



RABBI'S MESSAGE: MEMORY

No question about it: it was a snowy winter. I know that many of us, looking at the gigantic snow banks in February, say that the snow will be still be around in June – but it never happens. It's usually gone by April 15! I suspect that the first Jewish glimmer of spring is our Tu Be-Shevat Seder. In late January (or early February) we are talking about planting trees, when it would take a jackhammer or flame thrower to penetrate the ground!

Purim turns life upside down spiritually and so it is with March weather: one day it is snowing – the next day it is 60 degrees.

At Passover, the tease is over. Spring fever reaches most of us. The old Reform Hymnal in its English Passover song, sung to the tune of *A-dir Hu*, goes:

Lo' the spring
Joy doth bring
Winter's frosts are ended
Gladness reigns
Life remains
With sweet pleasures blended...

From the evening liturgy we celebrate the seasons, "God's understanding makes the ages pass and the seasons alternate. God controls the stars as they pass through the skies."

Passover is about freedom from slavery – but as part the Jewish cycle, it is also in part, freedom from winter clothes, freedom from snow shovels and freedom from winter precipitation. So, enjoy spring, enjoy Passover and celebrate freedom, a privilege not to be taken for granted.

From Karen and me, Happy Passover.

Le-sha-lom,

Joshua L. Segal, Rabbi



MAZEL TOV
Ben Gingras
on his Bar Mitzvah!





BETENU INFO

SPECIAL NOTE: Some members of Betenu are physically sensitive to certain aromas coming from perfumes, colognes, hairsprays, dryer sheets and the like. These aromas can cause migraines and a host of other problems. Please be aware of that when you come to Betenu.

Please **DO NOT** bring scented items for the SHARE donation bin.

Betenu has natural cleaning products available for use. Please **DO NOT** bring your own cleaning products for oneq or other cleanup.

Thank you!



AND FOR ONLINE SHOPPING... TEXTBOOKS AND A MILLION OTHER THINGS...

Don't forget to shop through Betenu's link to **Amazon.com**. Betenu will receive a percentage of the purchase price.

You can shop for books and a million other things through this link. Just go to our website: **www.betenu.org**, put your cursor over "Search new and used, Amazon.com", and when the cursor changes, click. Or you can enter your search right there and click "Go".

It's that simple! And don't forget to purchase your textbooks here!

We receive about \$20 a month from this program - Thank you & keep shopping!!!!

BETENU ACCEPTS MC, VISA & Discover!

You can use MasterCard, VISA or Discover card to pay membership fees, school tuition, gift store purchases, or even to make a donation! Call the office (or stop in) to arrange the charge and let us know the amount and what it's for.



CONGREGATION BETENU

Rabbi: Joshua Segal 603-886-1633

or rabbi@betenu.org

President: Michael Goldstein 603-424-9953

or president@betenu.org

VP Finance: Bob Rimalover 603-672-5629

VP Admin: Roberta Pavoll 603-672-9820

(Acting) VP Educ: Sheryl Liberman 603-424-4609

Secretary: Elissa Kahn 603-673-8283

(Acting) Treasurer: Joel Silberberg 603-472-8143

Trustee: Vivian McGuire 603-882-3139

Trustee: David Stern 603-880-0442

Trustee@Large: Sara Murphy 603-465-7119

Past Pres: Dave Spokane 603-672-0554

Newsletter Editor: Elissa Kahn



April 2011 (5771)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 7:30pm Rabbi-led Service	2 <i>Tazria</i> 4pm Pajama Havdallah with Sandra & Rahel
3 9:15am Religious School #27	4	5 Rosh Chodesh: Nisan	6	7	8 7:30pm Rabbi-led Service	9 <i>Metzora</i>
10 9:15am Religious School #28 1-5pm BYG Roller Skating Event	11 7:30pm General Board Mtg	12	13	14	15 7:30pm Rabbi-led Service	16 <i>Acharei Mot</i> 10:30am Family Shabbat #6 12:30 pm Jewish Song Circle
17 9:15am Religious School #29 Istael Day Search for Chametz	18 Pesach 1st Seder	19 5:30 pm setup 6:30 pm Rabbi-led Passover 2nd seder	20 Pesach	21 Pesach	22 7:30pm Lay-led Service Pesach	23 Pesach
24 NO Religious School Pesach	25 (In Israel—last day of Pesach) Pesach	26 (In Israel— Mimouna) Pesach ends	27	28	29 7:30pm Lay-led Service	30 Havdallah & Movie with Ore <u>Erev Yom</u> <u>HaShoah</u>



