

RABBI'S MESSAGE: PURIM AND *SHA-LACH MA-NOS(T)*

The vast majority of Jewish holidays are about God and God's relationship with the Jewish people. It may be spiritual; it may be agricultural – but it's about God.

One way to look at the Purim story is how a secular Jew, Esther, can save the religious Jewish Community as embodied in and by Mordechai! You'll notice: Mordechai's initial problem with Haman is that his Jewishness prevents him from showing Haman the honor that would have been expected by a Persian official in the Persian culture. Mordechai advises Esther not to let on to her Jewishness, because she can be more helpful to her fellow Jews if she "doesn't wear her Judaism on her sleeve." Mordechai's ascent to power comes from Esther's power in spite of his Jewishness!

In our Jewish community, we cross all lines: religious and secular; educated and uneducated; white collar and blue collar and so on. The Purim story teaches us that when push comes to shove, we survive by helping each other across all of the above mentioned lines and more.

Most Jewish holidays have a tradition of giving *tse-da-ka* (charity). The holiday of Purim is the only one that mandates the giving of gifts to our fellow Jews and not just those in need. I was taught as a child that the purpose of these gifts at Purim, called *sha-lach ma-nos(t)*, was to remind each other of how nice it is to receive a gift when we don't need it. Therefore, how much more important it must be to give gifts to those who really need it.

With the theme of Purim being about Jews helping other Jews, perhaps a little gift of *sha-lach ma-nos(t)* to one or more of your friends in the community would be an appropriate way. Often the gift is nothing more than a couple of cookies (or cupcakes). It helps put the community in perspective and let others know that we care about each other in more than just a theoretical abstract.

Le-sha-lom,

Joshua L. Segal, Rabbi



WELCOME NEW MEMBERS
Bety & Michael Dar of Nashua, NH





BETENU INFO

SPECIAL NOTE: Some members of Betenu are physically sensitive to certain aromas coming from perfumes, colognes, hairsprays, dryer sheets and the like. These aromas can cause migraines and a host of other problems. Please be aware of that when you come to Betenu.

Please **DO NOT** bring scented items for the SHARE donation bin.

Betenu has natural cleaning products available for use. Please **DO NOT** bring your own cleaning products for one or other cleanup.

Thank you!



AND FOR ONLINE SHOPPING... TEXTBOOKS AND A MILLION OTHER THINGS...

Don't forget to shop through Betenu's link to Amazon.com. Betenu will receive a percentage of the purchase price.

You can shop for books and a million other things through this link. Just go to our website: www.betenu.org, put your cursor over "Search new and used, Amazon.com", and when the cursor changes, click. Or you can enter your search right there and click "Go".

It's that simple! And don't forget to purchase your textbooks here!

We receive about \$20 a month from this program - Thank you & keep shopping!!!!

BETENU ACCEPTS MC, VISA & Discover!

You can use MasterCard, VISA or Discover card to pay membership fees, school tuition, gift store purchases, or even to make a donation! Call the office (or stop in) to arrange the charge and let us know the amount and what it's for.



CONGREGATION BETENU

Rabbi: Joshua Segal 603-886-1633

or rabbi@betenu.org

President: Michael Goldstein 603-424-9953

or president@betenu.org

VP Finance: Bob Rimalover 603-672-5629

VP Admin: Roberta Pavoll 603-672-9820

(Acting) VP Educ: Sheryl Liberman 603-424-4609

Secretary: Elissa Kahn 603-673-8283

(Acting) Treasurer: Joel Silberberg 603-472-8143

Trustee: Vivian McGuire 603-882-3139

Trustee: David Stern 603-880-0442

Trustee@Large: Sara Murphy 603-465-7119

Past Pres: Dave Spokane 603-672-0554

Newsletter Editor: Elissa Kahn



March 2011 (5771)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 RSVP DUE For Shabbat Across America	3	4 5:30pm setup 6:30pm Rabbi-led Shabbat Across America	5
6 9:15am Religious School #23 Rosh Chodesh: Adar II	7 Rosh Chodesh: Adar II	8	9	10	11 7:30pm Rabbi-led Service	12 10:30am Family Shabbat #6 12:30pm Jewish Song Circle
13 9:15am Religious School #24 10 am Adult Hamantaschen workshop with Roberta	14	15	16	17	18 7:30pm Rabbi-led Purim Service & Megillah reading	19 Megillah reading
20 9:15am Religious School #25 Purim	21 7:30 Executive Board Mtg Shushan Purim	22	23	24	25 7:30pm Rabbi-led Service	26 10 am Ben Gingras Bar Mitzvah
27 9:15am Religious School #26	28	29	30	31		



