

RABBI'S MESSAGE: NEW YEAR—NEW LIFE

As the High Holydays completed, an unusually large number of people mentioned to me how nice the services were, suggesting that among other things, the music had never been better. In addition to Howard Solomon's 24th year as volunteer cantorial soloist at Betenu and Rahel, we also had Frank Rudolph's violin performance of Kol Nidre and Pam Blotcky's spectacular descant on "yi-yu le-ra-tson (May the words of my mouth...)"

We are pleased to welcome some new families and saddened that a few moved on. Religious school started smoothly with an enrollment similar to what we had last year.

New Years are inherently new starts and new births and for no one was that more true than the McGuire-MacGregor families. Maureen had barely finished doing a pulpit reading at the evening service of Rosh Hashannah when she went into labor. On Tishri 1, 5771, at 4:03 AM, Alexandra Heather MacGregor was born. Congratulations to the MacGregor's and the McGuire grandparents.

As she started on a new year and a new life, we start on our new year, paraphrasing from the words of a Jewish naming ceremony, "May we choose a path of Torah and Mitsvot. Then shall we bring blessing to our people and to the entire world and affirm our Jewish values. Amen."

Le-sha-lom,

Joshua L. Segal, Rabbi



(Belated) MAZEL TOV

To **Erik Rimalover** on his invitation to join the Ambassadors of Music (Erik plays the oboe) and on their European trip (Summer 2010). This is a very prestigious, invitation only group. Usually only students two years (or more) Erik's senior are talented enough to qualify.

The group dazzled citizens of England, France, Austria, Switzerland, Germany, Italy and Liechtenstein!



BETENU INFO

SPECIAL NOTE: Some members of Betenu are physically sensitive to certain aromas coming from perfumes, colognes, hairsprays the like. These aromas can cause migraines and a host of other problems. Please be aware of that when you come to Betenu.

Please **DO NOT** bring scented items for the SHARE donation bin.

Betenu has natural cleaning products available for use. Please **DO NOT** bring your own cleaning products for oneg or other cleanup.

Thank you!



AND FOR ONLINE SHOPPING... TEXTBOOKS AND A MILLION OTHER THINGS...

Don't forget to shop through Betenu's link to Amazon.com. Betenu will receive a percentage of the purchase price.

You can shop for books and a million other things through this link. Just go to our website: www.betenu.org, put your cursor over "Search new and used, Amazon.com", and when the cursor changes, click. Or you can enter your search right there and click "Go".

It's that simple! And don't forget to purchase your textbooks here!

We receive about \$20 a month from this program - Thank you & keep shopping!!!!

BETENU ACCEPTS MC, VISA & Discover!

You can use MasterCard, VISA or Discover card to pay membership fees, school tuition, gift store purchases, or even to make a donation! Call the office (or stop in) to arrange the charge and let us know the amount and what it's for.



CONGREGATION BETENU

Rabbi: Joshua Segal 603-886-1633

or rabbi@betenu.org

President: Michael Goldstein 603-424-9953

or president@betenu.org

VP Finance: Peter Stein 603-465-6036

VP Admin: Roberta Pavoll 603-672-9820

(Acting) VP Educ: Sheryl Liberman 603-424-4609

Secretary: Elissa Kahn 603-673-8283

(Acting) Treasurer: Joel Silberberg 603-472-8143

Trustee: Vivian McGuire 603-882-3139

Trustee: David Stern 603-880-0442

Trustee: Bob Rimalover 603-672-5629

Trustee@Large: Sara Murphy 603-465-7119

Past Pres: Dave Spokane 603-672-0554

Newsletter Editor: Elissa Kahn

October 2010 (5771)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 7:30 pm Lay-led Service	2
3 9:15am Religious School #4	4	5	6	7	8 7:30 pm Rabbi-led Service Rosh Chodesh: Cheshvan	9 Rosh Chodesh: Cheshvan
10 9:15am Religious School #5	11 Columbus Day	12	13	14	15 7:30 pm Rabbi-led Service	16 6pm Havdallah / Food & Bingo event
17 9:15am Religious School #6	18 7:30pm General Board Mtg- all are invited	19	20	21	22 7:30 pm Lay-led Service	23 10:30am Family Shabbat #2
24 9:15am Religious School #7	25	26	27	28	29 7:30 pm Lay-led Service	30
31 9:15am Religious School #8						