May 2011 (5771)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Yom HaShoah 9:15am Religious School #30 & Teacher Appreciation Luncheon & Rabbi visit	2	3	4 Rosh Chodesh: Iyar	5 Rosh Chodesh: Iyar	6 7:30pm Rabbi-led Service CD Party & Federation oneg	7 <i>Emor</i> Erev Yom HaZikaron
8 Religious School Snow Day 1 Yom HaZikaron & Erev Yom HaAtzmaut Mothers Day	9 Yom HaAtzmaut	10	11	12	13 7:30pm Rabbi-led Service	14 <i>Behar</i> 10:30am Family Shabbat #7 12:30 pm Jewish Song Circle
15 Religious School Snow Day 2	16 7:30 Executive Board Mtg	17	18	19	20 7:30pm Rabbi-led Service	21 <i>Bechukotai</i> Erev Lag B'Omer
22 7:30pm Annual Meeting & Ice Cream Sundaes Lag B'Omer	23	24	25	26	27 7:30pm Lay-led Service	28 <i>Bemidbar</i>
29	30	31				

EDUCATION

Sunday Religious School Personnel:

VP Education: Sheryl Liberman

Hebrew / Continuing Hebrew: Sonia Campeanu

Hebrew & Jewish Studies: Sandra Whitman

Principal: Rahel Limor

Hebrew Assistant: Nina Matovka

Madricha: Rachel Liff

ACCEPTING STUDENTS REGULAR RELIGIOUS SCHOOL / POST BNEI MITZVAH

And introducing KINDERGARTEN IN THE SCHOOL!

Registration begins now for 2011-12 weekly Sunday classes for Grades K-7 and our Rabbi-taught Post Bnei Mitzvah classes for Grades 8 & 9. For questions or to get a registration form please call the temple office at 886-1633 or contact Rahel at rahel@rahelmusic.com.



COMING UP AT BETENU

PAJAMA HAVDALLAH **הַבְּדֻלָּה** WITH SANDRA & RAHEL

Saturday, April 2nd, 4pm



The whole family can celebrate Shabbat in pajama's with our favorite Betenu teachers. We begin with a traditional "seudah shleesheet" - a late afternoon PIZZA delight (pitch in for pizza) - and end with a short musical Havdallah service. Somewhere in the middle we will engage in an all-ages family interactive storytime, games, arts and crafts community fun time! Betenu school students will get credit for this service. See you there!



GENERAL BOARD MEETING

Monday, April 11th, 7:30pm

All are invited to attend the general board meetings which are even months (February, April...), usually the third Monday at 7:30pm. Talk to our President, Mike Goldstein, ahead of time if you are interested in putting something on the agenda. You can email him at President@Betenu.org.

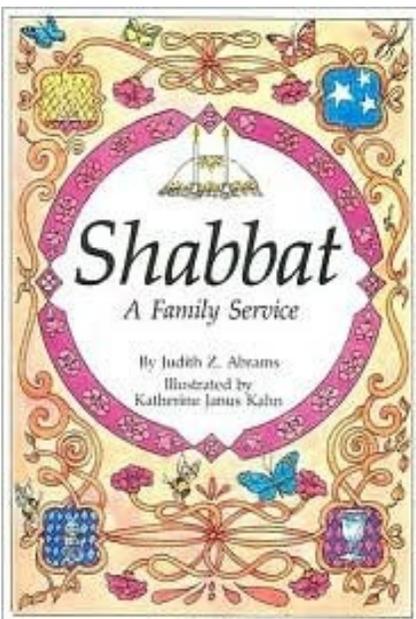
BETENU YOUTH GROUP KICK OFF EVENT

Sunday, April 10th, 1-5pm (see next page)

