



## BETENU January 2012 Newsletter

**SPECIAL NOTE:** Some members of Betenu are physically sensitive to certain aromas coming from perfumes, colognes, hairsprays, dryer sheets and the like. These aromas can cause migraines and a host of other problems. Please be aware of that when you come to Betenu.

Please **DO NOT** bring scented items for the SHARE donation bin.

Betenu has natural cleaning products available for use.

Please **DO NOT** bring your own cleaning products for oneg or other cleanup.

Thank you!



## AND FOR ONLINE SHOPPING... TEXTBOOKS AND A MILLION OTHER THINGS...

Don't forget to shop through Betenu's link to Amazon.com. Betenu will receive a percentage of the purchase price.

You can shop for books and a million other things through this link. Just go to our website: [www.betenu.org](http://www.betenu.org), put your cursor over "Search new and used, Amazon.com", and when the cursor changes, click. Or you can enter your search right there and click "Go".

## BETENU NOW ACCEPTS MC, VISA & Discover!

You can use MasterCard, VISA or Discover card to pay membership fees, school tuition, gifts store purchases, or even to make a donation! Call the office (or stop in) to arrange the charge and let us know the amount and what it's for.



HAPPY  
NEW  
YEAR  
2012



## CONGREGATION BETENU

**Rabbi:** Joshua Segal 603-886-1633 or [rabbi@betenu.org](mailto:rabbi@betenu.org)

**President:** see VP Finance or [president@betenu.org](mailto:president@betenu.org)

**VP Finance:** Bob Rimalover 603-672-5629

**VP Admin:** none currently

**(Acting) VP Educ:** Sheryl Liberman 603-424-4609

**(Acting) Secretary:** Elsa Conrad 603-879-9189

**Asst Treasurer:** Elissa Kahn 603-673-8283

**Trustee:** Vivian McGuire 603-882-3139

**Trustee@Large:** Sara Murphy 603-465-7119

**Trustee@Large:** Joel Silberberg 603-472-8143

**Newsletter Editor:** Susan Rodil 604-878-4677

**Oneg Representative:** Roberta Pavoll 672-9820

“LIKE” us on [Facebook](#)!

### **Volunteer at Betenu!**

If you have a passion, a talent or a skill, this is a good time of year to start lending a hand at Betenu. It's a highly rewarding experience. It takes a village!

Please contact the [office](#) if you can help.

#### **Existing committees include:**

*Budget & Finance, Membership, Education, Religious Practices, BYG: Betenu Youth Group & Youth Activities, Publicity Long-range planning, Planning, Activities, Newsletter, Building & Grounds, Fundraising, Oneg Shabbat, Sunshine Committee:*

*Help visit and tend to the ill, needy or just to be a friend in need, Traveling Shabbat: Conduct a home service for the homebound*