April 2011 (5771)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 7:30pm Rabbi-led Service	2 <i>Tazria</i> 4pm Pajama Havdallah with Sandra & Rahel
3 9:15am Religious School #27	4	5 Rosh Chodesh: Nisan	6	7	8 7:30pm Rabbi-led Service	9 <i>Metzora</i>
10 9:15am Religious School #28	11 7:30pm General Board Mtg	12	13	14	15 7:30pm Rabbi-led Service	16 <i>Acharei Mot</i> 10:30am Family <u>Shabbat #6</u> 12:30 pm Jewish Song Circle
17 9:15am Religious School #29 Istael Day Search for Chametz	18 Pesach 1st Seder	19 5:30 pm setup 6:30 pm Rabbi-led Passover 2nd seder	20 Pesach	21 Pesach	22 7:30pm Lay-led Service Pesach	23 Pesach
24 <u>NO</u> Religious School Pesach	25 (In Israel—last day of Pesach) Pesach	26 (In Israel— Mimouna) Pesach ends	27	28	29 7:30pm Lay-led Service	30 Havdallah & Movie with Ore <u>Erev Yom</u> <u>HaShoah</u>

COMING UP AT BETENU



SHABBAT ACROSS AMERICA

Friday, March 4, 2011 at 6:30pm—doors open at 5:30pm to set up
(RSVP deadline: March 4rd)

Once again this year, on Friday, March 4th, Congregation Betenu is joining with synagogues throughout North America in sponsoring “Shabbat Across America”. Coordinated by the National Jewish Outreach Program, we will learn about and share the beauty of Shabbat as a community. The evening will begin with a short, interactive prayer service and explanation of Sabbath customs and rituals, followed by a pot-luck meal and joyous song. A short service with kaddish follows at 7:30pm.

Please help with setup or cleanup.

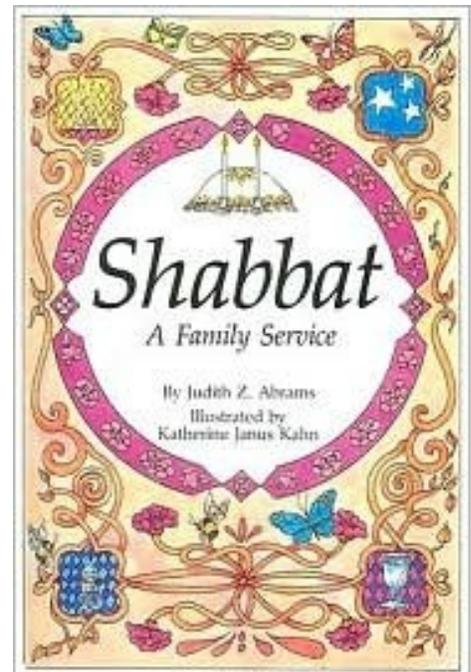
Please contact: Rahel at 603-554-1459 or rahel@rahelmusic.com, or
Elissa at 603-673-8283 or eckahn@yahoo.com.

March 12th & April 16th

FAMILY SHABBAT

10:30 AM

Please join us for a FAMILY SHABBAT service led by Rahel. We will learn prayers, blessings, sing songs, tell stories, and dance! The service will be followed by a pot-luck lunch. Please bring a dish if you are staying for lunch. No pork or shellfish please. This new format replaces our Tot Shabbat service and is open to the entire family (all ages). Family services will take place monthly at Congregation Betenu. Religious school students can receive service credit for attending a family service.



COMING UP AT BETENU

JEWISH SONG CIRCLE

Saturday, March 12th
Theme: Silly Songs
Saturday, April 16th
Saturday, May 14th

We had lots of fun at our first session with the participation of children and adults. The nature of a song circle is that we gather together in a circle and each person chooses their favorite song that we all then sing together. The focus is on Jewish, Israeli, and Liturgical music in English, Hebrew, Yiddish and more. However, last time we had fun singing songs like “Twinkle Twinkle Little Star” and “ABC” at the request of some of the younger participants! We sang some favorites like “Turn Turn Turn” as well. What we sing depends on those who attend! A Shiron (song booklet) will be available. You are welcome to bring an original to teach – just be sure to bring song sheets! So bring your voice, instruments and smiles! Refreshments will be available. More info Rahel rahel@rahelmusic.com.