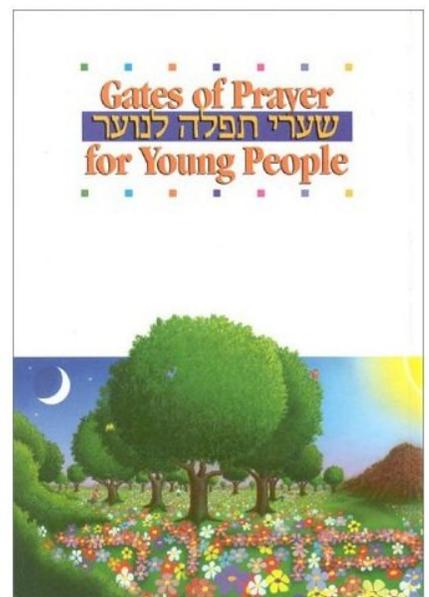
April 16th
May 14th

FAMILY SHABBAT

10:30 AM



Please join us for a FAMILY SHABBAT service led by Rahel. We will learn prayers, blessings, sing songs, tell stories, and dance! The service will be followed by a pot-luck lunch / snack. Please bring a dish if you are staying for lunch. No pork or shellfish please. This new format replaces our Tot Shabbat service and is open to the entire family (all ages). Family services



will take place monthly at Congregation Betenu. Religious school students can receive service credit for attending a family service.

COMING UP AT BETENU**INTRODUCING “BYG”****Betenu Youth Group**

Join us for our Kick Off Event!!

Roller Skating Party

Sunday, April 10th 1:00-5:00P.M. at Roller Kingdom in Tyngsboro, MA.

(Directly following Hebrew School)

\$10.00 per child includes admission, skates, a piece of pizza and a small drink. Siblings Welcome! Parent Admission is free and only a \$1.00 for skates.

PLEASE RSVP TO:

Susan Rodil at Susan_Rodil@Raytheon.com by April 3rd

COMING UP AT BETENU**JEWISH SONG CIRCLE**

Saturday, April 16th
Theme: Pesach & Freedom

Saturday, May 14th

We had lots of fun at our first session with the participation of children and adults. The nature of a song circle is that we gather together in a circle and each person chooses their favorite song that we all then sing together. The focus is on Jewish, Israeli, and Liturgical music in English, Hebrew, Yiddish and more. However, last time we had fun singing songs like “Twinkle Twinkle Little Star” and “ABC” at the request of some of the younger participants! We sang some favorites like “Turn Turn Turn” as well. What we sing depends on those who attend! A Shiron (song booklet) will be available. You are welcome to bring an original to teach – just be sure to bring song sheets! So bring your voice, instruments and smiles! Refreshments will be available. More info Rahel rahel@rahelmusic.com.

**RABBI-LED
KABBALAT SHABBAT SERVICES**

7:30pm

April 1st

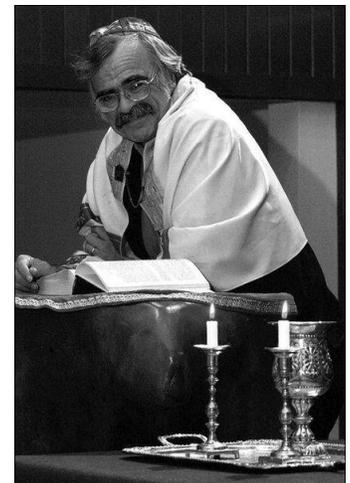
April 8th

April 15th

May 6th

May 13th

May 20th



COMING UP AT BETENU

**ISRAEL AT BETENU:
A FAMILY EDUCATION PROGRAM**

Sunday, April 17, 10am—1pm



Join Israeli shlichah, Ore Aya Dagan, the students and staff as we experience a taste of Israel at Betenu's religious school. You will receive an Israeli "passport" with which you will travel and become acquainted with some of the wonderful places in Israel; the Dead Sea, the Mitzpeh Ramon crater, the Kinneret (Sea of Galilee), Jerusalem and even a Kibbutz! You will have a chance to learn an Israeli song or two, play a few games, enjoy an Israeli-style snack, and adults will have an opportunity to engage in an informative discussion with Ore. Don't miss this program designed for the entire family!