November 2010 (5771)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Election Day	3	4	5 6:30 pm Rabbi-led Family Serv. 7:30 pm Rabbi-led First Friday	6
7 9:15am Religious School #9 Rosh Chodesh: Kislev	8 Rosh Chodesh: Kislev	9	10	11 Veterans Day	12 7:30 pm Pulpit Swap Service	13 7PM Rabbi's Havdallah & book event <u>The Jewish Cemeteries of NH</u>
14 9:15am Religious School #10 (end of 1st trimester)	15 7:30 Executive Board Mtg	16	17	18	19 7:30 pm Rabbi-led Service	20 10:30am Family Shabbat #3
21 9:15am Religious School #11 (beginning of 2nd trimester)	22	23	24	25 Thanksgiving	26 7:30 pm Lay-led Service	27
28 <u>NO</u> Religious School	29	30				

COMING UP AT BETENU



MEET THE MENS CLUB

Friday, October 8th, 7:30pm

The oneg will be sponsored by the Southern New Hampshire Jewish Men's Club, where you can schmooze with some of the members. Got questions?

HAVDALLAH, BINGO & FOOD, OH MY!

Saturday, October 16th, 6pm



Come to Bingo Night! We start with a Havdallah service at 6:00pm (students get service credit as long as they attend the Havdallah service). Following the service will be sumptuous sandwiches and delicious desserts for a small fee (beverages included). Try your luck in our fabulous dessert raffle. Activities for ALL AGES.

Please **RSVP** to Roberta Pavoll
(robertamastiff@yahoo.com or tel: 672-9820)
by Thursday, October 14th.



GENERAL BOARD MEETING

Monday, October 18th, 7:30pm

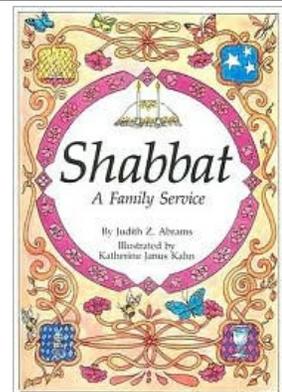
All are invited to attend the general board meetings which are even months (February, April...), usually the third Monday at 7:30pm. Talk to Mike Goldstein ahead of time if you are interested in putting something on the agenda.

Please feel free to talk to any board member (see page 2 for phone numbers). You may also leave a note in our suggestion box on the wall outside the office.

FAMILY SHABBAT

Saturday, October 23rd, 10:30am

Please join us for a FAMILY SHABBAT service led by Rahel. We will learn prayers, blessings, sing songs, tell stories, and dance! The service will be followed by a pot-luck lunch. Please bring a dish if you intend to stay for lunch. No pork or shellfish please. This new format replaces our Tot Shabbat service and is open to the entire family (all ages). Family services will take place monthly at Congregation Betenu. Religious school students can receive service credit for attending a family service.



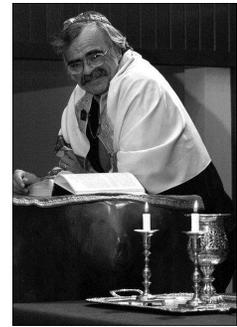
COMING UP AT BETENU continued...**RABBI-LED FAMILY SERVICE**Friday, November 5th, **6:30pm**

Great opportunity to join fellow students for a family kabbalat Shabbat service with Rabbi Segal! Don't forget to sign in for service credit.

**RABBI-LED
FIRST FRIDAY SERVICE**

Friday, November 5th, 7:30pm

- ✧ family-friendly service followed by an
- ✧ oneg followed by
- ✧ Torah study with Rabbi.

**ANNUAL PULPIT SWAP
WITH GUEST RABBI SARAH RUBIN**

Friday, November 12th, 7:30pm

See a different Rabbi in action without leaving "Our House"! Please come and welcome Rabbi Sarah Rubin from Keene to Betenu while enjoying a different perspective and a service that's a bit different from ours. Rabbi Segal will be at Etz Hayim in Derry.

**RABBI SEGAL'S HAVDALLAH / BOOK
SIGNING**

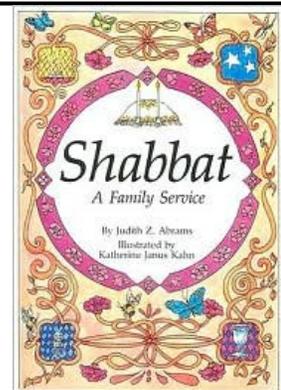
November 13th, 7pm

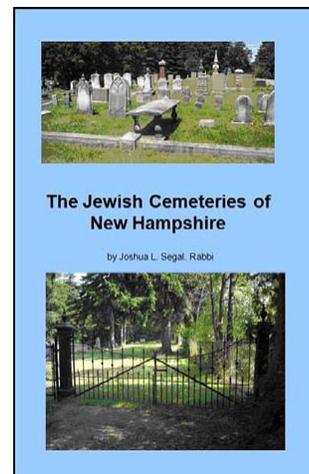
Please see next page for description. Note: students get service credit as long as they attend the Havdallah service and sign in.