MARCH BIRTHDAYS

Eran Limor
Nathaniel MacGregor
Rebecca Savage

Jay Segal
Alec Smolski
Daniel Thompson

Hannah Thompson
Cara Silverman
Brendan Ouziel





Traditions



Traditions

SUNDAY, MARCH 13th @ 10:00am
HAMANTASCHEN BAKING WORKSHOP

You are invited and encouraged to attend a workshop for adults led by

Expert Hamantaschen maker, **ROBERTA PAVOLL**

RSVP is MANDATORY

\$5 Ingredients Fee

Please bring:

- ☆ Rolling pin
- ☆ Measuring cup
- ☆ Baking sheet
- ☆ Apron (optional)



RSVP to: Betenu@nii.net or (603) 886-1633, 672-9820

COMING UP AT BETENU continued...

**RABBI-LED PURIM SERVICE
& MEGILLAH READING**

March 18th, 7:30pm

Fun for everyone. Dress up if you like and we'll see you there.



Please join our family as we celebrate our son,
Benjamin Gingras, being called to the Torah as a Bar Mitzvah
on Saturday, March 26, 2011 at 10:00 AM
Stacy and Eric Gingras

**RABBI-LED
KABBALAT SHABBAT SERVICES**

7:30pm

March 4th

March 11th

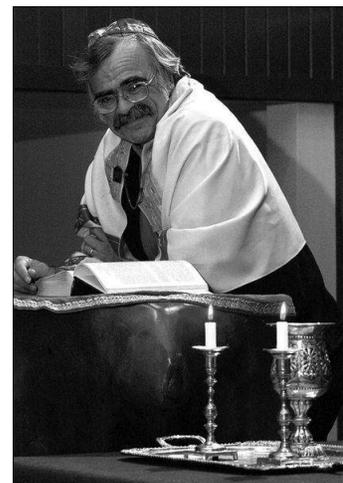
March 18th

March 25th

April 1st

April 8th

April 15th



COMING UP AT BETENU continued...**PAJAMA HAVDALLAH הַבְּדֵלָה WITH SANDRA & RAHEL**

Saturday, April 2nd, 4pm



The whole family can celebrate Shabbat in pajama's with our favorite Betenu teachers. We begin with a traditional "seudah shleesheet" - a late afternoon PIZZA delight (pitch in for pizza) - and end with a short musical Havdallah service. Somewhere in the middle we will engage in an all-ages family interactive storytime, games, arts and crafts community fun time! Betenu school students will get credit for this service. See you there!

**GENERAL BOARD MEETING**

Monday, April 11th, 7:30pm

All are invited to attend the general board meetings which are even months (February, April...), usually the third Monday at 7:30pm. Talk to our President, Mike Goldstein, ahead of time if you are interested in putting something on the agenda. You can email him at President@Betenu.org.

**ISRAEL AT BETENU:
A FAMILY EDUCATION PROGRAM**

Sunday, April 17, 10am—1pm



Join Israeli shlichah, Ore Aya Dagan, the students and staff as we experience a taste of Israel at Betenu's religious school. You will receive an Israeli "passport" with which you will travel and become acquainted with some of the wonderful places in Israel; the Dead Sea, the Mitzpeh Ramon crater, the Kinneret (Sea of Galilee), Jerusalem and even a Kibbutz! You will have a chance to learn an Israeli song or two, play a few games, enjoy an Israeli-style snack, and adults will have an opportunity to engage in an informative discussion with Ore. Don't miss this program designed for the entire family!



COMING UP AT BETENU continued...**RABBI-LED PASSOVER SECOND SEDER**

Tuesday, April 19, 6:30 pm (setup at 5:30 pm)

Join your Betenu family for the Rabbi-led traditional seder on the second night of Passover. It will be a potluck supper, so everyone needs to bring a pesadicha dish. (If you have any questions on whether or not a specific food is kosher for Passover, please call the temple office). Families should bring a main dish, and individuals, a side dish or a dessert. The cost is \$5 per person, or \$18 per family, to cover the wine, matzah, seder plate items, and paper goods.



