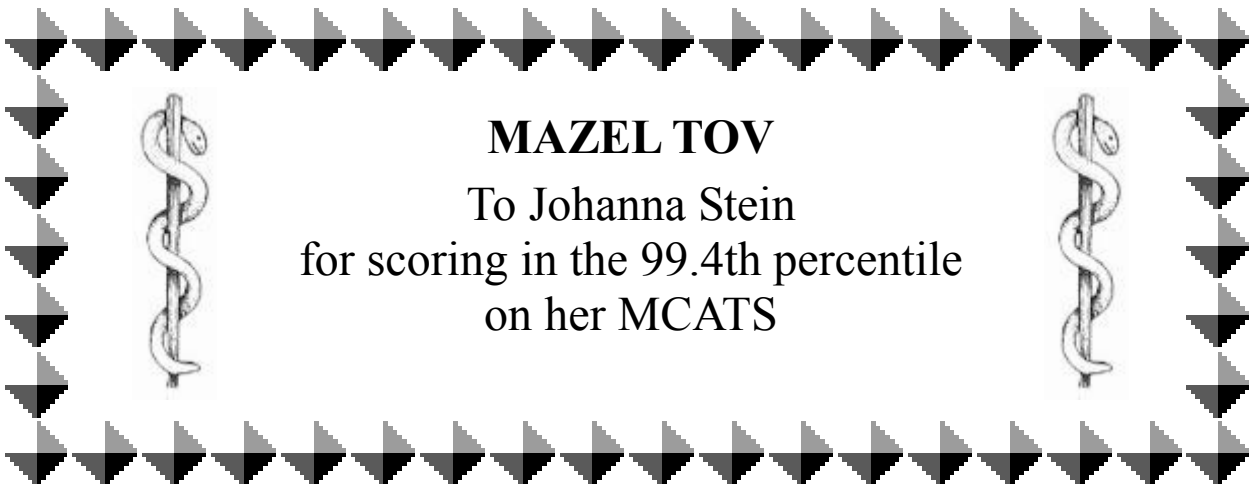


- Emily Anderson
- Micah Baker
- Arianne Bennett
- Corey Ditman
- Jacob Keefe
- Samantha Keefe

- Sydney Rice
- Erik Rimalover
- David Schechter
- Ariella Stein
- Katie Stein
- Josh Stern



**MAZEL TOV!**



**MAZEL TOV**  
To Johanna Stein  
for scoring in the 99.4th percentile  
on her MCATS



**MAZEL TOV**

To Matt Spokane  
on reaching Star Rank  
in the Boy Scouts of America



**Star Rank Requirements:**


1. Be active in your troop and patrol for at least four months as a First Class Scout.
2. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.
3. Earn six merit badges.
4. While a First Class Scout, take part in approved service projects totaling at least six hours of work.
5. While a First Class Scout, serve actively for four months in one or more of the following positions of responsibility (or carry out a Scoutmaster-assigned leadership project to help the troop):
  - Boy Scout troop. Patrol leader, assistant senior patrol leader, senior patrol leader, troop guide, Order of the Arrow troop representative, den chief, scribe, librarian, historian, quartermaster, bugler, junior assistant Scoutmaster, chaplain aide, or instructor.
  - Varsity Scout team. Captain, cocaptain, program manager, squad leader, team secretary, Order of the Arrow troop representative, librarian, historian, quartermaster, chaplain aide, instructor, or den chief.
  - Venturing crew/ship. President, vice president, secretary, treasurer, boatswain, boatswain's mate, yeoman, purser, or storekeeper.
6. Take part in a Scoutmaster conference.
7. Complete your board of review.



**MAZEL TOV!**

**MAZEL TOV**

To Dr. Daniel Becker  
for his new job at  
Merrimack Family Practice  
in Chelmsford



**BETENU PAGES**



**WELCOME NEW MEMBERS!**

Rich & Shirley Cohen & Sam Cohen of Amherst, NH


**ONEG SHABBATS**

To host an Oneg, one brings the desserts, fruit, and challah, and sets up and cleans up.

To sponsor an Oneg, one pays \$54 and the Oneg committee will purchase the food, set up and clean up. Either way you do it, you can honor a birthday, an anniversary, or any other special event in your life, by choosing the Oneg closest to that special date. Or you can remember the Yahrzeit of a loved one by hosting or sponsoring the Oneg on the Shabbat when you come to say Kaddish. If you have a date in mind, please call Roberta Pavoll at 672-9820.