RABBI-LED PASSOVER SECOND SEDER

Tuesday, April 19, 6:30 pm (setup at 5:30 pm)



Join your Betenu family for the Rabbi-led traditional seder on the second night of Passover. It will be a potluck supper, so everyone needs to bring a pesadicha dish. (If you have any questions on whether or not a specific food is kosher for Passover, please call the temple office). Families should bring a main dish, and individuals, a side dish or a dessert. The cost is \$5 per person, or \$18 per family, to cover the wine, matzah, seder plate items, and paper goods.



We will be using the Rabbi's revised Haggadah. Copies are available to purchase for your home Seders. To preview a copy, or to purchase the Haggadah at \$6.00 per copy, please call the temple office.

Please call to reserve your seat(s): 886-1633, or use the sign up sheet that will be on the front table.

Please volunteer to help with setup or cleanup and let us know if you are interested in helping plan and prepare our popular seder.

COMING UP AT BETENU

HAVDALLAH & MOVIE WITH ORE AYAH DAGAN

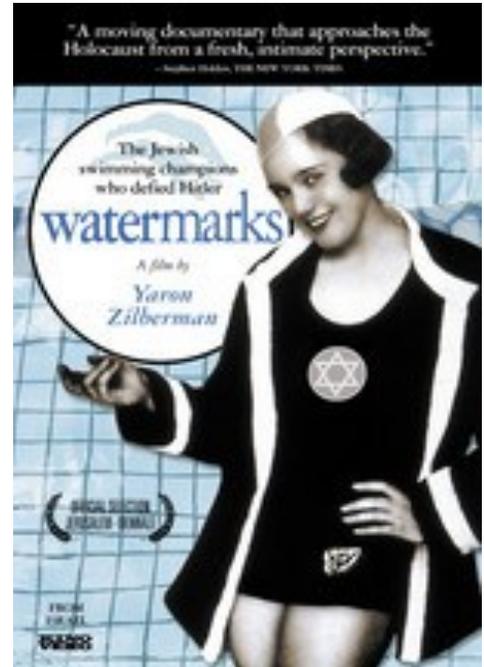
Saturday, April 30

Join us for a Havdallah Service with our Israeli schlicha, Ore, who will speak with us about her great aunt (featured in the movie) and grandmother.

In 1909, in response to the Aryan Paragraph which forbade Austrian sports clubs from accepting Jews, the Jewish sports club Hakoah (the strength) Vienna was formed. Watermarks (*Hakoah Lischot*) is about their champion women's swim team: their rise to greatness; their refusal to compete in the 1936 Olympics in Nazi Berlin; the striking of all their records; their escape from the country prior to the war; and their coming together, 65 years later, to tell their story.

More movie info: <http://www.kino.com/watermarks/>

An incredible movie, not to be missed and an exciting opportunity to discuss this with Ore.



RABBI-LED SHABBAT SERVICE followed by CD RELEASE PARTY

Sunday, May 6

Service at 7:30pm

Federation-sponsored oneg and celebration at 8:30pm

Please join us for a Rabbi-led Kabbalat Shabbat Service, followed by a Federation-sponsored oneg and party for the release of Betenu's 2nd CD. This CD has songs for Shacharit Shabbat and Havdallah Services, and comes with bonus tracks.



COMING UP AT BETENU

ANNUAL MEETING PREPARATIONS

The Betenu Annual Meeting is scheduled for **Sunday, May 27**. Elections will be held for President; Administration VP; Education VP; Treasurer; and two Executive Trustees. Anyone interested in running for office is invited to contact the temple office: 886-1633 or betenu@betenu.org.

Anyone proposing bylaw amendments should have them to the temple office by the end of the day, **Wednesday, April 13**. This will allow time to prepare the proposal for presentation.

IMPORTANT: We need a quorum to hold this meeting. Proxies count as part of this quorum. So, please plan to attend or give your proxy to someone who will be there. You may use the sample proxy available in next month's newsletter or contact the office for one.