We will be using the Rabbi's revised Haggadah. Copies are available to purchase for your home Seders. To preview a copy, or to purchase the Haggadah at \$6.00 per copy, please call the temple office.

Please call to reserve your seat(s): 886-1633, or use the sign up sheet that will be on the front table.

Please volunteer to help with setup or cleanup and let us know if you are interested in helping plan and prepare our popular seder.

**HAVDALLAH & MOVIE
WITH ORE AYAH DAGAN**

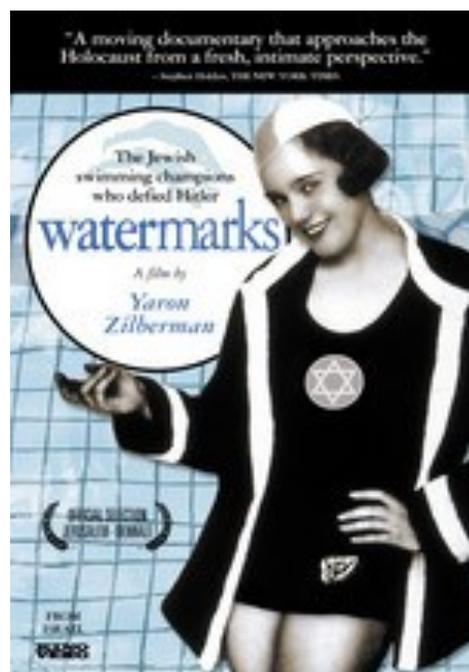
Saturday, April 30

Join us for a Havdallah Service with our Israeli schlichah, Ore, who will speak with us about her great aunt (featured in the movie) and grandmother.

In 1909, in response to the Aryan Paragraph which forbade Austrian sports clubs from accepting Jews, the Jewish sports club Hakoah (the strength) Vienna was formed. *Watermarks (Hakoah Lischoth)* is about their champion women's swim team: their rise to greatness; their refusal to compete in the 1936 Olympics in Nazi Berlin; the striking of all their records; their escape from the country prior to the war; and their coming together, 65 years later, to tell their story.

More movie info: <http://www.kino.com/watermarks/>

An incredible movie, not to be missed and an exciting opportunity to discuss this with Ore.



BETENU PAGES



BETENU THANKS

DONATIONS

Congregation Betenu acknowledges with appreciation the following contributions made during the month of February

General Fund

Carol Simonds for the yahrzeit of her mother,
Charlotte Mendoza

Carol Simonds for the yahrzeit of her father,
Joel Mendoza

Carol Simonds for the yahrzeit of her husband,
Clifford Simonds

Elissa Kahn in honor of
Joel Silberberg

- ✧ Last month's lay-leaders: Rabbi Segal, Elsa Conrad & Sheryl Liberman.
- ✧ Last month's oneg hosts: the Rodil & Leary families and all who contributed to the onegs.
- ✧ Burt Klein for his presentation on Magen David Olam.
- ✧ Rahel Limor for the February Song Circle
- ✧ Everyone who helped by taking trash or recycling home.

DONATIONS continued

Donations in Kind

Gordon & Carolee Clarke for donation of Shabbat candles and havdallah spice.

ONEG SHABBATS

To host an Oneg, one brings the food, drinks, and challah, and sets up and cleans up.

To sponsor an Oneg, one pays \$54 and the Oneg committee will purchase the food, set up and clean up. Either way you do it, you can honor a birthday, an anniversary, or any other special event in your life, by choosing the Oneg closest to that special date. Or you can remember the Yahrzeit of a loved one by hosting or sponsoring the Oneg on the Shabbat when you come to say Kaddish. If you have a date in mind, please call Roberta Pavoll at 672-9820.

The following Onegs will be hosted by:

- March 4: Shabbat Across America
- March 11: Open
- March 18: Purim Service—Bullard & Dzen families
- March 25: Open



Won't you please choose an Oneg date and help foster the sense of community at Betenu? Thank you.

BETENU PAGES

SAD NEWS

We regret to inform you of the death of Harold Levine, father of Linda Gerson, who passed away on February 14, 2011.

May God console the family along with the other mourners for Zion and Jerusalem.