FAMILY SHABBAT

November 20th, 10:30am

Please join us for a FAMILY SHABBAT service led by Rahel. We will learn prayers, blessings, sing songs, tell stories, and dance! The service will be followed by a pot-luck lunch. Please bring a dish if you intend to stay for lunch. No pork or shellfish please. This new format replaces our Tot Shabbat service and is open to the entire family (all ages). Family services will take place monthly at Congregation Betenu. Religious school students can receive service credit for attending a family service.



COMING UP AT BETENU continued...**RABBI SEGAL'S HAVDALLAH / BOOK SIGNING****"The Jewish History of NH as Seen through its Cemeteries" on November 13**

On Saturday night, November 13 at 7PM, Congregation Betenu, Amherst, NH, there will be a talk and a book signing for Rabbi Segal's new book, "The Jewish Cemeteries of New Hampshire."

Rabbi Joshua Segal, says, "Given the small Jewish population of New Hampshire, I was surprised to discover 20-Jewish cemeteries in the state." The book provides a step-by-step procedure for a cemetery committee to make rules and regulations with examples of the disasters that can occur when they don't. For genealogists, the sources for cemetery data are listed. Issues such as cemetery maintenance, conservation and preservation are also addressed.

Rabbi Segal continued, "The book started off as an opportunity to inform those needing Jewish cemetery spaces in New Hampshire about their options, but it grew into a history of the Jews of New Hampshire." That history will be the major focus of the November 13th presentation.

For more information about this and all of Rabbi Segal's publications, check the web-site, <<http://CemeteryJewish.com>>.

The program is free and will begin with a brief Havdallah Service. All are invited. For your planning purposes, the program should actually finish around 8:30PM. Autographed copies of Rabbi Segal's various publications will also be available for viewing and purchase.

BETENU PAGES

תודה

BETENU HIGH HOLYDAY THANKS

- ✧ David Stern for the complete building setup.
- ✧ Rahel Limor and Elissa Kahn for setting up the babysitting and Children's Service rooms.
- ✧ David Stern and Rabbi Segal for changing light bulbs over the sanctuary.
- ✧ David Stern for putting up the handicapped parking sign.
- ✧ Everyone who helped setup for school in between Rosh HaShana and Yom Kippur.
- ✧ David Stern for the complete building re-setup before Yom Kippur.
- ✧ Rabbi Segal and Elissa Kahn for re-setting up the babysitting and Children's Service rooms before Yom Kippur.
- ✧ Bob Rimalover, Joel Mascott, Elsa Conrad, Jay Segal, David Stern, Rahel Limor, and everyone who helped with teardown after Yom Kippur.
- ✧ Liz Kolb for babysitting on Rosh HaShana and Yom Kippur.
- ✧ Elsa Conrad and Diane Becker for leading the Rosh HaShana Children's Service.
- ✧ Allison Leary, Davida Rubin-Baker, Izzy Starr, Sarah Goldstein & Rachel Liff for running the Children's Service on Yom Kippur.
- ✧ Rahel Limor for her song leading with accompanying guitar.
- ✧ Howard Solomon for his voice.
- ✧ Frank "Doc" Rudolph for his wonderful rendition of the Kol Nidre on his violin.
- ✧ Pam Blotcky for singing Yihiyu Leratzon.
- ✧ Eric Rimalover, Bob Rimalover & Ariella Stein for blowing shofar.
- ✧ Larry Liberman & Vivian McGuire for greeting all at the door.
- ✧ Roberta & John Pavoll: for the flowers adorning the bimah in memory of Roberta's parents, Murray & Lucille Cooper.
- ✧ Matt Spokane & Erik Rimalover for being ushers.
- ✧ Karen Satz & Elsa Conrad for giving out the readings and honors.
- ✧ All who had an aliyah.
- ✧ All who chanted Torah and Haftorah.
- ✧ All who had an English reading.
- ✧ Rahel Limor, Joel Silberberg and Elissa Kahn for the Greeting and Yizkor booklets.
- ✧ All who attended the Selichot service.
- ✧ Mike Goldstein, Roberta Pavoll, Sheryl Liberman, Vivian McGuire, Elsa Conrad, Dave Spokane, Joel Silberberg, and Peter Stein for hosting the Selichot oneg.
- ✧ Diane Becker & Roberta Pavoll for the challah on Rosh HaShana.
- ✧ Board of Directors and Elsa Conrad for hosting the Rosh HaShana oneg.
- ✧ Faith Episcopal Church for hosting the Break-the-fast.
- ✧ Roberta Pavoll for getting oneg and building supplies.
- ✧ Everyone who helped by taking trash or recycling home.
- ✧ Burt Janz for teaching us to blow shofar.
- ✧ Walmart for letting us use their parking lot.
- ✧ All who should have been thanked but were inadvertently omitted.