#### **GENERAL:**

**Call us at Betenu if you need a warm place to stay.**

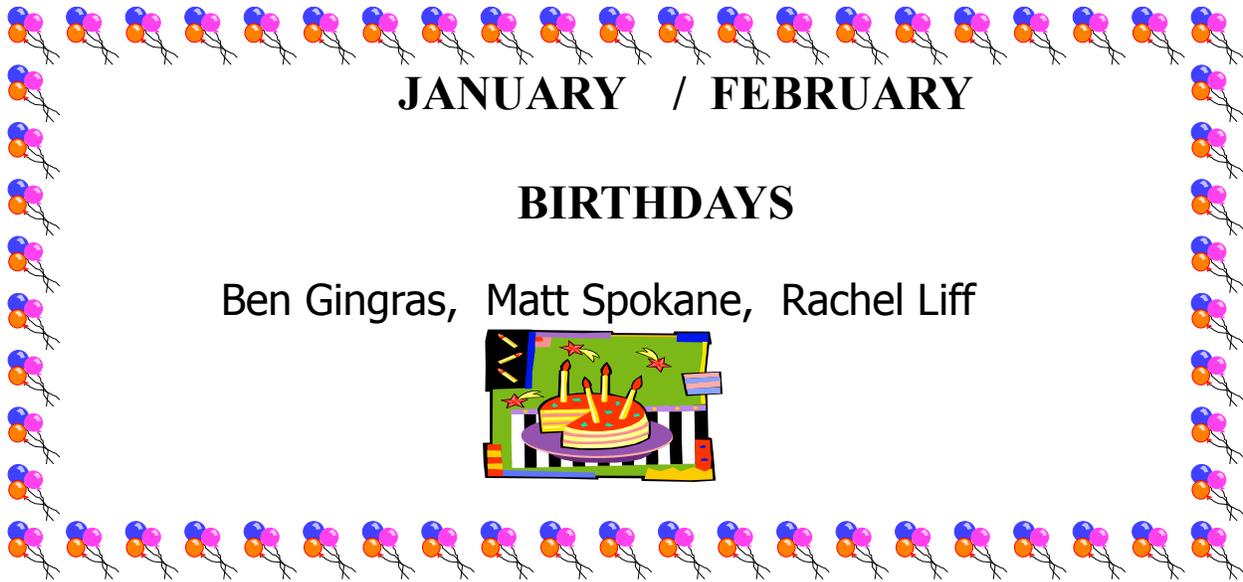
**(603) 886-1633, [betenu@nii.net](mailto:betenu@nii.net) ; or call Elissa at: (603) 673-8283, or Rahel (603) 554-1459**

## BETENU INFO

### Hospital Visits: Please keep us informed!

Due to national privacy laws, hospitals are not allowed to call congregations to inform them that their members have been admitted as patients. If you know you are going to be in the hospital or unexpectedly find yourself in the hospital , please tell a nurse that you would like to see the hospital chaplain, who can call the Temple to let us know that you are there if you would enjoy support and comfort from our Congregation Betenu community.

**DEADLINE** for the February Newsletter is  
Thursday January 19th 2012



**JANUARY / FEBRUARY**

**BIRTHDAYS**

Ben Gingras, Matt Spokane, Rachel Liff





# January 2012 5772

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <b>NO Religious School</b>	2	3	4	5	6 7:30pm Lay-led Service	7 <i>Vayechi</i> <b><u>Kabbalah Group</u></b> <b><u>12:45pm</u></b>
8 9:15am Religious School #14	9 <b><u>6 Hebrew Language Class</u></b> <b><u>6:00pm</u></b>	10	11	12 <b><u>Shoah (Holocaust) Seminar 7:00-8:30</u></b>	13 7:30pm Lay-led Service	14 <i>Shemot</i>  <b><u>10:30am Family Shabbat #2</u></b>
15 <b>Betenu catering the Faith Episcopal Church annual meeting</b> 9:15am Religious School #15	16 7:30 Executive Board Mtg	17	18	19 <b><u>Shoah (Holocaust) Seminar 7:00—</u></b>	20 7:30pm Lay-led Service	21 <i>Va'era</i>
22 <b>Betenu catering the Faith Episcopal Church annual meeting</b> Snow date on the 22nd 9:15am Religious School #16	23	24	25 Rosh Chodesh: Shevat	26 <b><u>Shoah (Holocaust) Seminar 7:00—8:30</u></b>	27 7:30pm Lay-led Service	28 <i>Bo</i>
29 <i>Rosh Chodesh 4PM</i>  9:15am Religious School #17	30	31				



# February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <u>Shoah</u> <u>(Holocaust)</u> <u>Seminar 7:00</u> <u>—8:30</u>	3  7:30pm Lay-led Service	4 <i>Beshalach</i> <i>(Shirah)</i>
5  9:15am Religious School #18	6	7  Erev Tu B'Shvat	8  Tu B'Shvat	9 <u>Shoah</u> <u>(Holocaust)</u> <u>Seminar 7:00</u> <u>—8:30</u>	10  6:30pm Rabbi-led Tu B'Shevat Pot-luck Seder	11 <i>Yitro</i>
12  9:15am Religious School #19	13	14	15	16 <u>Shoah</u> <u>(Holocaust)</u> <u>Seminar 7:00</u> <u>—8:30</u>	17  7:30pm Lay-led Service	18 <i>Mishpatim</i> <i>(Sh'kalim)</i> 10:30am Family Shabbat #3 (or 02/25)
19  9:15am Religious School #20	20  7:30pm General Board Mtg  Presidents Day	21	22	23 <u>Shoah</u> <u>(Holocaust)</u> <u>Seminar 7:00</u> <u>—8:30</u> Rosh Chodesh: Adar	24  7:30pm Lay-led Service  Rosh Chodesh: Shevat	25 <i>Terumah</i>
26  <u>NO</u> Religious School	27	28	29			



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## COMING UP AT BETENU...