**Yahrzeits for
MARCH**



Charlotte Mendoza.....	mother of Sheryl Liberman	March	1
Avraham Slifer.....	father of Bety Dar	March	1
Murray Cooper.....	father of Roberta Pavoll	March	3
Elizabeth Krohn 'Betty' Keiser		March	3
Dorothy Franks	mother of Paul Franks	March	3
Abraham Applebaum	grandfather of Elyse Wasserman.....	March	7
Joel Mendoza	father of Sheryl Liberman	March	7
Gertrude Orenberg	mother of Bob Orenberg	March	13
Marion Krohn 'Jane' Harris		March	16
Etta Schuldwach	grandmother of Lenny Wasserman	March	16
Martha Sandhaus.....	longtime Betenu Congregant.....	March	16
Robin Kulm	friend of Roberta Pavoll.....	March	20
Lillian Sidransky.....	grandmother of Daniel Becker	March	22
Lillian Sigel	mother of Martha Sandhaus	March	23
Bernard Rubin.....	father of Davida Rubin-Baker	March	23
Scott Thomas Nichols	brother of Suzanne Maine	March	24
Louis Arthur Gross		March	24
Hannah Wasserman.....	grandmother of Lenny Wasserman.....	March	25
Clifford Simonds.....	brother-in-law of Sheryl Liberman.....	March	25
Patricia Ruth Limor bat Dora Rosenberg z"l.....			
.....	grandmother to Inbal and Eran Limor	March	30
David Deckelbaum.....	friend of Rahel Limor	March	31

ADULT EDUCATION

HEBREW LANGUAGE INSTRUCTION, TORAH STUDY AND MORE

Bar / Bat Mitzvah... not the end of the road! There's Torah study with the Rabbi, Hebrew language instruction with Rahel, Kabbalah Havruta with Eitan Zeira, and plenty of other learning opportunities throughout the year. Maybe you have an idea, or would even like to teach a class. If so, contact the office 886-1633 or Betenu@nii.net.

Quench your thirst — jump into the well of Judaic studies.

(Rahel's classes are offered at a discount to Betenu members.)



ROSH CHODESH FOR WOMEN

Join the Rosh Chodesh group for a short service, group discussion and nosh. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

KABBALAH GROUP

Saturdays at 12:30pm—about once every 3-4 weeks

Congregation Betenu and Temple Beth Abraham have a Kabbalah group. The suggested book is Inner Space by Kaplan. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

Video of Sh'ma Meditation by Rabbi Aryeh Kaplan:

www.youtube.com/watch?v=x9bwEFS7Btk&feature=related



EDUCATION

Sunday Religious School Personnel:

VP Education: Sheryl Liberman
 Hebrew / Continuing Hebrew: Sonia Campeanu
 Hebrew & Jewish Studies: Sandra Whitman

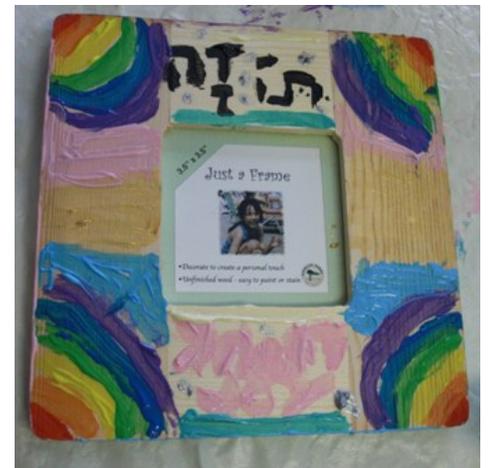
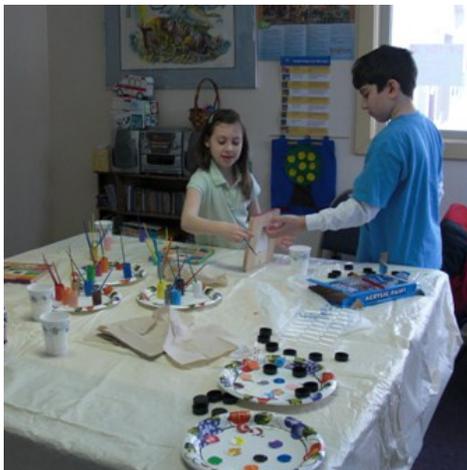
Principal: Rahel Limor
 Hebrew Assistant: Nina Matovka
 Madricha: Rachel Liff



ACCEPTING STUDENTS REGULAR RELIGIOUS SCHOOL / POST HEBREW SCHOOL

Registration is ongoing for 2010-11 for our weekly Sunday classes for Grades 1-7 and our Rabbi-taught post Bnei Mitzvah classes for Grades 8 & 9. For questions or to get a registration form please call the temple office at 886-1633 or contact Rahel at rahel@rahelmusic.com.