BETENU PAGES



Yahrzeits for April



- Irving Starr father of Jen Starr April
- Bernard Rubin (Ben Tzion ben Yorachem Fischel).....
- father of Davida Rubin-Baker..... April
- Daniel Gribetz father of Jeff Gribetz April
- Edward David Finkelstein..... April 3
- Edith Fisher grandmother of Karen Satz April 3
- Augusta Levinson grandmother of Paula Silver April 5
- Steve Meltzer..... cousin of Joel Mascott April 7
- Frances Krohn Fries April 8
- Jacob Flagler Father of Susan Rodil..... April 13
- (9th Nisan)
- Robert August cousin of Elaine Silberberg April 16
- Louise Levine..... mother of Dan Levine April 19
- Rachel Miriam Gatland mother of Marcella Dube April 19
- Alfred White father of Rowena Burstein April 20
- Arnold Dickes father of Ellen Lubitz April 21
- Arthur Stewart..... father of Jamie Stewart April 22
- Edwin Sleight..... father of Kim Rimalover April 24
- Guy Darrow..... father of Dara Smolski April 25
- Marilyn Franks cousin of Paul Franks April 29
- Rabbi Solomon Segal..... father of Joshua Segal April 30
- Merrill Jay Gross..... April 30

BETENU PAGES



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DONATIONS

Congregation Betenu acknowledges with appreciation the following contributions made during the month of March

General Fund

Roberta Pavoll for class proceeds

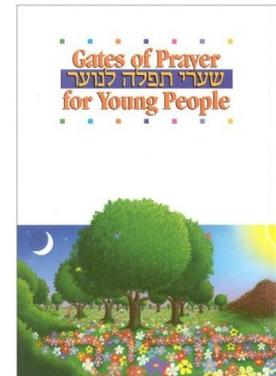
Donations in Kind

Joel & Elaine Silberberg for the donation of 25 children's siddurs

In memory of their family members who were denied the Blessings of Prayer when they were sent to common graves during the Holocaust

Mark and Deborah Starin for the donation of many books

In memory of Roger and Kitty Roy



Note: the siddurs are available for use; the donated books will be available in the library soon.

תודה

BETENU THANKS

- | | |
|---|--|
| <ul style="list-style-type: none"> ✧ Last month's oneg hosts: the Bullard & Dzen families, the Gingras family, Roberta Pavoll and all who contributed to the onegs ✧ Ore Dagan, our schlichah, for coming to the school and leading the kids in making challah. ✧ Rahel Limor for chairing Shabbat Across America ✧ Rahel Limor for her music ✧ Roberta Pavoll for teaching us how to make hamantaschen ✧ Rahel Limor for the March Song Circle | <ul style="list-style-type: none"> ✧ Rahel for all her work on advertising.. ✧ Rahel for her help with the monthly newsletter. ✧ Diane & Dan Becker for Challah for Shabbat Across America. ✧ Everyone who helped by taking trash or recycling home. ✧ Alison Rice, Susan Rodil & Davida Rubin-Baker for working hard to create the Betenu Youth Group and get it off the ground. ✧ Rahel Limor for her help with BYG and being the interface. |
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BETENU PAGES

ONEG SHABBATS

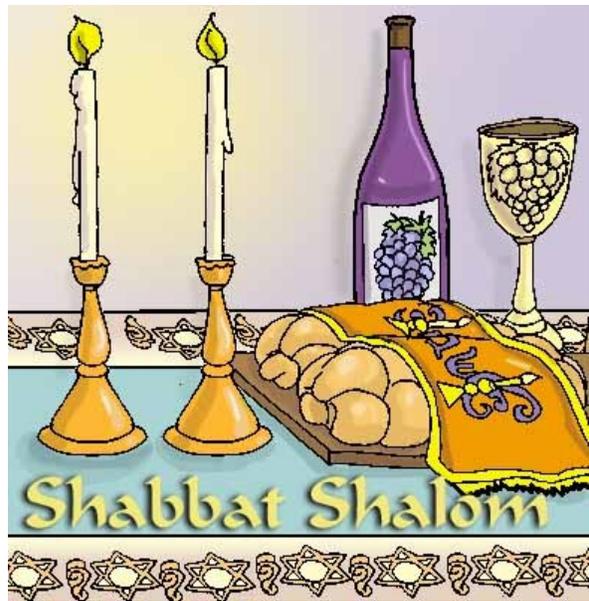
To host an Oneg, one brings the food, drinks, and challah, and sets up and cleans up.

To sponsor an Oneg, one pays \$54 and the Oneg committee will purchase the food, set up and clean up. Either way you do it, you can honor a birthday, an anniversary, or any other special event in your life, by choosing the Oneg closest to that special date. Or you can remember the Yahrzeit of a loved one by hosting or sponsoring the Oneg on the Shabbat when you come to say Kaddish. If you have a date in mind, please call Roberta Pavoll at 672-9820.