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January 14th 10:30am Family Shabbat #2

February 18th 10:30am Family Shabbat #3

Gates of Prayer  
שערי תפילה לנוער  
for Young People

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### TU B'SHEVAT POT LUCK SEDER

**February 10th 6:30pm Rabbi-led**

6pm doors open (seder starts at 6:30pm)



Hold the date for our famous Tu B'shevat seder on February 10th. Those attending the seder are asked to bring a seder item as well as a dish for the potluck supper. Seder items can be selected by choosing a leaf from the Tu B'Shevat wall hanging which will be in the front lobby.

A sign up sheet will also be located there.

People are also asked to sign up to help set up tables on Thursday evening, February 9th, to set up the evening of the seder, or to help with clean up after the seder.

You may also sign up by contacting the office 886-1633.

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**SHOAH SEMINAR** which begins on January 12<sup>th</sup>  
**(Holocaust) Seminar #1**

For more information contact: (603) 886-1633; [betenu@nii.net](mailto:betenu@nii.net); Congregation Betenu,

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## GENERAL BOARD MEETING

**Feb 20th 7:30pm**

**General Board Meeting**

All are invited to attend the general board meetings.

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## KEEP US UPDATED

Please let us know if your contact info has changed (address, phone, email...). You may email the office at [betenu@nii.net](mailto:betenu@nii.net), call the office at 603-886-1633, or call Susan Rodil 603 878 4677.

## COMING UP AT BETENU...(cont.)

### ONEG SHABBATS

#### \*\*WE NEED ONEG SPONSORS\*\*

**To host an Oneg,** one brings the desserts, fruit, and challah, and sets up and cleans up.

**To sponsor an Oneg,** one pays \$54 and the Oneg committee will purchase the food, set up and clean up. Either way you do it, you can honor a birthday, an anniversary, or any other special event in your life, by choosing the Oneg closest to that special date. Or you can remember the Yahrzeit of a loved one by hosting or sponsoring the Oneg on the Shabbat when you come to say Kaddish.

If you have a date in mind, please call Roberta Pavoll at 672-9820.

Won't you please sponsor an Oneg in help foster the sense of community at Betenu?



January and  
Thank you.



## UPCOMING EVENTS:

### **Shoah (Holocaust) Seminar**

***Begins January 12<sup>th</sup>, 2012***

*Congregation Betenu in Amherst, NH*

Have you ever wondered? Why did the Nazis want to kill the Jews in particular? How did people become mass murderers during the Shoah? What were the dilemmas facing the Jewish leadership during the Shoah? How did the local population respond to the murder of the Jews? Why didn't the Allies bomb Auschwitz? How did Christian denominations respond to the Shoah? Where was G-d during the Shoah? Has the world recovered from the trauma of the Shoah? Is anti-Semitism an eternal phenomenon?

You are invited to participate in a Shoah seminar for adults. Each weekly meeting will address one or two key questions raised by the Holocaust. Participants will share their own responses and study those of leading teachers, religious figures, philosophers, historians, and survivors to each question. Group discussion will alternate with havruta (pair work) study of relevant texts. No prerequisite background or homework will be required, though supplementary sources will be available.

There will be ten meetings on Thursdays between 7 and 8:30 between January 12th and March 22nd in 2012. Each session will stand alone; you are invited to come to the whole series or to only those sessions that interest you. No pre-registration is required, however an RSVP is appreciated. TENTATIVE DATES: January 12, 19, 26; February: 2, 9, 16, 23; March: 1, 15, 22

The seminar will be led by Raphael Colb, a veteran English teacher at Hebrew University and a 2010 graduate of the course for educators at the Yad Vashem International School for Holocaust Studies.