BETENU PAGES



DONATIONS

Congregation Betenu acknowledges with appreciation the following contributions made during the month of September

General Fund

Maureen MacGregor In honor
Of the birth of Alexandra
Stephen & Donna Lenz-Dolman
Thank you to Elissa Kahn

High Holy Day Appeal

Dr. Sanders & Rowena Burstein
Shirley & Rich Cohen
Elsa Conrad
Jetta Darrow
Craig & Marcella Dube
Carol Franzblau & Frank Rudolph
Elissa Kahn
Frances Keefe
Sheryl & Larry Liberman
Stephen & Patrice Liff
Ian Ouziel & Carolyn Haskell
Maureen MacGregor
Steven Mailman
Andrew Prolman
Kimberly & Robert Rimalover
Barbara Rottenberg
Stephen & Nancy Sagon
David Spokane
Dr. Peter & Mrs. Jeanne Stein
Tasha Van Es
Barbara Webber

Rabbi's Discretionary Fund

Harry & Carol Applebaum
Alvin & Jeanette Popovsky
In honor of birth of Grandchild

Chai Fund

David Spokane
In memory of Marvin Spokane



BETENU THANKS

- ✧ September oneg hosts: all who contributed to the onegs (please see High Holyday thanks).
- ✧ Dave Spokane for hosting an oneg in memory of his father, Marvin Spokane.
- ✧ Everyone who helped by taking trash or recycling home.
- ✧ Pam Blotcky for updating the Parent Handbook.
- ✧ Burt Janz for teaching us to blow shofar.
- ✧ Burt Janz for his Sunday School presentation and shofar lesson for the kids.
- ✧ All who came to shofar lessons: Jennifer Starr; Ariella Stein; Bob Rimalover; Erik Rimalover; Rahel Limor & Elissa Kahn.
- ✧ Amy Juszczak for her volunteer time at Betenu.
- ✧ Craig Parsons-Kerins for the pizza at the Sukkah Party.
- ✧ All who built the sukkah.
- ✧ Bob Rimalover for researching and ordering the new office computer.
- ✧ Greg Sokolowski for his help with software for the new computer.
- ✧ Louisa Sokolowski for delivery of software.

BETENU PAGES



WELCOME NEW MEMBERS!

Ian & Carolyn Ouziel and their son
Brendan of Hollis, NH

Susan & Marc Rodil and their daughter Elisabeth of Mason, NH



**Yahrzeits for
OCTOBER**



Ida Teitelbaum.....	mother of Reva Wunderlich.....	October
Max Symbol.....	grandfather of Lynda Schaeffer	
Frieda Symbol.....	grandmother of Lynda Schaeffer.....	October
Irving Litt.....	father of Lisa Orenberg.....	October
Robert Cubie MacAuslan.....		October 3
Oscar Levinson.....	step-grandfather of Paula Silver.....	October 17
Samuel Schuldwach.....	grandfather of Lenny Wasserman.....	October 20
Donna Cohen.....	sister of Diana Stern.....	October 22
Marshall David Levin.....		October 22
Robert Gustav Fries.....		October 27

OCTOBER BIRTHDAYS

Emily Anderson	Micah Baker	Arianne Bennett
Corey Ditman	Jacob Keefe	Samantha Keefe
Sydney Rice	Erik Rimalover	David Schechter
Ariella Stein	Katie Stein	Josh Stern

ADULT EDUCATION

HEBREW LANGUAGE INSTRUCTION, TORAH STUDY AND MORE

Bar / Bat Mitzvah... not the end of the road! There's Torah study with the Rabbi, Hebrew language instruction with Rahel, Kabbalah Havruta with Eitan Zeira, and plenty of other learning opportunities throughout the year. Maybe you have an idea, or would even like to teach a class. If so, contact the office 886-1633 or Betenu@nii.net.

Quench your thirst — jump into the well of Judaic studies.

(Rahel's classes are offered at a discount to Betenu members.)