SANDRA'S CLASS—FRAME PROJECT



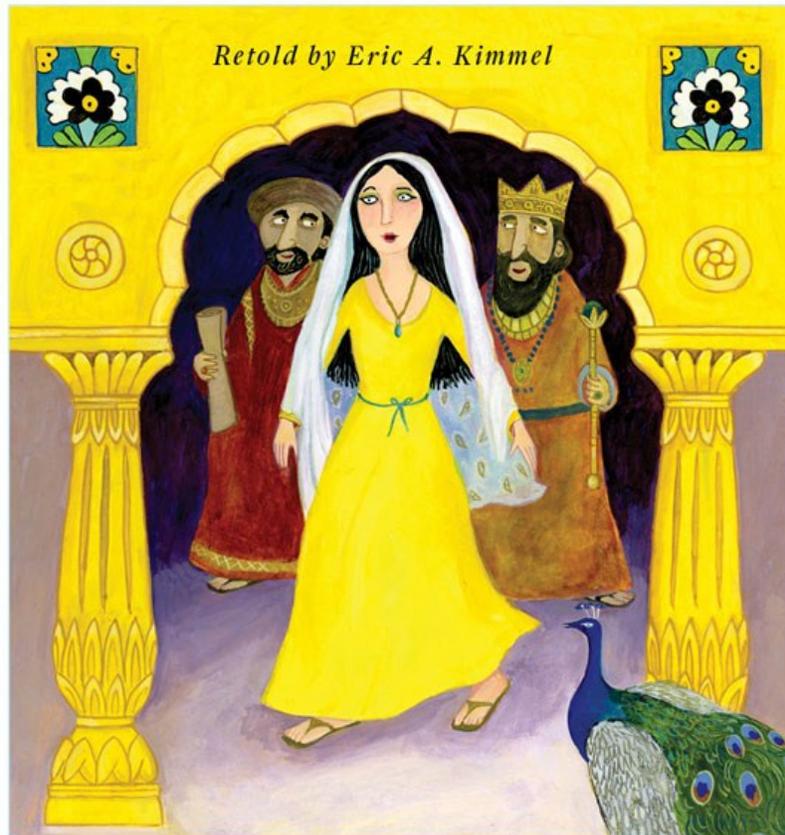
Come meet local
children's book illustrator

JILL WEBER

with her new book

The Story of Esther

A PURIM STORY

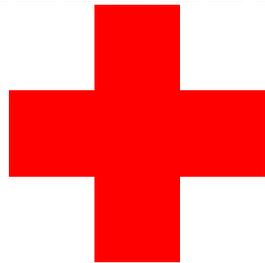


SUNDAY, MARCH 13TH at 2:00 PM
at TOADSTOOL Bookstore in Milford

*a thrilling and inspiring tale of
Queen Esther's glorious victory*



COMMUNITY HAPPENINGS



American Red Cross

home

Purim “Gift of Life” Shlach Manot Blood Drive

Sponsored by Congregation Betenu & other area synagogues

Wednesday, March 16

Manchester Blood Donation Center
425 Reservoir Ave
Manchester, NH 03104
1-800-RED CROSS

Souhegan Valley CROP Hunger Walk 2011

Milford, NH

Sunday, May 5th, 2011



CROP Hunger Walks help children and families worldwide -- and right here in the U.S. -- to have food for today, while building for a better tomorrow.



Each year some two million CROP Hunger Walkers, volunteers, and sponsors put their hearts and soles in motion, raising some \$16 million per year to help end hunger and poverty around the world and in our own communities. Our local efforts are making a huge difference. And you are part of it!

For info: <http://www.churchworldservice.org/> click on CROP Hunger Walk

If you sign up online to walk you can start getting donors online now!