## **For more information contact:**

Rahel at: (603) 554-1459, 886-1633; [betenu@nii.net](mailto:betenu@nii.net)

## UPCOMING EVENTS:

### **YOUR HELP is NEEDED: FEC LUNCH**

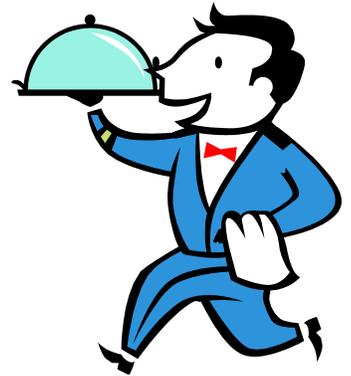
#### **Catered by Betenu**

Date: Sunday, January 15th with snow date on the 22nd

Each year the Faith Episcopal Church in Merrimack caters our Yom Kippur Break-the-Fast and we cater their annual meeting.

**We need volunteers** to make or purchase meals and desserts both hot and cold.

**We also need people** for setup, serving and cleanup from 10-12:30 (all or part).



***Please contact our coordinator, Roberta Pavoll 672-9820.***

Food can be dropped off at Betenu at the beginning of Sunday school, or brought (by 10 AM) directly to:

Faith Episcopal Church, 590 Daniel Webster Highway, Merrimack, NH

For directions:

<http://www.faiethnh.org/contact.html>.

**They do a wonderful job for us—let's return the favor!**



## Mens Club Announcements

Despite the relative lack of snow the Men's Club has had a flurry of activity this winter. We were very fortunate to have Ore, our very engaging Shlichah, speak to us about Israel at our December breakfast. In January, we continued our series on Men's Health and welcomed back Dr. Ryan. His enlightening discussion about prostate cancer and hypertension rekindles the old question, "which comes first...the chicken or the egg?"

Looking forward, our next breakfast is on **Sunday February 5<sup>th</sup>** and it will be a schmooze breakfast; always popular, we invite all of our members to have a relaxing breakfast and network with each other. The SNHJMC Kitchen Krew will put out a fabulous spread of bagels and cream cheese, lox, veggies, whitefish, eggs, home fries, fruit and more! Breakfast begins at 9:30 and costs \$5.00 for members and \$10.00 for all others

**Sunday March 4<sup>th</sup>** will be our annual Children's breakfast, featuring the Boston Bubble Man. The performance is an interactive show all about the science and wonder of bubbles. Our kids will be introduced to science shapes, colors and chemistry through the magic of bubbles! This breakfast is **free for all children** with a nominal cost of \$5 for members and spouses and \$10 for nonmembers.

As has been tradition at the children's breakfast, a plentiful spread of bagels and cream cheese, lox, veggies, fruit and of course waffles for the kids (and adults too!) will be provided!

We hope you can make it to one of the upcoming breakfasts

But wait, there is more! Mark your calendars. March will bring us two other events, the first being our combined SNHJMC and TBA Sisterhood evening event at TBA on **Saturday March 10<sup>th</sup>**. More information on this will be distributed as details are confirmed. In addition, we are planning a SNHJMC Outing to Nashua Country Club to go Curling. This will take place on **Sunday March 25<sup>th</sup>** and more information will be coming out soon in regards to this event.

## **\*EDUCATION\***

### **Sunday Religious School Personnel:**

VP Education: Sheryl Liberman  
Principal: Rahel Limor  
Hebrew: Sonia Campeanu  
Jewish Studies: Sandra Whitman  
Asst. Hebrew Teacher: Nina Matovka  
Madrichim: Rachel Liff



## **ACCEPTING STUDENTS REGULAR RELIGIOUS SCHOOL / POST HEBREW SCHOOL**

Registration is ongoing for 2011-2012 for our weekly Sunday classes in Jewish studies, Hebrew, Music and Bnei Mitzvah preparation for Grades K-7 and our Rabbi-taught post Bnei Mitzvah classes for Grades 8 & 9.

For questions or to get a registration form please call the temple office at 886-1633 or contact Rahel at [rahel@rahelmusic.com](mailto:rahel@rahelmusic.com).