The following Onegs will be hosted by:

- Oct 2: Dave Spokane in memory of his father, Marvin Spokane
- Oct 9: Board of Directors
- Oct 16: Open
- Oct 23: Vivian McGuire
- Oct 23: Open

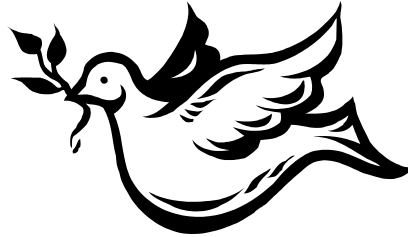


father, Marvin

## BETENU PAGES

### DONATIONS

Congregation Betenu acknowledges with appreciation the following contributions made during the months of August and September



#### High Holy Day Appeal

Dr. Peter & Ms. Jeanne Stein

David & Matthew Spokane

Carol Simonds

Sheryl & Larry Liberman

Kevin & Susan Frewert

Joel Moses

Prof Donald & Reva Wunderlich

Suzanne Maine

Mark & Julie Ledoux

Elaine & Joel Silberberg

Leland Pavoll & Cindy Zibel

Shirley & Richard Cohen

Laura Schulte

Dr. Sanders & Rowena Burstein

Elsa Conrad

Elissa Kahn

#### General Fund

Carol Simonds

In memory of her husband Clifford Simonds

Suzanne Maine

Earmarked for school needs

Elissa Kahn

In Memory of Benjamin Rosen's grandfather,  
Dr. Ralph Rosen

Elissa Kahn

In honor of her niece Nicole Clarke's  
recovery

Elissa Kahn

In honor of her Great Niece Shye Rivera's  
Health

#### Rabbi's Discretionary Fund

Sheryl & Larry Liberman

Elaine & Joel Silberberg

Karen Satz

Barbara Rottenberg

Anonymous Donor

**BETENU PAGES**



**Yahrzeits for  
October**



Ida Teitelbaum.....	mother of Reva Wunderlich.....	October	
Max Symbol .....	grandfather of Lynda Schaeffer .....	October	
Frieda Symbol.....	grandmother of Lynda Schaeffer .....	October	
Irving Litt.....	father of Lisa Orenberg.....	October	2
Robert Cubie MacAuslan .....		October	3
Eva Garfinkle.....	grandmother of Rick Silverman.....	October	5
Oscar Levinson.....	step-grandfather of Paula Silver.....	October	17
Samuel Schuldwach.....	grandfather of Lenny Wasserman .....	October	20
Donna Cohen .....	sister of Diana Stern.....	October	22
Marshall David Levin.....		October	22
Robert Gustav Fries.....		October	27

**SAD NEWS:**

Sadly we inform you of the death of Pearl Houts, mother of Patrice Liff. May the extended Houts family be comforted among the mourners of Zion.

Sadly we inform you of the death of Sheppard Werner, cousin of Sara Murphy. May the extended Werner family be comforted among the mourners of Zion.

Sadly we inform you of the death of Dr. Ralph Rosen, grandfather of Benjamin Rosen. May the Rosen family be comforted among the mourners of Zion.

## COMMUNITY HAPPENINGS

### On the air with

### “ISRAEL IS REAL”

Putting a human face and positive spin on all things Israel, American-Israeli hosts, Rahel & Sonia, talk about the Jewish state and tell the story of an ordinary people living in an extraordinary land. “ISRAEL IS REAL”, is a community-supported effort that includes interviews with local, national and International “celebrities”, personal life stories, and call-ins.



Tune into WSMN 1590AM and on the Internet at:

[www.wsmnradio.com](http://www.wsmnradio.com) EVERY FRIDAY from 9:00-10:00am (EST) and 3-4pm in Israel!

To donate or advertise, send an email to: [israelisreal1590@gmail.com](mailto:israelisreal1590@gmail.com)



Voice of ISrael Initiative of New Hampshire

Check the website for the next **VISION MEETING** and other important information. Meetings will be held on Wednesdays and Thursdays this year! All friends of Israel are welcome.

**Check out [www.nh4israel.org](http://www.nh4israel.org) for more upcoming events, articles and more...**

## SOUTHERN NEW HAMPSHIRE JEWISH MENS CLUB

Membership form: <http://snhjmc.home.comcast.net/~snhjmc/resources/SNHJMCFORM.pdf>