ROSH CHODESH FOR WOMEN

Join the Rosh Chodesh group for a short service, group discussion and nosh. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

KABBALAH GROUP

Saturdays at 12:30pm—about once every 3 weeks

Congregation Betenu and Temple Beth Abraham have a Kabbalah group. The suggested book is Inner Space by Kaplan. For more information contact Sheryl Liberman 424-4609 or SAML54@comcast.net.

Video of Sh'ma Meditation by Rabbi Aryeh Kaplan:

www.youtube.com/watch?v=x9bwEFS7Btk&feature=related



EDUCATION

Sunday Religious School Personnel:

VP Education: Sheryl Liberman
 Hebrew / Continuing Hebrew: Sonia Campeanu
 Hebrew & Jewish Studies: Sandra Whitman

Principal: Rahel Limor
 Hebrew Assistant: Nina Matovka
 Madricha: Rachel Liff



ACCEPTING STUDENTS REGULAR RELIGIOUS SCHOOL / POST HEBREW SCHOOL

Registration is ongoing for 2010-11 for our weekly Sunday classes for Grades 1-7 and our Rabbi-taught post Bnei Mitzvah classes for Grades 8 & 9. For questions or to get a registration form please call the temple office at 886-1633 or contact Rahel at rahel@rahelmusic.com.

BETENU PAGES

ONEG SHABBATS

To host an Oneg, one brings the food, drinks, and challah, and sets up and cleans up.

To sponsor an Oneg, one pays \$54 and the Oneg committee will purchase the food, set up and clean up. Either way you do it, you can honor a birthday, an anniversary, or any other special event in your life, by choosing the Oneg closest to that special date. Or you can remember the Yahrzeit of a loved one by hosting or sponsoring the Oneg on the Shabbat when you come to say Kaddish. If you have a date in mind, please call Roberta Pavoll at 672-9820.

The following Onegs will be hosted by:

- October 1: Open
- October 8: Southern New Hampshire Jewish Men's Club
(Meet a representative of the Men's Club)
- October 15: Becker & Goldstein families
- October 22: Open
- October 29: Open



Won't you please choose an Oneg date and help foster the sense of community at Betenu? Thank you.

BETENU BITS**ROSH HASHANAH BABY!!!
MAZEL TOV**

Maureen & Ian MacGregor on the birth of their daughter Alexandra Heather MacGregor.

Born 4:03 am Rosh HaShanah morning, weighing 8 lb 6 oz and measuring 20.75 inches long.

And mazel tov to Nathan who now has a sister!



BETENU BITS

**MAZEL TOV
ROBERTA PAVOLL**



GEM OF JERSEY'S REUBEN ON RYE EARNS HIS POINTS AND BECOMES CHAMPION!



SUKKAH BUILDING PIZZA PARTY 5771
Great job everyone!

DIANE BECKER TEACHES THE KIDS HOW TO MAKE CHALLAH...and was it good!!!



**SHOFAR CLASS IN SCHOOL
...HERE ARE THE FUTURE BAALEI TEKIYAH**



**BURT
WAKES
EVERY-
ONE UP
WITH A
TEKIAH-
GADOLA**



COMMUNITY HAPPENINGS

FOOD NEEDED!

The food pantries are in desperate need this year. Any donation would be appreciated. You may bring a food item directly to SHARE or the Nashua Soup Kitchen. If it is nonperishable, you may drop it off at Betenu (no scented products please) and we will deliver it to SHARE.

Wish lists: www.sharenh.org/food.html and www.nsk.org/CurrentWishList.asp

OTHER ITEMS

For a list of other items needed please see:

www.sharenh.org or 603-673-3660: seasonal clothes and new socks and underwear

www.nsk.org/CurrentWishList.asp Questions? Call Carol at 889-7770 ext 21

INFO FROM SNHJMC Southern NH Jewish Mens Club

Membership form: <http://snhjmc.home.comcast.net/~snhjmc/resources/SNHJMCFORM.pdf>

“ISRAEL IS REAL”



Listen live on the radio WSMN 1590AM or via the Internet at www.wsmnradio.com, every Friday from 10-11 am. Archived interviews can be heard at www.israelisreal.weebly.com.



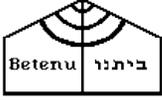
Advertising and show sponsorship available.



Voice of ISrael Initiative of New Hampshire

Check the website for the next **VISION MEETING** and other important information. Meetings will be held on Wednesdays and Thursdays this year! All friends of Israel are welcome.

Check out www.nh4israel.org for more upcoming events, articles and more...



**CONGREGATION BETENU
FIVE NORTHERN BLVD #1
AMHERST, NH 03031 USA**