# BETENU PHOTO GALLERY



The K-1 students acting out “Lech-Lecha”, the story of Abraham leaving his home.

Betenu member and Civil War Actor Mark Starin visits the school to speak about Jews in the USA military.



## ~Betenu Youth Group - Chanukah Craft party ~

Student is proud of her dreidl.

Diane Becker works with students on clay dreidls.



## Fourth Night of Chanukah Service

Rabbi Led service started with the full congregation 4th Candle lighting and ended with a Chanukah nosh.

Thank you to all who provided latkes and other treats.



## ADULT EDUCATION

### HEBREW LANGUAGE INSTRUCTION, TORAH STUDY AND MORE

Bar / Bat Mitzvah... not the end of the road! There's Torah study with the Rabbi, Hebrew language instruction with Rahel, Kabbalah Havruta with Eitan Zeira, and plenty of other learning opportunities throughout the year. Maybe you have an idea, or would even like to teach a class. If so, contact the office 886-1633 or [Betenu@nii.net](mailto:Betenu@nii.net).

Quench your thirst — jump into the well of Judaic studies.

(Rahel's classes are offered at a discount to Betenu members.)



### ROSH CHODESH FOR WOMEN

**January 29th 4:00 pm Sunday**

Join the Rosh Chodesh group for a short service, group discussion and nosh. For more information contact Sheryl Liberman 424-4609 or [SAML54@comcast.net](mailto:SAML54@comcast.net).

### KABBALAH GROUP

Saturdays at 12:30pm—once a month  
January 23rd at Betenu

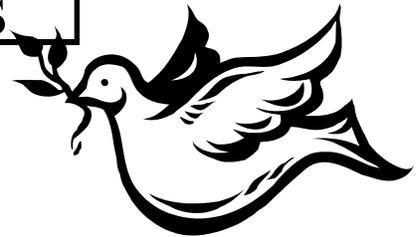
Congregation Betenu and Temple Beth Abraham have a Kabbalah group. The suggested book is Inner Space by Kaplan. For more information contact Sheryl Liberman 424-4609 or [SAML54@comcast.net](mailto:SAML54@comcast.net).

Video of Sh'ma Meditation by Rabbi Aryeh Kaplan:

[www.youtube.com/watch?v=x9bwEFS7Btk&feature=related](http://www.youtube.com/watch?v=x9bwEFS7Btk&feature=related)



**BETENU PAGES**



**DONATIONS**

Congregation Betenu acknowledges with appreciation the following contributions

Rich/Shirley Cohen  
 Joel Moses  
 Leary Family  
 Jane Holly Weintraub — Yahrzeit Plaque  
 in memory of Leonard Weintraub

General Fund  
 Steve/Pam Blotcky  
 Andy/Peg Prolman  
 Dan/Diane Becker

John & Betty Van Es – High Holiday  
 donation for Education Fund in honor of  
 grandchildren Abby & Lily Ouellette

High Holyday Donation  
 Hannah Belesca



**Yahrzeits for  
 JANUARY**



Murray Grant.....friend of Joel Silberberg	January
Sylvia Florence Finkelstein	January 1
Sumner Stern.....father of David Stern	January 1
Alan Blotcky .....father of Steve Blotcky	January 1
Sigmund Werner..father of Sara Murphy	January 3
Sylvia Linda.....sister of Martha Sandhaus	January 7
Morris Sigel .....father of Martha Sandhaus	January 8
Sarah Applebaum..grandmother of Elyse Wasserman	January 10
Philip Wasserman...grandfather of Lenny Wasserman	January 12
David Franks .....brother of Paul Franks	January 13?(2010)
Ruth bat Sarah (Catherine Horowitz) mother of Helen Bullard..	Jan. 13, 2011
May Kirschner ....mother of Amy Kirschner	January 15
Vilma Kartman ...cousin of Elsa Conrad	January 18
Lois Goff .....mother of Steve Goff	January 19, 2009
Mollie Segal.....mother of Joshua Segal	January 19
Harold Rimalover..father of Robert Rimalover	January 22
Steven Bernstein..uncle of Amy Jusczak	January 28, 2004
Sol Kabel .....father of Allan Kabel	January 30