The following Onegs will be hosted by:

- April 1: Open
- April 8: School—Rice family
- April 15: School—Danklef family
- April 22: Open
- April 29: Open

Won't you please choose an Oneg date and help foster the sense of community at Betenu? Thank you.



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APRIL BIRTHDAYS

Alison Chakuroff
 Jamie Danklefs
 Jessica Goff

Mackenzie Juszczak
 Ali Sagon
 Mark Sagon

Annaliese Thomas
 Alexander Dube
 Samuel Dube

ADULT EDUCATION

HEBREW LANGUAGE INSTRUCTION, TORAH STUDY AND MORE

Bar / Bat Mitzvah... not the end of the road! There's Torah study with the Rabbi, Hebrew language instruction with Rahel, Kabbalah Havruta with Eitan Zeira, and plenty of other learning opportunities throughout the year. Maybe you have an idea, or would even like to teach a class. If so, contact the office 886-1633 or Betenu@nii.net.

Quench your thirst — jump into the well of Judaic studies.

(Rahel's classes are offered at a discount to Betenu members.)



ROSH CHODESH FOR WOMEN

Join the Rosh Chodesh group for a short service, group discussion and nosh. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

KABBALAH GROUP

Saturdays at 12:30pm—about once every 3-4 weeks

Congregation Betenu and Temple Beth Abraham have a Kabbalah group. The suggested book is Inner Space by Kaplan. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

Video of Sh'ma Meditation by Rabbi Aryeh Kaplan:

www.youtube.com/watch?v=x9bwEFS7Btk&feature=related



EDUCATION



Friends of Magen David Adom rep, BURT KLEIN, speaks with the students About “How Magen David Adom Saves Lives in Israel”

Afikomen Project Grades 1 & 2 with Sandra



Roberta's Hamantaschen Class



**Thanks
Roberta!**

Roberta's Hamantaschen Class



Pre-Purim Family Shabbat



Pre-Purim Family Shabbat



COMMUNITY HAPPENINGS

Souhegan Valley CROP Hunger Walk 2011 Milford, NH

Sunday, May 15th, 2011



CROP Hunger Walks help children and families worldwide -- and right here in the U.S. -- to have food for today, while building for a better tomorrow.



Each year some two million CROP Hunger Walkers, volunteers, and sponsors put their hearts and soles in motion, raising some \$16 million per year to help end hunger and poverty around the world and in our own communities. Our local efforts are making a huge difference. And you are part of it!

Info is available on the entryway table and at: <http://www.churchworldservice.org/> click on CROP Hunger Walk

If you sign up online to walk you can start getting donors online now!

COMMUNITY HAPPENINGS

FOOD NEEDED!

The food pantries are in desperate need this year. Any donation would be appreciated. You may bring a food item directly to SHARE or the Nashua Soup Kitchen. If it is nonperishable, you may drop it off at Betenu (no scented products please) and we will deliver it to SHARE.

Wish lists: www.sharenh.org/food.html and www.nsk.org/CurrentWishList.asp

OTHER ITEMS

For a list of other items needed please see:

www.sharenh.org or 603-673-3660: seasonal clothes and new socks and underwear
www.nsk.org/CurrentWishList.asp Questions? Call Carol at 889-7770 ext 21

INFO FROM SNHJMC Southern NH Jewish Mens Club

Membership form: <http://snhjmc.home.comcast.net/~snhjmc/resources/SNHJMCFORM.pdf>

“ISRAEL IS REAL”



Listen live on the radio WSMN 1590AM or via the Internet at www.israelisrealnh.com, every Friday from 10-11 am. Archived interviews can be heard at www.israelisreal.weebly.com.



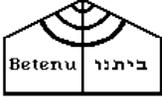
Advertising and show sponsorship available.



Voice of ISrael Initiative of New Hampshire

Check the website for the next **VISION MEETING** and other important information. Meetings will be held on Wednesdays and Thursdays this year! All friends of Israel are welcome.

Check out www.nh4israel.org for more upcoming events, articles and more...



**CONGREGATION BETENU
FIVE NORTHERN BLVD #1
AMHERST, NH 03031 USA**