April 2-10, 2011

NEW HAMPSHIRE JEWISH FILM FESTIVAL

OPENING NIGHT GALA EVENT
SATURDAY, APRIL 2, 2011



nora's will
NEW HAMPSHIRE PREMIERE
 8:00 pm, Currier Museum of Art, Manchester, NH,
 Tickets: \$40.00 per person
Dessert and Champagne Reception follow the film

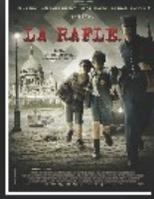


THURSDAY, APRIL 7, 2011
the matchmaker
NEW HAMPSHIRE PREMIERE
 7:15 pm, Red River Theatres, Concord, NH
 Tickets: \$8.00 per person

SUNDAY, APRIL 3, 2011
PJ LIBRARY GOES TO THE MOVIES



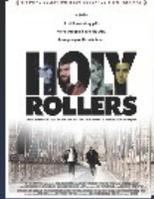
shalom sesame street
 10:30 am, Jewish Federation of New Hampshire, Manchester NH
 Tickets: \$10.00 per family



SATURDAY, APRIL 9, 2011
La Rafle (The Round up)
NEW HAMPSHIRE PREMIERE
 8:00 pm, Red River Theatres, Concord, NH
 Tickets: \$8.00 per person

SIXTY SIX
 3:00 pm, Chunky's Cinema Pub, Nashua, NH
 Tickets: \$8.00 per person

SUNDAY, APRIL 10, 2011



holy rollers
 1:00 pm, Red River Theatres, Concord, NH
 Tickets: \$8.00 per person
The short film, Gefilte Fish precedes Holy Rollers



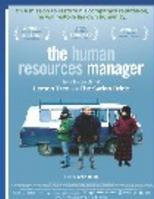
the trotsky
 5:00 pm, Chunky's Cinema Pub, Nashua, NH
 Tickets: \$8.00 per person
Preceding our feature, meet independent film maker, Hilary Weisman Graham and view her short film The Staring Contest

Jews - Baseball
Jews and Baseball, An American Love story
 3:00 pm, Red River Theatres, Concord, NH
 Tickets: \$8.00 per person
In person, special guest, Martin Abramowitz, President of Jewish Major Leaguers.org

TUESDAY, APRIL 5, 2011



ahead of time
NEW HAMPSHIRE PREMIERE
 7:00 pm, Jewish Federation of NH, Manchester, NH
 Tickets: \$6.00 per person



the human resources manager
NEW HAMPSHIRE PREMIERE
 5:30 pm, Red River Theatres, Concord, NH
 Tickets: \$8.00 per person

PRESENTED BY



Jewish Federation OF NEW HAMPSHIRE

tickets Get your tickets and complete film information by going to www.jewishnh.org; or call Jewish Federation of New Hampshire at 603 627-7679. Visit us on Facebook.

COMMUNITY HAPPENINGS

FOOD NEEDED!

The food pantries are in desperate need this year. Any donation would be appreciated. You may bring a food item directly to SHARE or the Nashua Soup Kitchen. If it is nonperishable, you may drop it off at Betenu (no scented products please) and we will deliver it to SHARE.

Wish lists: www.sharenh.org/food.html and www.nsk.org/CurrentWishList.asp

OTHER ITEMS

For a list of other items needed please see:

www.sharenh.org or 603-673-3660: seasonal clothes and new socks and underwear

www.nsk.org/CurrentWishList.asp Questions? Call Carol at 889-7770 ext 21

INFO FROM SNHJMC Southern NH Jewish Mens Club

Membership form: <http://snhjmc.home.comcast.net/~snhjmc/resources/SNHJMCFORM.pdf>

“ISRAEL IS REAL”



Listen live on the radio WSMN 1590AM or via the Internet at www.wsmnradio.com, every Friday from 10-11 am. Archived interviews can be heard at www.israelisreal.weebly.com.



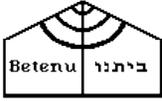
Advertising and show sponsorship available.



Voice of ISrael Initiative of New Hampshire

Check the website for the next **VISION MEETING** and other important information. Meetings will be held on Wednesdays and Thursdays this year! All friends of Israel are welcome.

Check out www.nh4israel.org for more upcoming events, articles and more...



**CONGREGATION BETENU
FIVE NORTHERN BLVD #1
AMHERST, NH 03031 USA**