**Any changes or additions contact the Main Office**



תודה

BETENU  
THANKS

תודה

**Diane Becker** for putting up our Congregation Betenu Facebook page.

**Rodil Family** for sponsoring the Oneg on December 2nd.

**Pastor Richard Brown** for providing outstanding computer tech support.

**Amy Juszczak** for being "Principal for a day" in December.

**Elissa Kahn** for all her support with transition of Newsletter creation and her work and effort as Treasure.

**Eitan Zeira** for facilitating the monthly Kabbalah study group.

**Sheryl Liberman** for coordinating the monthly Kabbalah study group and the Rosh Chodesh group.

**BYG Committee** for providing the Pizza dinner for everyone who attended the Chanukah Pajama Havdallah.



## COMMUNITY HAPPENINGS

### FOOD NEEDED!

The food pantries are in desperate need this year. Any donation would be appreciated. You may bring a food item directly to SHARE or the Nashua Soup Kitchen. If it is nonperishable, you may drop it off at Betenu (no scented products please) and we will deliver it to SHARE.

Wish lists: [www.sharenh.org/food.html](http://www.sharenh.org/food.html) and  
[www.nsk.org/CurrentWishList.asp](http://www.nsk.org/CurrentWishList.asp)

### OTHER ITEMS

For a list of other items needed please see:

[www.sharenh.org](http://www.sharenh.org) or **603-673-3660**: seasonal clothes and new socks and

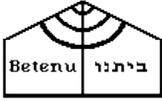
### Saturday, January 7<sup>th</sup> at 12:45pm: Kabbalah Group

This week we meet at Temple Beth Abraham,  
Raymond St., Nashua – Facilitated by Eitan Zeira.

### *Listen Like Learn— MUSIC FOR BABIES & YOUNG CHILDREN* *Classes NOW forming*

The LISTEN LIKE LEARN program is a holistic approach that involves listening, moving and singing to help students feel the rhythm of language; it stimulates their curiosity, and strengthens their ability to listen, concentrate, focus, and develop speech and auditory discrimination. Classes for children aged from infants to five years and their caregivers will be held in English and/or Hebrew per request of participants. Fee for a 10-week session is \$180 per child.

For details, registration and dates contact [rahel@rahelmusic.com](mailto:rahel@rahelmusic.com); 603-554-1459.  
[www.yourchildneedsmusic.com](http://www.yourchildneedsmusic.com)



CONGREGATION BETENU  
FIVE NORTHERN BLVD #1  
AMHERST, NH 03031 USA

## COMMUNITY HAPPENINGS

### **Federation Grants Send Youth to Camp and Israel:**

#### **DEADLINE FEBRUARY 15, 2012**

Last summer, youth from every region in New Hampshire received over \$30,000 in grants to attend Jewish overnight camp for the first time or journey to Israel.

Funds for these programs are provided by the Campaign for Jewish Needs, the Irving and Bernice Singer Israel Experience Fund, and the Foundation for Jewish Camp. *The deadline for applying for a grant for 2012 is February 15.*

Even if you have not yet decided on a camp or Israel trip provider, an application must be submitted by this deadline. Applications are available at the Federation website: [www.jewishnh.org](http://www.jewishnh.org). Don't be left out, apply now. If you are interested in going to Israel on a semester program, you still need to apply now. The 2012 Israel Experience grant is for trips through spring of 2013

### **\*\*March Activity\*\***



JOIN US  
16TH Annual Sabbath Across  
America

MARCH 2, 2012

HUNDREDS OF SYNAGOGUES AND Jews Centers across the continent will host thousands of unaffiliated and marginally affiliated Jews, as well as their own members in an evening meant to unify and inspire

Betenu will participate with a Rabbi-led service—watch for more details.



## “BYG” Betenu Youth Group

December BYG sponsored 2 events .

Youth Group Team meets monthly to plan and brainstorm  
for new events to get our Youths together outside their  
Sunday School Studies. All are welcome to provide ideas and  
support.

**Watch for more youth  
events in the coming  
months.**